

Smart Watch

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USER MANUAL

Charge Before Using:

- Full Charge your MSMART 11.0 Smart Watch before the first usage.
- Connect your MSMART 11.0 Smart Watch with the charging cable using a 5V/2A adapter.

Install the Da Fit app:

Download and install the Da Fit app on your phone. (Available On Both Google Play Store And Apple Store)

OR

Scan This QR Code (Also Available In The About Settings Of Your Smart Watch)



Note: Only Android 4.4 and iOS 10.0 or above systems are compatible with the App.

Connecting to the Da Fit App:

Activate Bluetooth: Ensure the Bluetooth function on your device is switched on.

Install and Open the App: After installation, launch the Da Fit app on your device and proceed to set up your "Profile".

Pairing Your Device:

- Tap on "Add A Device" at the top of the home screen within the app.
- When prompted, allow the app permissions for a smooth pairing experience.

Completing the Connection: Select "MSMART 11.0" from the list of devices to pair your device with the MSMART 11.0 smartwatch.

Smooth Pairing: To fully utilize all the functionalities of your MSMART 11.0, please click on the "To Set" button and follow the instructions as shown in the app, once finished click on the "Done" button, and your smartwatch will be connected to your device.

Important Reminder: For uninterrupted connectivity, please adjust your device settings to permit the Da Fit app to operate in the background at all times.

Syncing Your Smart Watch To The App:

- Open The Da Fit app
- Make sure your MSMART 11.0 is connected to the app
- Once inside the app, your MSMART 11.0 will automatically get synchronised

Note: Please make sure to synchronise your MSMART 11.0 at least once a day to avoid any data loss.

Disclaimer:

- The manufacturer retains the authority to make alterations or enhancements to any features detailed in this manual without prior notification. Concurrently, the manufacturer maintains the right to revise the product's content perpetually.
- The health monitoring features of the smartwatch are intended for general wellness and fitness tracking only. They should not be used as a substitute for professional medical advice or diagnosis. If you experience any health issues, please consult with a healthcare professional.

Swipe Functions Of Your MSMART 11.0:

- Swipe right to explore the smart features of 11.0 and add your preferred favourites.
- Swipe left to explore voice assistant, your last used smartwatch feature, and the menu.
- Swipe up to go to your messages section.
- Swipe down to go to the dropdown section and explore, brightness, Menu View, E-Card, password, and settings features.

Navigate Through Your 11.0:

Power On/Off The Smart Watch:

- To power off the smartwatch, long press the watch dial and confirm to power off.
- To power on the smartwatch, long press the watch dial.

Set Password:

- Swipe down your smartwatch home page.
- Click on the 'Lock' icon.
- Enter a new password for your smartwatch.
- Enter again to confirm.
- Congrats! Your password is now set.
- To turn off your password, again click on the 'Lock' icon and power off.
- To change the password, go to the 'Lock' icon, click on change password, enter your old password, and then follow the same step as above.

Calling Feature:

Once connected, give your watch the requested permissions required to receive and make phone calls.

- Open watch settings in the app.
- Click on 'Favourite Contacts' in the app.
- Click on the 'Plus' icon add up to 08 contacts to your watch and hit done.
- Click on the 'Phone Call' option from the smartwatch menu
- Tap on the 'Recent Calls" in the smartwatch to check the call history.
- Tap on the 'Dial Pad' in the smartwatch to open the dial pad and make calls.
- Tap on the 'Contacts' to access your FavouriteContacts.

Watch Faces:

- Long press on the current watch face display
- Browse through the watch faces available.
- Select the preferred watch face.

OR

- Go to the Da Fit app
- Click on the smart watch icon.
- Scroll to the face gallery, download, and set the preferred watch face.

Sports Mode:

- Tap on the 'dumble' icon on the menu.
- Select a fitness/sport you want to perform to start measurement.
- Press the power button to pause or end your fitness/sports.
- Click on the stop option and confirm to end your fitness/sports.
- Click on the play option and continue your fitness/sports.

Note: If the data is too little to be recorded, it will not be registered in the "Exercise Record" section of the menu.

Exercise Record:

- Go to your smartwatch menu.
- Select the 'Exercise Record' option.
- View your fitness/sports performed data.

Step Count:

- Go to the Da Fit app.
- Click on the bottom right icon, tap on Goal, and set your steps goal.
- Go to the home page and click on 'STEPS' to check your step count, distance walked, calories burnt, and duration of your walk.
- On the app, you can check your data for the ongoing day or the previous data week-wise or month-wise.
- You can also select a watch face that showcases your step count in the smartwatch.

Note: Your steps stats reset to zero at midnight.

Heart Rate Monitor:

- Click on the 'Heart rate' option from the menu.
- Tap on the screen again.
- Wait for a few seconds for the test results.
- Scroll down to view your past data.

OR

- Click on 'Heart Rate' in the app.
- Click on 'MEASURE' to start the measurement.
- Click 'END' to manually stop the measurement.

Note: Any measurements are for reference, they should not be considered for medical purposes.

Blood Pressure Monitor:

- Tap on the 'Blood Pressure' option from the menu.
- Tap on the screen again.
- Wait for a few seconds for the test results.
- Scroll down to view your past data.

OR

- Scroll down on the home page of the app.
- Click on 'Blood Pressure'.
- Click on 'MEASURE" to start the measurement.
- Click END' to manually stop the measurement.

Note: Any measurements are for reference, they should not be considered for medical purposes.

SpO2 Oxygen Monitoring:

- Tap on the 'SpO2' option from the menu.
- Tap on the screen again.
- Wait for 30 seconds for the test results.
- Scroll down to view your past data.

OR

- Scroll down to the home page of the app.
- Click on 'Blood Oxygen'.
- Click on 'MEASURE' to start the measurement.
- Click 'END' to manually stop the measurement.

Note: Any measurements are for reference, they should not be considered for medical purposes.

Weather:

- Go to the Da Fit app.
- Click on the 'Smart Watch' icon.
- Go to the 'Others' section and scroll down to Weather.
- Power on the weather updates.
- Click on Temperature Format to select the preferred unit settings.
- Click on 'City' to select yours.
- Tap on the 'Weather' option from the watch menu to view the weather update.

Note: The Smart Watch weather updates automatically every hour.

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Voice Assistant:

- Make sure your device is connected to the smartwatch.
- Swipe left and tap on 'Talk After Tap.'

OR

- Tap on the 'AI Voice' option from the smartwatch menu.
- Tap on the screen to activate the voice assistant.
- Give command.

Sleep Tracker:

If you sleep wearing the smartwatch, it will record your sleep hours and show you the duration of your sleep.

- Go to the 'Da Fit' app.
- Click on 'SLEEP.'
- View your total sleep hours, sleep score with the duration of the deep sleep and shallow sleep, and more information.

OR

- Click on the 'Sleep' icon from the smartwatch menu.
- View your sleep hours.
- Scroll down to see your Awake, REM, Light, and Restful data.

Breathing Exercise:

- Tap on the 'Relaxation' option from the smartwatch menu.
- Select a preferred breathing exercise.
- · Select the duration of the breathing exercise.
- Tap on the Start button to start the breathing exercise.
- Follow the instructions displayed on the smartwatch screen.

Music Control:

- Continuously swipe left on the home screen to reach the 'Player' page.
- Tap on the Play/Pause icon to Play/Pause music.
- Tap on the Next icon to play the next track.
- Tap on the Back icon to restart the ongoing track.
- Double-tap on the Back icon to play the previous track.
 OR
- Go to the smartwatch menu and select 'Player.'
- Other functionalities work the same.

Calculator:

- Tap on the 'Calculator' option from the menu.
- Tap on the screen to do the math.

Games:

- Tap on the 'Games' option from the menu.
- Select the preferred game from FLOOPY, HAMSTER, BATTLESHIP, & 2048.
- Tap on the 'Play' button to start playing.

Alarm:

- Tap on the 'Alarm' option from the menu.
- Tap on the '+' icon to add a new alarm.
- Tap on the on/off switch to switch the alarm on/off.

OR

- Go to the 'Da Fit' app.
- Click on the smart watch icon.
- Select 'Alarms.'
- Click on the '+' icon to add a new alarm.
- Tap on the on/off switch to switch the alarm on/off.

Timer:

- Tap on the 'Timer' option from the menu.
- Tap on the preferred time to start the timer.
- Or tap on the custom option to set a custom time.
- Tap on the play icon to start.
- Tap on the Pause icon to pause the countdown.
- Tap on the 'Cross' icon to cancel the countdown.

Stop Watch:

- Tap on the 'Stopwatch' option from the menu.
- Tap on the 'Start' button to start.
- Tap on the 'Lap' button to mark the lap.
- Tap on the 'Stop' icon to pause.
- Tap on the 'Reset' icon to reset.
- Tap on the 'Start' icon to continue.

Photo Capture (Shutter):

- Go to the 'Da Fit' app.
- Click on the smart watch icon.
- Go to 'Shutter.'
- Give the app the requested permissions.
- Now switch to your smartwatch.
- The 'Shutter' will automatically power on your smartwatch.
- Tap on the big red icon to click a photo from your phone

Female Health:

- Go to the 'Da Fit' app.
- Click on the smart watch icon.
- Go to 'Others'
- Scroll down and click on 'Physiological Cycle Reminder.'
- Add the necessary details required.
- Click on the on/off switch to turn on/off the reminder.
- Click on the 'Cycle Tracking' in the menu of your smartwatch.
- View the information shown on the screen.

Find Smartwatch:

- Go to the 'Da Fit' app.
- Click on the smartwatch icon.
- Go to the Others setting.
- Tap on 'Find Device' and your smartwatch will start ringing.

Find Phone:

- Click on the 'Find Phone' icon from the menu of your smartwatch.
- Tap on the 'Find Phone' icon to make the connected phone ring.
- Click the dial to stop the alert.

Brightness Adjustment:

- Swipe down from the top of the watch screen.
- Tap on the 'Sun' icon.
- Move your hand up and down to set your preferred brightness level.

E-Card:

- Go to the 'Da Fit' app.
- Click on the smart watch icon.
- Go to the 'E-Card' settings.
- Click on 'Upload' and tap on the QR Code.
- Select the code you want to add from your gallery.
- Give your E-Card a title and save.
- Now, swipe down your smartwatch home page.
- Click on the 'Card' icon and view your saved QR code.

Note: You can save up to 3 E-Cards in your smartwatch. The E-Card can only be used to get payment from other people, for professional details, and for social media QR codes.

Menu UI Modes:

- Swipe down from the top of the watch screen.
- Tap on the 'circular dots' icon.
- Select your preferred Menu UI Mode

Activity:

- Go to your smartwatch menu.
- Tap on 'Activity'
- View your overall activity data i.e. Steps, Fitness, And Calories Burned.

Drain Water:

- Go to your smartwatch menu.
- Tap on 'Drain Water.'
- Your smartwatch will start buzzing.
- After the buzzing stops, shake your smartwatch in the right arrow direction to drain water.

Flashlight:

- Go to your smartwatch menu.
- Click on "Flashlight."
- Tap on the screen to power on & off the flashlight.

Explore Settings Of Your Smart Watch:

Display:

- Brightness: Change Brightness.
- Sleep: Change the sleep time of your smartwatch display.
- Watch Face: Change your Watch Face according to your style.
- Menu View: Change the style of your smartwatch menu.
- Wrist Raise: Power on & off the wrist raise function.

Vibrate & Ring:

- Tap on Vibrate & Ring.
- Tap on Mode.
- Change your smartwatch mode from Vibrate, Vibrate & Ring, and Mute.
- If you select Vibrate or Vibrate & Ring, you can also select the intensity of the feature.

DND Mode:

Power on & off the DND (Do Not Disturb) Mode of your smartwatch.

Low Power Mode:

• Power on & off the low power mode of your smartwatch.

Note: Some functions might not work when Low Power Mode is on.

Phone:

- Phone On: Power on & off the Bluetooth calling of your smartwatch.
- Audio Bluetooth: Power on and off the audio functionality of your smartwatch.
- **Phone Reset:** Tap on Phone Reset and confirm to reset all the call functionality-related data.

System:

- Tap on System.
- Choose from 3 options: Restart, Power Off, and Reset.

About:

- Tap on About.
- Select Version to see your smartwatch version.
- Select App Download to download the Da Fit app.

Explore 'Others' Setting In Da Fit App:

- Go to the Da Fit app.
- Tap on the smartwatch icon.
- Go to the others section.

Time Format:

• Set your Time Format to either 12-Hour Time or 24-Hour Time.

Unit Format:

Set your Unit Format to either Metric Or Imperial.

Do Not Disturb:

- Tap on Do Not Disturb.
- Set a Start Time and end Time.
- Save your settings.

Reminders To Move:

• Power on and off the Reminders To Move option and get a smart notification on your smartwatch.

Note: The Time is only between 10 in the morning to 10 in the night.

Continuous Heart Rate:

- Tap on the option.
- Select a time gap between which you want your heart rate to be checked and hit done.
- You can view all the data either in the app or in the smartwatch.

Control Phone Music:

 Power on & off the Control Phone Music setting, allow the necessary permission, and get your phone music information on your smartwatch.

Battery Saving:

• Power on & off the Battery Saving mode.

Language:

- Tap on Language.
- Select your preferred language and hit done.
- Now you can view your smartwatch in the language you want.

Note: The language options are limited.

Screen Timeout:

- Tap on the option.
- · Set a screen timeout for your smartwatch and hit done.

Reset:

 Hit reset if you want to delete all the smartwatch data and confirm to complete the process.

Quick View:

- Power on & off the quick view.
- Set a valid period i.e. Start Time & End Time and hit done.
- Now, just quickly raise your hand and wake up your display.

Drink Water Reminder:

- Power on & off the Drink Water Reminder.
- Add the necessary details required like Start Time, Frequency, and Interval.
- Now, you will get a drink water smart notification on your smartwatch.

Heart Rate Alert:

- Power on & off the Heart Rate Alert.
- Set your Maximum Heart Rate.
- Now, you will get an alert once your maximum heart rate alert has peaked.

Note: Your heart rate cap defaults to 199 BPM.

Power On Smart Notifications:

- Go to the Da Fit app.
- Click on the smart watch icon.
- Click on the 'Notification'
- Select the preferred apps.
- · Give required permissions.
- Click on the on/off switch to switch the notifications on/off.

Safety Precautions:

Please do not remove, replace, or bore the battery of the smartwatch.

Maintenance:

 Regularly clean your wrist and the strap of the smartwatch, especially after sweating or being exposed to substances such as soap or detergent, which may get stuck to the product.

Disposal And Recycling:

- Please note that it is the consumer's responsibility to dispose/ recycle the Smart Bracelet and its accompanying components appropriately.
- Do not dispose of Smart Bracelet with common household waste.
 The Smart Bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.
- For further information, please contact your local electronic equipment waste.
- Management authority or the retailer where you bought the product.

Smartwatch Specifications:

- Model Name MSMART 11.0
- Bluetooth Pairing Name MSmart 11.0
- Screen Size 1.96" HD Display
- Security Password Protection
- Bluetooth Version V5.2
- IP Rating IP67 Waterproof
- Speaker: 1W

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