

# WULFIE **\*STAGE FRIGHT\***

## How to be a Wulfen

Wulfie is excellent at teaching Libby how to act like a wulfen for her school play. You can practise being a wulfen at home with Wulfie's helpful guide!

### Prowl

Lock your eyes on your prey. Then slowly take small steps forward, listening and watching carefully.

### Stalking Walk

Put your nose low to the ground to pick up the scent. Then walk purposefully with your ears pricked up and your shoulders back, taking big long steps.

### Puffing Up

Wulfens like to puff up their chests to make themselves even bigger as they grow. To do this you need to think big thoughts! You are filling up the whole room! The whole house! Your head is popping through the roof! Take a big deep breath to puff out your chest and watch your enemies cower!

### Flexing of Claws

Bring your elbows up in line with your shoulders and face both palms outward. Then curl your fingers in towards your palms, and flick your fingers outwards with an intimidating ZWWWIIIIIIINNNNGGG noise.



### Roar

Take a big deep breath in through your nose and bring your roar up from the pit of your belly and let out a big RAAAAAAAAAAAAAAAAAAAAAAAAAAAAA AAAAAAAAAWWWRRRRRR. (This is particularly effective when paired with the Flexing of Claws).

### Frightening Fearsome Move

This is the scariest move a wulfen can do! Begin with a prowl, then a stalking walk. Puff yourself up as big as you can, flex your claws, let out a mighty roar, bend your knees, stretch out your arms in front of you, pull the air towards you with your fingers and then crouch down to the ground as quickly as you can while letting out your best snarl.



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