

Lifeblood Teams Member Guide

Website self-serve

WHAT CAN I DO ONLINE?

Book and manage

Make, change or cancel blood donation appointments.

Check

Discover if you could be able to donate

Update

Change your details, including which Lifeblood Team you're in.

See

View your donation history and personal health statistics.

Track

See your team's tally, compare tallies and find information about blood drives.

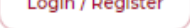
How to join a Lifeblood Team

To ensure your blood donations count towards a team's tally, you need to create an online donor account and join the team.

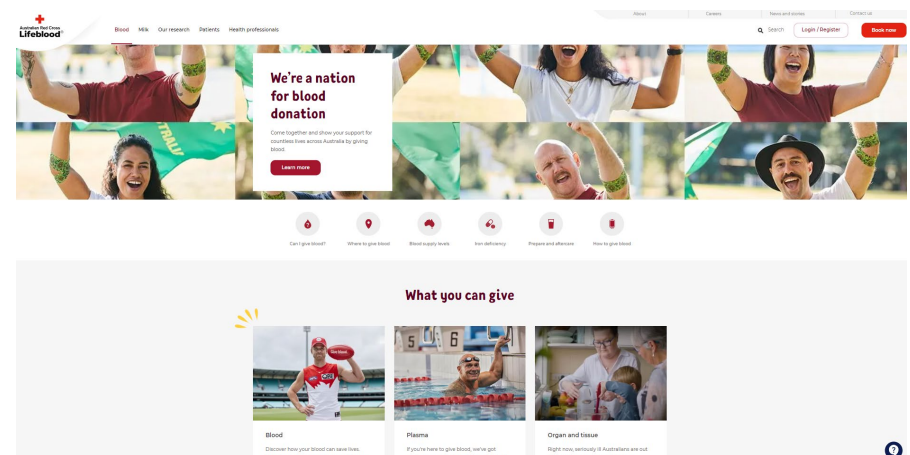
STEP 1

Register

If you don't already have one, register an individual account or log in at lifeblood.com.au.

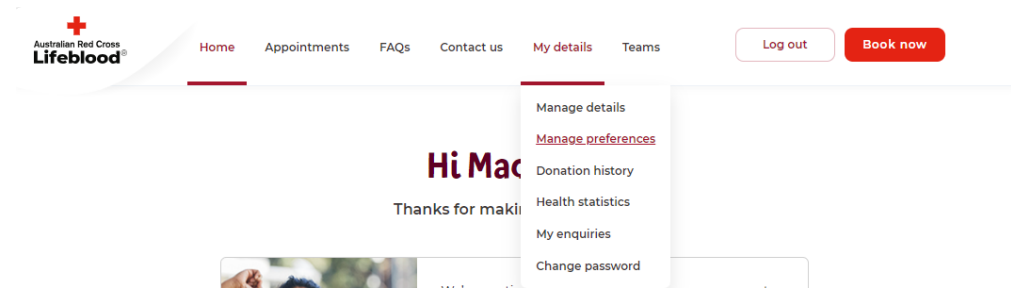
Click on the  button at the top right of the homepage to start.

You don't need to have donated yet to do this.



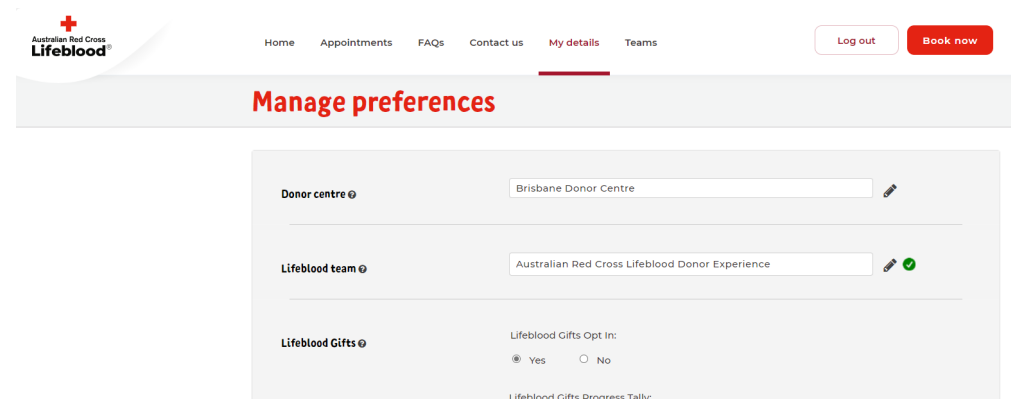
STEP 2

Once logged in, go to the **My details** menu at the top and click **Manage Preferences**.



STEP 3

Next to the 'Lifeblood Team' heading, start typing your team's name into the box. When your team appears in the list, click on it and press enter.



STEP 4

At the bottom of the page, click **Save updates**.

SAVE UPDATES

How to reserve a team booking

To do this, you need the email or team booking link sent to you by your Lifeblood Champion for that specific group booking.

If you don't have the email or team booking link, ask your Champion to send it to you.

STEP 1

Click on the booking link from your team Champion, (this may have been provided in an email or shared through another communication platform).

Then log in or set up a new account.

If you created a new account, you need to click on the 'pick a time' or team booking link again to view the appointment times reserved for your team.

STEP 2

Click **Select** on your preferred appointment time from the list available.

New to donation?

First **set up an account**
then **pick a time**.

Already a donor?

Go ahead and **pick a time**.

[Home](#) [Appointments](#) [FAQs](#) [Contact us](#) [My details](#) [Teams](#) [Log out](#) [Book now](#)

Reserve appointment

Check eligibility

Confirm appointment

Reserve your appointment by selecting a time slot from the below team booking:

Lifeblood Team:	Australian Red Cross Lifeblood Donor Experience
Booking Date:	Thursday 31 October 2024
Location:	Brisbane Donor Centre

Time	Appointment Type	
10:00 am	Whole Blood	Select
10:00 am	Whole Blood	Select
10:15 am	Whole Blood	Select
10:15 am	Whole Blood	Select

Time	Appointment Type	
10:00 am	Whole Blood	 Select
10:00 am	Whole Blood	Select

STEP 3

Read the **Check eligibility** options and tick any that apply to you. If no options apply, tick the last option: **None of the above apply to me**.

Click **Continue**.

[Home](#) [Appointments](#) [FAQs](#) [Contact us](#) [My details](#) [Teams](#) [Log out](#) [Book now](#)

✓

Reserve appointment

>

●

Check eligibility

>

●

Confirm appointment

To protect the people who receive donated blood and the donors who give it, we ask questions before you can donate.
Answer a few quick questions to find out if you're eligible to make an appointment.

Donation Type

: Whole Blood

Donation Centre

: Brisbane Donor Centre

Donation Date & Time

: 10:00 AM, Thursday 31 October 2024

Please select at least one option

☐

Having or had a coronavirus vaccination?

☐

Have you been **unwell** in any way lately?

☐

In the last 3 months, have you engaged in **at-risk sexual behaviour**?

☐

Have you had **an operation or surgical procedure** in the last 6 months, or are you planning on any in the 3 months after your donation?

☐

Are you **pregnant**, or have you been pregnant in the last 9 months?

☐

Are you taking **antibiotics**?

☐

Have you (or will you have) any **dental work** in the week before your donation?

☐

Have you had a **tattoo** in the 4 months before your donation?

☐

Have you had a **piercing** in the 4 months before your donation?

☐

Have you been **outside of Australia** in the 4 months before your donation?

☐

None of the above apply to me

RESET

CONTINUE

4

STEP 4

Tick the box to confirm if it's OK for your Champion to see your name against that appointment time.

Review the appointment details and click **Confirm**.

STEP 5

You can view your appointment details online or add it to your preferred calendar. You can also share it to Facebook and encourage others to donate too.



Australian Red Cross Lifeblood Home Appointments FAQs Contact us My details Teams Log out Book now

Reserve appointment ✓ Check eligibility ✓ Confirm appointment ●

Ready to confirm this appointment?


October
31
Thursday
10:00 AM AEST

Whole Blood
Brisbane Donor Centre
288 Edward St
Brisbane
QLD 4000

☒ Confirm that you give consent for your Lifeblood Champion to see your name against this team appointment

BACK CONFIRM

Appointment booked



Thank you! Your appointment is confirmed

On 31/10/2024 10:00 AM at Brisbane Donor Centre

Share your Gift of Life with someone special – we have a range of cards to suit most occasions.
[Send a Lifeblood Gift of Life card](#)

GO TO APPOINTMENTS SHARE TO FACEBOOK ADD TO CALENDAR

Thanks for giving life

A hole in her heart meant Sienna needed open heart surgery (and plenty of blood transfusions) when she was just two years old. Now she gets to play and run around with all the other kids.