

# User Manual MSmart 9.0



# **Downloading The App**

Scan the following QR code, to download and install the mobile app.

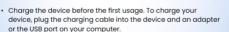




Da Fit For iOS Da Fit For Android

#### Scan QR Code & Download

# To Connect:





# PAIRING:



# PHONE:



- Connect the smartwatch to your phone.
- Go to the Bluetooth settings of your phone.
- · Connect 'MSmart 9.0-Audio' to your phone.
- Give your watch the requested permissions required to receive and make phone calls.

#### After connecting the smartwatch to the phone.

- · Click on 'Favorite Contacts' in the app.
- · Click on the plus icon to add up to 8 contacts to your watch.

#### To use phone feature from the watch.

- Tap on the PHONE option from the menu.
- Tap on the CALL RECORDS icon to check the call history.
- Tap on the DIAL PAD icon to open the dial pad.
- Tap on the CONTACTS icon to access your Favourite Contacts.

# **SMART WATCH FEATURES:**

### WATCH FACES

- Go to 'Watch Faces' on the app.
- Browse through the watch faces available.
- Click on 'More Watch Face' to browse through the added collection.
- Select the watch face of your preference to set it.



### SLEEP



- If you sleep wearing the smartwatch, it will record your sleep hours and show you the duration of your sleep.
- It will show you your total sleep hours with the duration of the deep sleep and light sleep.
- You can view your sleep stats on the watch dial and the app.
- On the app, you can check your data for the ongoing day or the previous data weekwise or month-wise.

#### NOTE: Sleep stats reset to zero at 08.00 PM.

#### **MEASURE HR**



- · Tap on the HR option from the menu.
- Tap on the icon to start the measurement.

#### Or

- · Click on 'HEART RATE' in the app.
- Click on 'MEASURE' to start the measurement.

#### SPORTS



- Tap the 'SPORTS' icon on the menu to view the steps taken by you.
- Click on 'STEPS' in the app to check your step count, distance walked, calories burnt and duration of your walk.
- On the app, you can check your data for the ongoing day or the previous data week-wise or month-wise.

To sync your step count with Google Fit:

- Go to the 'My' page in the app and open the 'Google Fit' option.
- Connect with your Google account to sync your step count with Google Fit.

#### NOTE: Your movement stats reset to zero at midnight.

#### EXERCISE



- Tap the 'EXERCISE' icon on the menu to start a new training measure recording.
- Select from 8 modes available to start measurement.
- You can check the reading from the app.

### **BLOOD PRESSURE**



- · Tap on the BP option from the menu.
- Tap on the icon to start the measurement.
  Or
- · Click on 'BP' in the app.
- · Click on 'MEASURE' to start the measurement.

#### SPO2



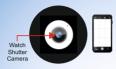
- Tap on the SPO2 option from the menu.
- Tap on the icon to start the measurement.
  Or
- · Click on 'BLOOD OXYGEN' in the app.
- · Click on 'MEASURE' to start the measurement.

### WEATHER



- · Go to 'Others' options on the app.
- Turn on Weather.
- Select your preferred Temp System and your City.
- Tap on the WEATHER option from the menu to view the weather update.

#### SHUTTER



- · Go to 'Shutter' on the app.
- Give the app the requested permission.
- Tap on the SHUTTER option from the menu.
- Tap on the icon to start a 3-sec timer to click a photo from your phone.

#### PLAYER



- Tap on the PLAYER option from the menu or click the button below the watch dial.
- Tap on the Play/Pause icon to Play/Pause music.
- · Tap on the Next icon to play the next track.
- Tap on the Back icon to restart the ongoing track.
- Double-Tap on the Back icon to play the previous track.

#### **PHONE NOTIFICATIONS**

- Go to 'Notifications' on the app.
- Turn on the app notifications to want to be displayed on the watch.
- Swipe-Up to view the last 5 notifications received.
- To disable the notifications, turn off the apps allowed to send notifications from the app.



#### BREATHE



- Tap on the BREATH option from the menu.
- Tap on the screen to start your breathing exercise.
- Follow the instructions displayed on the screen.

#### CINEMA



- Tap on the CINEMA option from the SETTINGS menu.
- Tap on CINEMA to turn off vibrations and turn down the brightness.
- Tap on CINEMA again to turn on vibrations and restore brightness.

#### STOPWATCH



- Tap on the STOPWATCH option from the SETTINGS menu.
- · Tap on the Start icon to start.
- Tap on the Pause icon to pause.
- Tap on the Reset icon to reset

### ALARM

- Alare 82-07 01.00 Single Time 12.00 Single Time 12.00 Tagle Time
- Go to 'Alarms' on the app.
- Set your suitable alarm and turn it on.
- · You can set up to 3 alarms at once.

#### To enable/disable an alarm from the watch

- Tap on the 'ALARM' option from the SETTINGS menu.
- Tap on the alarm to turn on/off the alarm.
- The watch will vibrate when to alarm goes off.
- Click the watch dial to stop the alarm.

### PHYSIOLOGICAL CYCLE REMINDER

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- · Go to 'Others' options on the app.
- Turn on Physiological Cycle Reminder.
- · Fill in your details.
- Your watch will receive an alert notification accordingly.

#### BRIGHTNESS



- Tap on the DIMMING option from the SETTINGS menu.
- Tap on the screen to adjust as per your preference.

### TIMMER



- Tap on the 'TIMMER' option from the SETTINGS menu.
- · Tap on the preferred time.
- · Tap on the Start icon to start the countdown.
- Tap on the Pause icon to pause the countdown.
- Tap on the Cancel icon to cancel the countdown.
- When the countdown is complete, click the watch dial to stop the countdown.

#### SHAKE MODE



- · Go to the SETTINGS menu.
- Tap on the SHAKE option to switch on/off the vibrate feature.

#### **REMIND TO MOVE**

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- · Go to 'Others' options on the app.
- · Turn on Drink Water Reminder.

#### **REMIND TO DRINK**

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- · Go to 'Others' options on the app.
- · Turn on Drink Water Reminder.
- · Fill in your preferred details.
- Your watch will receive a notification when it is time to drink water.

#### **FIND DEVICE**

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- · Go to 'Others' options on the app.
- · Select 'Find Device.'
- It will make your watch vibrate to help you locate it.

### POWER ON

· Click and hold the watch dial to turn on the watch.



### **AUTO LOCK**

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- · Go to 'Others' options on the app.
- · Click on the 'Auto-Lock' option.
- Select your preferred time for the watch screen lock.

## **POWER OFF**



- Tap on the SETTINGS option from the menu.
- Tap on the Tick option to power off your device.

# **Getting to Know Your Device**

#### Specifications :

Model Name	Mobilla MSmart 9.0
Operating temperature	-10°C to 50°C
Non-operating temperature	-20°C to 60°C
Size	Fits a wrist between 5.5 and 7.7 inches in circumference

#### Maintenance

 Regularly clean your wrist and the strap of the smartwatch, especially after sweating or being exposed to substances such as soap or detergent, which may get stuck to the product.

### **Disposal and Recycling**

- Kindly be aware that it is the consumer's responsibility to properly dispose/recycle the Smart Bracelet and accompanying components.
- Do not dispose of Smart Bracelet with common household waste. The Smart Bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.
- For further information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

