



# MSMART 8.0

Smart Watch

**User Manual**



## DOWNLOADING THE APP

Scan the following QR code, to download and install the mobile app.



Da Fit  
For iOS

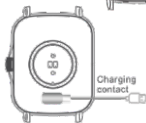
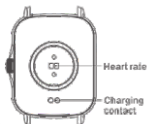


Da Fit  
For Android

## Scan QR Code & Download

### TO CONNECT:

- Charge the device before the first usage.
- To charge your device, plug the charging cable into the device and an adapter or the USB port on your computer.



## PAIRING

Open the App and set up your profile



Select 'Add a Device'.



Choose your device on the scanning List

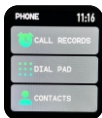


Finish

## USE THE TOUCH SCREEN



## PHONE:



- Go to the Bluetooth settings of your phone.
- Connect smartwatch audio to your phone.
- Give your watch the requested permissions required to receive and make phone calls.

### **After connecting the smartwatch to the phone.**

- Click on 'Favorite Contacts' in the app.
- Click on the plus icon to add up to 8 contacts to your watch.

### **To use phone feature from the watch.**

- Tap on the PHONE option from the menu.
- Tap on the CALL RECORDS icon to check the call history.
- Tap on the DIAL PAD icon to open the dial pad.
- Tap on the CONTACTS icon to access your Favourite Contacts.

## SMART WATCH FEATURES

### **WATCH FACES**

- Tap on the SETTINGS option from the menu.
- Tap on the DIAL SWITCH.
- Swipe to browse through the available watch faces.
- Tap on the watch face of your preference to set it.

Or

- Go to 'Watch Faces' on the app.
- Browse through the watch face available.
- Click on 'More Watch Face' to browse through the added collection.
- Select the watch face of your preference to set it.



## SLEEP



- If you sleep wearing the smartwatch, it will record your sleep hours and show you the duration of your sleep.
- It will show you your total sleep hours with the duration of the deep sleep and light sleep.
- You can view your sleep stats on the watch dial and the app.

- On the app, you can check your data for the ongoing day or the previous data week-wise or month-wise.

**NOTE: Sleep stats reset to zero at 08.00 Pm.**

## MEASURE HR



- Tap on the HR option from the menu.
- Tap on the icon to start the measurement.

**or**

- Click on 'HEART RATE' in the app.
- Click on 'MEASURE' to start the measurement.

## STEPS



- Tap on the steps icon to view the steps taken by you.
- Click on 'STEPS' in the app to check your step count, distance walked, calories burnt and duration of your walk.

- On the app, you can check your data for the ongoing day or the previous data week-wise or month-wise.
- **To sync your step count with Google Fit:**
- Go to the 'My' page in the app and open the 'Google Fit' option.
- Connect with your Google account to sync your step count with Google Fit.
- **NOTE: Your movement stats reset to zero at midnight.**

## EXERCISE



- Tap the EXERCISE icon on the menu to start a new training measure recording.
- Select from 7 modes available to start measurement.
- You can check the reading from the app.

## BP

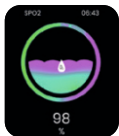


- Tap on the BP option from the menu.
- Tap on the icon to start the measurement.

**or**

- Click on 'BP' in the app.
- Click on 'MEASURE' to start the measurement.

## SPO2



- Tap on the SPO2 option from the menu.
- Tap on the icon to start the measurement.

**or**

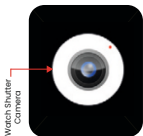
- Click on 'BLOOD OXYGEN' in the app.
- Click on 'MEASURE' to start the measurement.

## WEATHER



- Go to 'Others' options on the app.
- Turn on Weather.
- Select your preferred Temp System and your City.
- Tap on the WEATHER option from the menu to view the weather update.

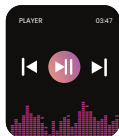
## SHUTTER



- Go to 'Shutter' on the app.
- Give the app the requested permission.
- Tap on the SHUTTER option from the menu.

- Tap on the icon to start a 3-sec timer to click a photo from your phone.

## PLAYER



- Tap on the PLAYER option from the menu.
- Tap on the Play/Pause icon to Play/Pause music.
- Tap on the Next icon to play the next track.
- Tap on the Back icon to restart the ongoing track.
- Double-Tap on the Back icon to play the previous track.

## PHONE NOTIFICATIONS



- Go to 'Notifications' on the app.
- Turn on the app notifications to want to be displayed on the watch.
- Swipe-Up to view the last 5 notifications received.
- To disable the notifications, turn off the apps allowed to send notifications from the app.

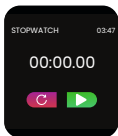


## COUNTDOWN



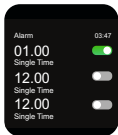
- Tap on the COUNTDOWN option from the menu.
  - Tap on the preferred count.
  - Tap on the Start icon to start the countdown.
  - Tap on the Pause icon to pause the countdown.
  - Tap on the Cancel icon to cancel the countdown.
- When the countdown is complete, click the watch dial to stop the countdown.

## STOPWATCH



- Tap on the STOPWATCH option from the menu.
- Tap on the Start icon to start.
- Tap on the Pause icon to pause.
- Tap on the Reset icon to reset.

## ALARM



- Go to 'Alarms' on the app.
  - Set your suitable alarm and turn it on.
- You can set up to 3 alarms at once**
- Tap on the Alarm option from the menu.
  - The watch will vibrate when to alarm goes off.
  - Click the watch dial to stop the alarm.

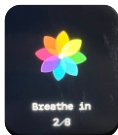
## THEATRE



- The device will turn off the vibration and turn down the brightness when the Theatre Mode is turned on.

**NOTE: You can turn on/off the theatre mode from the control centre.**

## BREATHE



- Tap on the BREATH option from the menu.
- Tap on the screen to start your breathing exercise.
- Follow the instructions displayed on the screen.

## TORCH



- Tap on the TORCH option from the menu.
- Tap on the screen to switch on/off the torch.

## AUTO-LOCK



- Go to 'Others' options on the app.
- Click on the 'Auto-Lock' option.
- Select your preferred time for the watch screen lock.

## FIND DEVICE



- Go to 'Others' options on the app.
- Select 'Find Device.'
- It will make your watch vibrate to help you locate it.

## POWER OFF



- Tap on the SETTINGS option from the menu.
- Tap on the Tick option to power off your device.

## POWER ON



- Click and hold the watch dial to turn on the watch.

## BRIGHTNESS



- Select the SETTINGS option from the menu.
- Tap on BRIGHTNESS.
- Tap on the screen to adjust the brightness level.

## REMIND TO MOVE



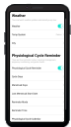
- Go to 'Others' options on
- Turn on reminders to move

## REMIND TO DRINK



- Go to 'Others' options on the app.
- Turn on Drink Water Reminder.
- Fill in your preferred details.
- Your watch will receive a notification when it is time to drink water.

## PHYSIOLOGICAL CYCLE REMINDER



- Go to 'Others' options on the app.
- Turn on Physiological Cycle Reminder.
- Fill in your details.
- Your watch will receive an alert notification accordingly.

# Getting to Know Your Device

## Specifications :

Model Name	Mobilla MSmart 8.0
Screen Type	1.7" TFT HD Display
Battery Capacity	210 mAh
Net Weight	47 grams
Operating temperature	-10°C to 50°C
Non-operating temperature	-20°C to 60°C
Size	Fits a wrist between 5.5 and 7.7 inches in circumference

## Maintenance :

- Regularly clean your wrist and the strap of the smartwatch, especially after sweating or being exposed to substances such as soap or detergent, which may get stuck to the product.

## 3.DISPOSAL AND RECYCLING

- Kindly be aware that it is the consumer's responsibility to properly dispose/recycle the Smart Bracelet and accompanying components.
- Do not dispose of Smart Bracelet with common household waste. The Smart Bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.
- For further information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

*Thank You*

