

Book Club Notes

Title: High Heels and Low Blows
Author: Jill Valentine
ISBN: 978-1-925914-88-7
Price: \$26.99
Subject: Fiction, Women, Contemporary

Book description

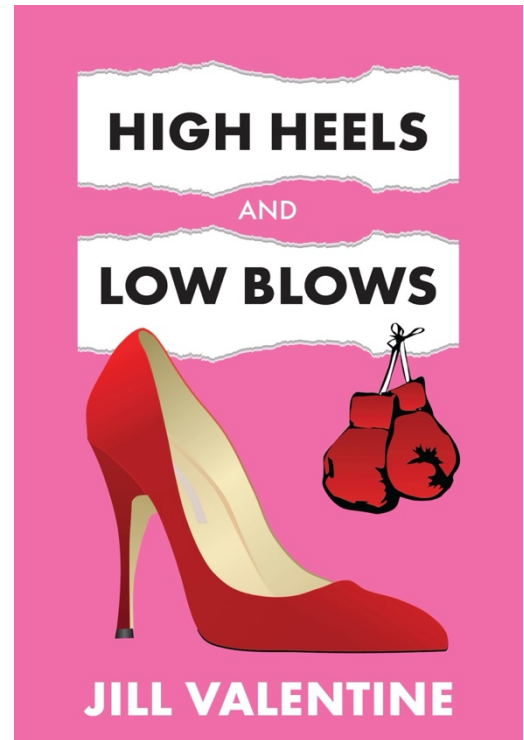
Bee Bloom is a respected modern leader who wholeheartedly believes in kindness. So when a conniving new chairman arrives at the company where she is CEO, she has a fight on her hands.

Lucy Love, once a vivacious TV presenter, now finds herself a depressed, binge-drinking suburban wife. To make matters worse, her husband is facing accusations of harassment.

Rosie Reid has earned a reputation as Sydney's "fixer," skilfully managing crises through her successful PR firm. However, she's growing increasingly tired of covering up for her misbehaving clients.

When their worlds intertwine, the trio forge a pact to support one another. But as their dilemmas intensify, there is one looming question: can they throw the knockout punch and bring down the scheming, controlling men in their lives?

High Heels and Low Blows is Jill Valentine's debut novel which also delves into themes of self-worth, identity, and friendship. With unforgettable characters, dramatic twists and sassy comedy, it is a story that is highly relatable to the modern woman and will leave you asking — which of these fabulous females do I admire the most?



About the author



Jill Valentine has spent over two decades in the investment banking industry, crafting narratives as a communications and PR executive. She has worked closely with a flock of CEOs, giving her a backstage pass to leadership styles and corporate culture. She firmly believes that compassion and kindness rule. Born in Scotland and then whisked off to England at a young age, Jill went on to live and work in vibrant cities such as London, Paris, New York, and Los Angeles. In 2000, she arrived in Sydney with just a backpack and never left.



Discussion Points

Of the three women, which one resonated with you the most?

In the Prologue, Bee has an encounter with Ben Taggart. How does this experience define her?

What is your first impression of Lucy and how does she change throughout the novel?

Which other characters, beyond the three main ones, were important to the story and why?

Which character was the most likeable and why?

Discuss the importance of friendship and female solidarity in the novel.

What role do the news articles interspersed throughout play in the story?

Discuss the role of toxic masculinity and old boys' clubs as a theme.

Of everything the three women face, what was the lowest blow?

For a bit of fun – if you're into fashion – discuss whose outfits you liked the best.

What parallels can you draw between Bee's and Lucy's experiences?

Were there any unexpected twists, or character surprises?

Were you happy with the way it ended?

