

User Manual

MS-33J3



Preface

Dear users,

We're pleased to present to you our 3-in-1 beauty machine featured with weight loss, firming and body shaping, lifting and anti-aging and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of face, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty results by using high-end technologies. RF and ultrasonic beauty machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Brief Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs, weight loss, and body-shaping in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body

management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heat deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

Advantages

1. 3-in-1 multifunctional beauty machine that works on both of your facial, eye anti-aging and body care and body-shaping.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. Adopting the cutting-edge technology of ultrasonic fat burning.
5. Suitable for all skin types.
6. Painless, non-invasive, non-narcotic during the process. Skipping any recovery periods without affecting any work and life plans.
7. No consumption, low cost and quick returns.
8. It has a wider range of treatments and rapid and significant effects.
9. Unevenness, bleed, swelling and stasis will not appear after treatment.
10. Comfortable: The heat effect of RF wrinkle removal is from inside, the RF ejector does not heat itself with no current on human body, so there's obvious heat effect with low temperature while operating it on a specific area, which relieved the damage and burnt the skin tissue.

Facial Anti-aging

Principle

Face RF

RF can alternates electrical polarities of biological tissues on the treated area millions of times per second and change directions in the same frequency concurrently. In the rapid change of electrodes, the dermal tissue naturally resists the RF current and generates thermal energy, which stimulates the dermis to produce more collagen and fill up the gap of the lost collagen, therefore plumping up the skin and revive elasticity.

During multipolar RF treatment, polarities alternate consecutively, which produces a higher intensity energy release, heats the bottom layers of skin. Through fast and consecutive heating of tissues, collagen regeneration is boosted, thus having a more visible result in a shorter period of time. It also comes with a wider and more intense treatment scope.

Biological Effect

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the RF wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to $45^{\circ}\text{C}\sim 60^{\circ}\text{C}$, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Tighten skin and channel nutrients deep into skin layers.
2. Brighten skin and reduce pigmentation and dark spots.
3. Increase skin elasticity.
4. Nourish skin and improve skin absorption.
5. Accelerate blood circulation and metabolism.
6. Help relieve double chin and sagging skin.
7. Delay aging and stimulate collagen cells.

Applicable Range

1. Those with facial dullness.
2. Those with skin relaxation and sagging.
3. Those with dark circles and under eye bags.
4. Those with indistinct facial contour.
5. Those who have coarse skin and enlarged pores.
6. Those who are under long-term exposure to UV radiation at workplace.
7. Those with lax skin, edema or obesity after birth.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.

3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severely sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are over aging.
7. Those with skin diseases and infectious diseases.
8. Those who are unrealistic about the effects.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc., within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Hs' (high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eye Anti-aging

Working Principle

Eye RF

RF works through the circuits formed by electrodes in pairs. RF waves directly penetrate the skin and make use of the impedance generated by the skin to generate thermal energy by generating a strong resonant rotation of the cell molecules (1million/s). In the process of eye anti-aging treatment, RF rapidly heats the bottom layer of the skin under the eye and promotes the growth of collagen of the skin, so as to tighten the skin around eyes, remove under eye bags, remove dark circles, and improve couperose skin and fade fine lines.

Effects

1. Relieve eye fatigue, dark circles, bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severely sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

Notes after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
 2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
 3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
 4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercises within 7 days after operation.
- Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-aging

Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.

Applicable Range

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dull skin.
4. Those who often bow their heads.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Always use sunscreen. Keep the neck warm.
2. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
3. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
4. Moisturizing and mask for the neck are encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
5. Avoid bowing head for a long time.

Body-shaping

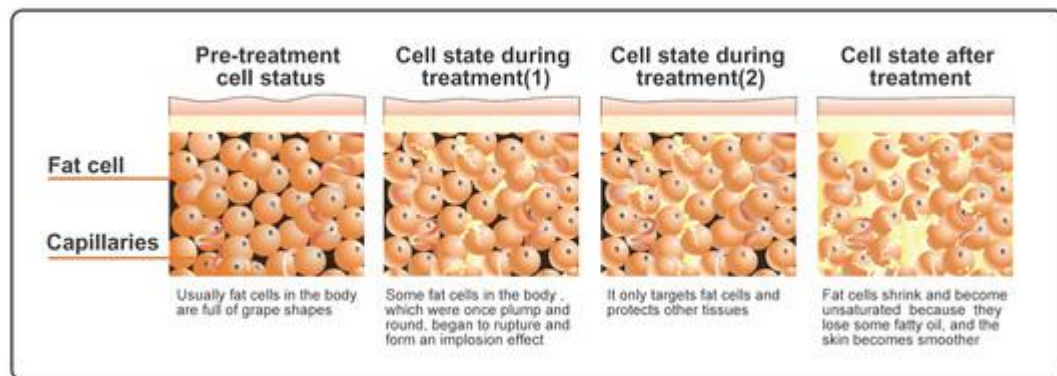
40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and

close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



RF

RF instruments can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of RF biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the RF current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic. RV waves travel through epidermis and directly work on dermis in depth, and quickly heat up water molecules and generate safe thermal energy. When the natural friction of collagen tissue is heated up to $45^{\circ}\text{C} \sim 60^{\circ}\text{C}$, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids

(ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Ultrasound cavitation 2.0 & Vacuum
Sextupolar 3D SMART RF+ Laser Photon

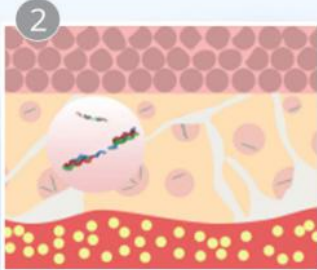
01

Soften Fat Cells-Body 8-Polar 3D SMART RF

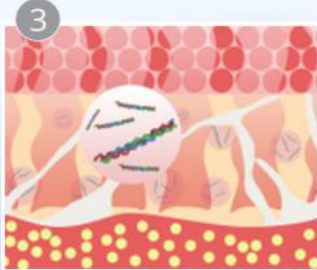
Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.



1
Before



2
In progress



3
After

Shaping Waist & Abdomen

Effect

1. Remove excess fat on abdomen.
2. Improve loose and soft waist and abdomen skin.
3. Break the hard fibers of cellulite and accelerate metabolism.
4. Improve unwanted fat on waist and abdomen.
5. Tighten skin, increase skin elasticity.

Applicable Range

1. Those with excess fat after childbirth.
2. Those sitting for a long time, or with unideal waistlines.
3. Those with abdomen fat caused by overeating.
4. Those with a slim lower part of the body and with excess fat on upper body.
5. Those with loose and saggy skin, wrinkles, and lack of elasticity.

Inapplicable Range

1. Those with “3 Hs” (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
4. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Body-shaping: Arms

Effect

1. Dissolve the fat and increase metabolism.
2. Improve flabby arms and thick arms.
3. Improve jiggly arms.
4. Improve excess fat on arms.
5. Tighten skin, prevent sagging.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with slim body but thick arms.
4. Those with excess fat on arms.
5. Those with thick arms due to limited exercise.
6. Those with loose and saggy arms.

Inapplicable Range

1. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
2. Those who are during allergic period and has severely sensitive skin.

3. Those with skin trauma or cut.
4. Those who are overaging.
5. Those who are pregnant and who are recovering from surgery.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Drink plenty of warm water to stay hydrated.
3. Refuse to overeat or stay up late.
4. Avoid sauna, hot spring or strenuous exercise within one week after operation.

Body-shaping: Legs

Effect

1. Dissolve excessive protruding fat on legs and rid thick thighs.
2. Improve pear shaped body.
2. Build slim legs.
3. Improve fat caused by overeating.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Improve excess fat on both sides of the legs.
6. Improve cellulite and stretch marks.

Applicable Range

1. Those with limited exercise and wanted to keep fit.
2. Those with poor proportion of the legs.
3. Those with thick fat on legs.
4. Those with excess fat on legs.
5. Those who opt for slim legs with no exercise.
6. Those with saggy skin or wrinkles on legs.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with allergic and severely sensitive skin.
5. Those who have just had liposuction.
6. Those who are overaging.

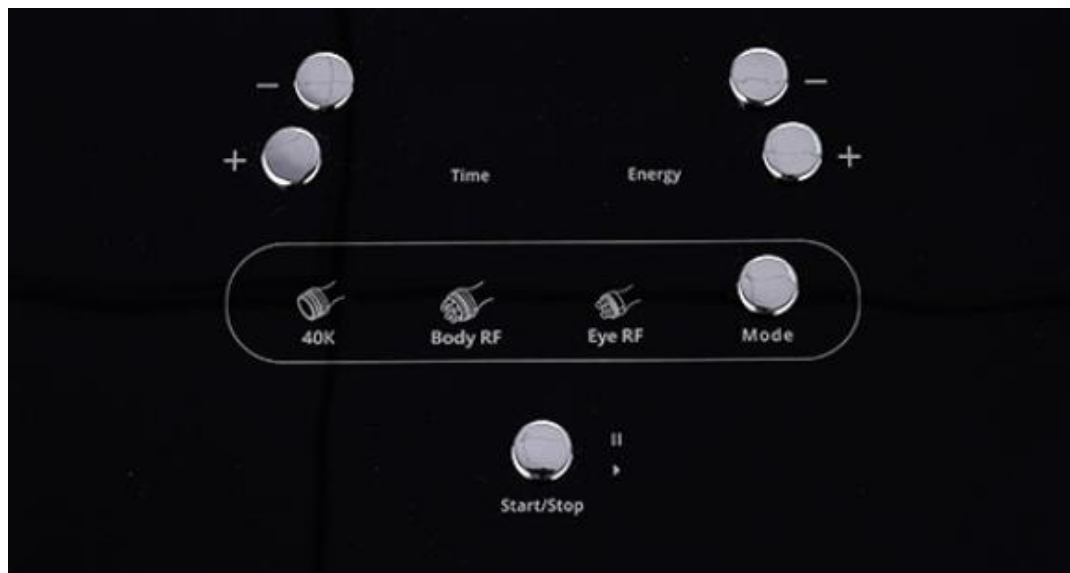
Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Drink more warm water to replenish water and speed up metabolism.
3. Refuse to overeat or stay up late.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Wear pants when you're done. Avoid miniskirts and shorts.

Part II

1. Detailed Operation

The interface of the device is as below:



1.1 Mode Selection



Time +/- . Range: 0-60. 15 min for one probe is suggested.



Energy +/- . Range: 0-10. 2 is suggested for beginners. Increase energy slowly after adaption.

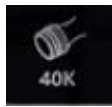


Start/Stop



Select Probe. Click **Mode** to change to “40K”, “Body RF”, and “Eye RF”. Adjust subjecting to one’s comfort level.

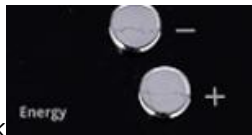
1.2 40K Detailed Operation



1. Click **Mode** for



2. Click **Time** to adjust time. 15 min for each part is suggested.



3. Click **Energy** to adjust energy. 2 is suggested for beginners, adjust to 4-8 slowly after adaption.

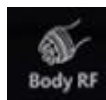


4. Click **Start/Stop** to start operation.



5. After operation, click **Start/Stop** again to stop.

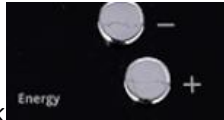
1.3 Body RF Detailed Operation

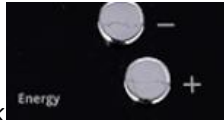


1. Click **Mode** for



2. Click **Time** to adjust time. 15 min for each part is suggested.



3. Click  to adjust energy. 2 is suggested for beginners, adjust to 5-10 slowly after adaption. The bigger the energy, the stronger the RF heat, and the better the effect.

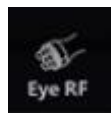


4. Click  to start operation. Red LED lights up when it is working.



5. After operation, click  again to stop.

1.4 Eye RF Detailed Operation




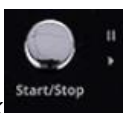
1. Click  for 

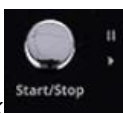


2. Click  to adjust time. 15 min for each part is suggested.



3. Click  to adjust energy. 2 is suggested for beginners, adjust to 5-10 slowly after adaption. The bigger the energy, the stronger the RF heat, and the better the effect.



4. Click  to start operation. Red LED lights up when it is working.



5. After operation, click  again to stop.

2. Technical Parameters

40K Unoisetion Cavitation 2.0 Handpiece

Treatment AreaBodyMeasure of Treatment Area: 30cm²

Frequency of Ultrasound: 40KHz

Max. Output Power: 30W

3-Polar RF Handle with Photon

Treatment Area: Eyes Around / Face
Measure of Treatment Area: 6cm²
Max. Output Power: 8W
Frequency of Radio Frequency: 1MHz
Depth of RF: 3mm
Wavelength of Red Photon: 650nm Red Light

Sextupolar RF Handle with Photon
Treatment Area: Face
Measure of Treatment Area: 17cm²
Max. Output Power: 20W
Frequency of Radio Frequency: 1MHz
Depth of RF: 17mm
Wavelength of Red Photon: 650nm Red Light

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with a malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who had just done a liposuction.
8. Those who are overaging.
9. Remove metal objects from the body before operation.
10. Those with metal, plastic, silicon, etc. embedded.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.

5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
9. Use device or train device operators in strict accordance with instructions in the user manual.
10. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
11. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
12. Start from the lowest energy level and slowly add up.
13. When using this device, the operating parts must be kept moist and dry skin should be avoided.
14. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
15. When operating RF, the instrument should fully touch the skin to avoid uneven heat.
16. Make sure the device is turned off after operation, and unplug it.
17. Ensure to apply the gel evenly before operating on the body.
18. If you have done other plastic surgery or with implants before this treatment, you can only use this device after recovery or 3 months later, or doing a plastic surgery and wait for 1 month after operating this device.
19. While operating 40K, facial RF, and eye RF, make sure the probe touches the skin, and do not stay only in the same area.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

3. The probe is too hot?

- A. Please check whether there's gel essence or cream applied.
- B. Please check whether it's idling.
- C. Please check whether it's working for too long.

6. FAQs

1. Q: How long does the body firming treatment take?

A: One operation time is 30 minutes. We will combine professional techniques and instruments to achieve remarkable results.

2. Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate female natural charm.

3. Q: Will I experience rebound after operation?

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

4. Q: Do I need to be on a diet?

A: Pay attention to what you eat. RF and ultrasonic treatment end with blasting adipose and accelerated metabolism, so it's better to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

5. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occurs due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

6. Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

7. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound causes high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that makes us feel like as "tinnitus".

8. Q: How long can I start seeing results of RF treatment?



A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effect you shall receive.

7. Packing List

- 1 x 40KHz Unoisetion Cavitation Handle
- 1 x Three pole RF Handle for Face and Eyes' Around
- 1 x Sextupole RF Handle for Face and Body
- 1 x Power cord Power Supply Cord (Both 110v and 220v voltage (frequency: 50/60Hz) version are available. Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Facial Tightening: 25 min, 2-3 times/week			
Eye RF Energy: 3-8	Makeup remover+	1. Remove makeup and cleanse face, 5 min.	Technique 4-9

	<p>Cleanser+ Essence+ Toner+ Facial mask</p>	<ol style="list-style-type: none"> 2. Apply toner, 1 min. 3. Apply anti-wrinkle essence evenly, 1 min. 4. RF operation: operate in circular motions from chin, and move behind the ear, 3 times. 5. Move in circular motions from chin to ear gate, 3 times. 6. Move in circular motions from mouth corner to temple, 3 times. 7. Move in circular motions from nose wings to temple, 3 times. 8. Move in circular motions from nose wings to temple, 3 times. 9. Move in circular motions from lower eyelids to temple, 3 times. 10. Move in circular motions horizontally on forehead, 3 times. 11. Lift in lines on one side of face, 3-5 times. 12. Do the same on the other side. Double the operation on the parts with obvious fine lines or saggy skin. 13. Wash face, 2 min. 14. Apply mask, 15 min. 15. Remove mask and wash face, 2 min. 16. Apply toner, essence, cream, and sunscreen. 	<div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 10</p> <div style="text-align: center;">  </div>
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Suggested Treatment:

Treat 2-3 times a week is suggested. After one treatment, the skin will be firm. After one month, it brightens the skin, and the skin will be delicate. Three months help increase skin elasticity, define facial outlines. It also helps fade pigmented spots,

stabilize skin state, and prevent skin aging and laxity.

Eye Anti-wrinkle: 25 min, 2-3 times/week

Eye RF Energy:
3-6

Makeup
remover+
Cleanser+
Essence/Eye
cream+
Eye mask

1. Remove makeup and clean face, 5 min.
2. Apply toner, 1 min.
3. Apply essence evenly around eyes and gently massage to rub it in, 1 min.
4. **Eye RF**: adjust energy, mode, time (10 min).
5. Lift from lower eyelids to canthus, 3-6 min.
6. Lift from lower eyelids to temple, 3-6 min.
7. Move in circular motions from lower eyelids to temple, 3-6 min.
8. Lift from lower eyelids from temple, 3-6 times.
9. Lift from brow ridge to hairlines, 3-6 times.
10. Do the same on the other side.
11. Wash clean eyes, 1 min.
12. Apply eye mask, 15 min.
13. Remove eye mask and wash clean, 2 min.
14. Apply eye essence.

Technique 3



Technique 5



Technique 6



Technique 7



Technique 8, 9



Suggested Treatment:

Treat 2-3 times a week is suggested. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one month, it lightens fine lines, dark

circles under the eyes and brightens the skin. After 3 months, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

Neck Anti-aging: 25 min, 2-3 times/week

Eye RF Energy:
3-10

Makeup
remover+
Cleanser+
Essence+
Neck mask

1. Remove makeup, 5 min.
2. Apply toner, 1 min.
3. Apply neck essence or gel evenly, 1 min.
4. **Facial RF**: adjust energy, modes, time (10 min is suggested.)
5. Move in small circular motions on neck (avoid throat), 3 times.
6. Lift in lines on neck (avoid throat), 3 times.
7. Lift underjaw lines and move behind the ear, 3-5 times.
8. Do the same on the other side.
9. Wash clean the neck, 2 min.
10. Apply neck mask, 15 min.
11. Remove neck mask, 2 min.
12. Apply essence.

Technique 5



Technique 6



Technique 7



Suggested Treatments:

Treat 2-3 times a week. After one treatment, skin becomes firm. One month helps skin become delicate and tender, and fade fine lines. Three months help firm and smooth the skin. Long-term treatment helps prevent neck wrinkles and sagging.

Shaping Waist&Abdomen: 30 min, 2-3 times/week

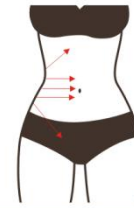
40K energy:
2-8

Body RF
energy:
2-8

Gel

1. Wipe clean waist and abdomen, 2 min.
2. Apply gel evenly on abdomen, 1 min.
3. 40K operation: Lift in lines from one side of waist to abdomen, then to gorin, 3 times.
4. Do the same on the other side, 3 times.
5. Move in small circular motions on abdomen, 3 times.
6. Move in big circular motions on abdomen, 3 times.
7. Shape the waist as if writing an "8", 3-5 times.
8. Shape the waist back and forth, Shape the waist.
9. **Body RF:** Move in small circular motions on abdomen, 3 times.
10. Move on abdomen horizontally, 3 times.
11. Move on abdomen back and forth, 3 times.
12. Remove gel and wipe clean.

Technique 3



Technique 5



Technique 6



Technique 7



Technique 8



Suggested Treatment:

Treat 2-3 times a week. After 2 months of treatment, treat 1-2 times a week. After one month, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 months the effect gradually becomes obvious and flabby skin is also improved. 3 months help reinforce the effect. Redundant adipose gradually disappears, lumbar abdomen curve starts to take in shape, and slim waist starts to show.

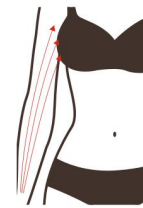
Shaping Arms: 20 min, 2-3 times/week

40K energy:
2-8

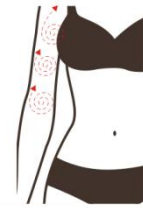
Gel

1. Wipe clean the arms with hot towel.
2. 40K operation: slide in lines from forearm with excess fat to armpit, 5 times.
3. Move in circular motions on inner side of upper arms, 5 times.
4. Double the operation on flabby arms, 3 times.
5. Slide on inner side of upper arm back and forth, 5 times.
6. Do the same on the other side.
7. Remove gel and wipe clean.

Technique 2



Technique 3



Technique 5



Suggested Treatment:

Treat 2-3 times a week. After 2 months of treatment, treat 1-2 times a week. 2 months help reduce excess fat. 3 months help remove excess fat, and the arms become slim. Long-term treatment helps consolidate stability and prevent rebound.

Shaping Legs: 20 min, 2-3 times/week

Ultrasonic energy:
20%~80%

Gel

1. Wipe clean legs with hot towel, 2 min.
2. Apply gel evenly on legs, 2 min.
3. 40K operation: slide in lines on legs back and forth, 5 times.
4. Enhance the operation on calf with excess fat, 5 times. If there's no unwanted fat on calf, operate thigh directly.
5. Move in circular motions on inner side of thigh back and forth, 5 times.
6. Move in small circular motions to dissolve fat on inner side of thigh, 5 times.
7. Do the same on the other side.
8. Remove gel and wipe clean.

Technique 3



Technique 4



Technique 5



Technique 6



Suggested Treatment:

Treat 2-3 times a week. After 2 months of treatment, treat 1-2 times a week. 2 months help reduce excess fat. 3 months help remove excess fat, and the legs will be slim. Long-term treatment helps consolidate stability and prevent rebound.