

LIFETHREADS SIZE CHARTS

WOMEN'S

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Numeric (US)	0/2	4/6	8/10	12/14	16/18	20/22	24/26	28/30	32/34
Chest	33.75	36	38	41	43	47	51	55	59
Waist	26	27.5	29.5	33	37.25	41.75	46.25	50.75	55.25
Hip	35	37	40	43	47	51	55	59	63

MEN'S

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Numeric (US)	32/34	35/37	38/40	42/44	46/48	50/52	54/56	58/60	62/64
Chest	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
Waist	27-28	29-31	32-34	35-38	40-45	46-50	52-54	56-58	60-62
Hip	30-32	34-36	38-40	42-44	44-46	47-49	50-53	54-57	58-61

HOW TO MEASURE

CHEST: Measure around the fullest part of your chest.

WAIST: Measure around the smallest part of your waist.

HIP: Measure around the fullest part of your hip.

SIZE COMPARISON

		COMPARISON BRANDS						
		LifeThreads	FIGS	Dickies	Cherokee	Healing Hands	Med Couture	Grey's Anatomy
WOMEN'S	XS	XXS	XS	XS	XS	XS	XS	XS
	S	S	S	S	S	S	S	S
	M	M/L	M	M	M	M	M	M
	L	XL	XL	L	L	L	L	L
	XL	2X	2X	XL	XL	XL	XL	XL
	2X		3X	2X	2X	2X	2X	2X
	3X		4X	3X	3X	3X	3X	3X
	4X		5X	4X	4X	4X	4X	4X
	5X		6X	5X	5X	5X	5X	5X

		COMPARISON BRANDS						
		LifeThreads	FIGS	Dickies*	Cherokee	Healing Hands	Rothwear	Grey's Anatomy
MEN'S	XS	XS	XS	XS	XS	XS	XS	XS
	S	S	S	S	S	S	S	S
	M	M	M	M	M	M	M	M
	L	L	L	L	L	L	L	L
	XL	XL	XL	XL	XL	XL	XL	XL
	2X	2X	2X	2X	2X	2X	2X	2X
	3X	3X	3X	3X	3X	3X	3X	3X
	4X	4X	4X	4X	4X	4X	4X	4X
	5X	5X	5X	5X	5X	5X	5X	5X

*Dickies will be roomier in the hip than Lifethreads