



Any work with scissors should be carried out by an adult or under adult supervision.



Dress Lottie paper dolls in football kits inspired by the 32 teams taking part in the World Cup 2014 .  
Be active and sporty – just like Lottie – and get practical coaching tips too!  
Developing football skills is not only a great way to get fit and healthy, but it also helps girls build confidence to reach their potential.  
**Goal!**



## WORLD CUP 2014 PAPER DOLLS PRINTABLES

Lottie's team look ready to play  
at World Cup 2014!  
Who will score the winning goal?

### YOU WILL NEED

- ✦ 220- 240gsm card
- ✦ Scissors
- ✦ Craft glue/glue stick

### INSTRUCTIONS



1) Print out the illustrated pages showing the different Lottie dolls and the football kits onto good quality card.



2) With the help of an adult use safety scissors to carefully cut out the shapes of Lottie and the football kits.



3) Place the clothing cut-outs over Lottie and then fold the tabs behind her to keep them in place.

4) Change the football kit before each game. Good luck!

**BE BOLD, BE BRAVE, BE YOU**



# Lottie™



Dress Lottie paper dolls in football kits inspired by the 32 teams taking part in the World Cup 2014 .  
Be active and sporty - just like Lottie - and get practical coaching tips too!  
Developing football skills is not only a great way to get fit and healthy, but it also helps girls build confidence to reach their potential.

Goal!

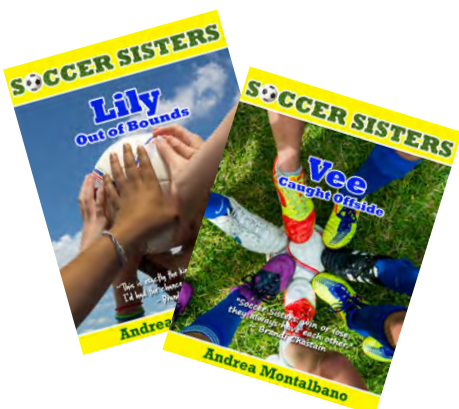
## WORLD CUP 2014 COACHING TIPS

Andrea Montalbano is an author, journalist, mother and coach. She grew up on a soccer field in Miami. She continued to play through college, acting as captain for her Harvard University soccer team and eventually being inducted into the Harvard Varsity Club Hall of Fame.

After college, Andrea pursued a career in journalism, attending Columbia University's Graduate School of Journalism. She was an English anchor at Vatican Radio, and then worked as a writer and Supervising Producer for NBC News and NBC's TODAY program.

Now, the mother of two young players, Andrea is coaching, writing and bringing all her loves together in Soccer Sisters, the follow up series to Breakaway (2010). Andrea lives outside New York City with her husband Diron, and two children.

[www.soccersisters.com](http://www.soccersisters.com)



<http://amzn.to/1nyPawv>



<http://amzn.to/1q8800t>



# COACHING TIPS

- 1 Play with the ball**

You don't need a team to play! Just find some space and a ball and practice touches on the ball. Kick it against a wall and try to use both feet. Or, just dribble around toys or cones. The best players in the world work on foot skills all the time and so can you!
- 2 Ask someone to play with you**

I started playing soccer with my big brother. Get your friends and family out on the pitch, in the park, or any safe space. You might be surprised to see how good they are!
- 3 Be a team player**

Some kids think they need to dribble all the way to the goal. Remember that soccer is a team sport, and you need to work together. Don't try and do it all yourself.
- 4 Support your teammates**

It's important for you and your teammates to support one another. If your teammate makes a mistake, you have to help her feel better. Give her a pat on the back and tell her it's okay.
- 5 Listen to your coach**

Coaches know all the rules and are there to help you get better. Don't get upset if they correct you. Try to listen and understand what they are trying to teach you.
- 6 Know your shapes!**

Passing in soccer is a game of triangles. If your teammate has the ball, give her space and try to create triangles and find an open space. If you are too close, she won't be able to give you the ball.
- 7 Stay healthy**

Soccer is great exercise and uses all parts of your body. Remember to eat foods that give you energy (no junk!) and drink lots of water to keep your body moving!
- 8 Watch the World Cup!**

Watching how the best players in the world move on the field and work together will help you learn.
- 9 Be a good sport**

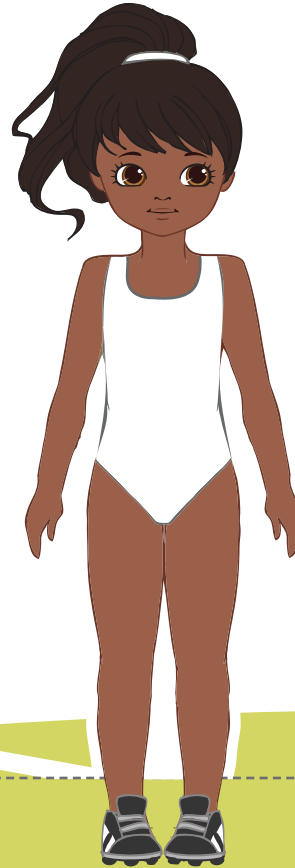
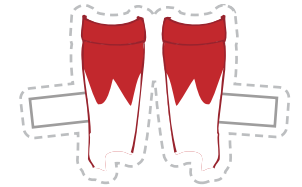
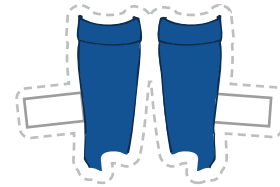
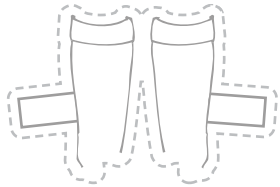
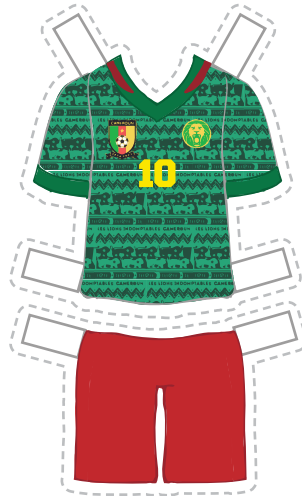
You can learn a lot of lessons playing soccer. Being a good winner, and a good loser is one of the most important parts of the game.
- 10 Have fun!**

Soccer is the world's most loved game. Why? Because it's brilliant! Not only do you need to use your body, but you also have to use your brain. If you keep it fun, you will find a wonderful sport for life.



# WORLD CUP 2014

Group A Home Kit



 **BRASIL**  
BRAZIL

 **CAMEROUN**  
CAMEROON

 **HRVATSKA**  
CROATIA

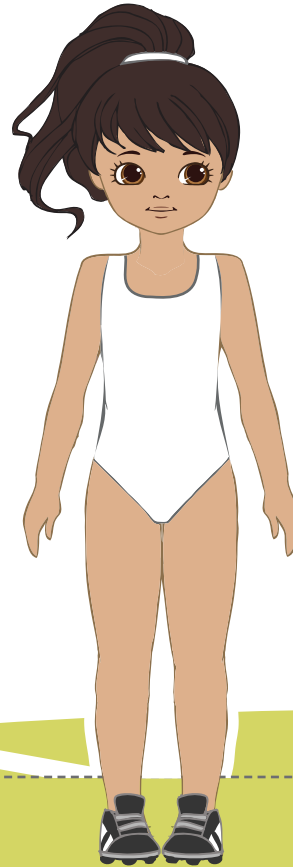
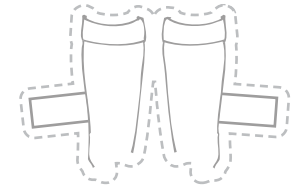
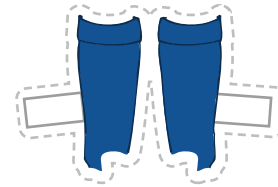
 **MÉXICO**  
MEXICO





# WORLD CUP 2014

Group B Home Kit



 **ESPAÑA**  
SPAIN

 **NEDERLAND**  
NETHERLANDS

 **CHILE**  
CHILE

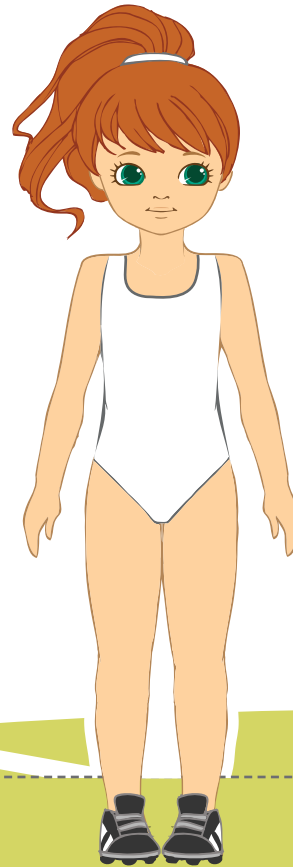
 **AUSTRALIA**  
AUSTRALIA





# WORLD CUP 2014

Group C Home Kit



 **COLOMBIA**  
COLOMBIA

 **HELLAS**  
GREECE

 **CÔTE D'IVOIRE**  
CÔTE D'IVOIRE

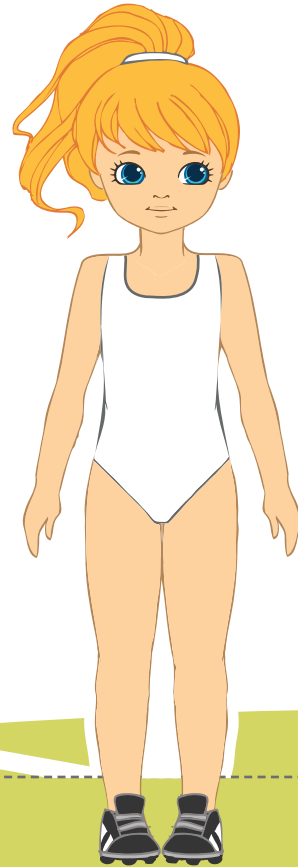
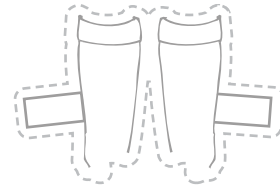
 **JAPAN**  
JAPAN





# WORLD CUP 2014

Group D Home Kit



 **URUGUAY**  
URUGUAY

 **COSTA RICA**  
COSTA RICA

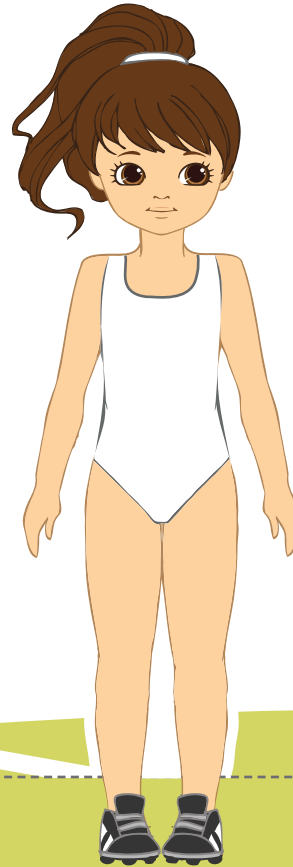
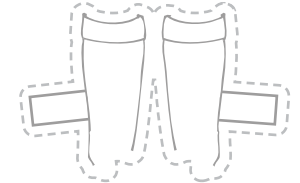
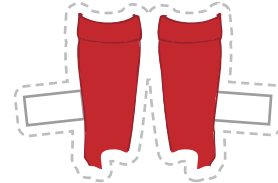
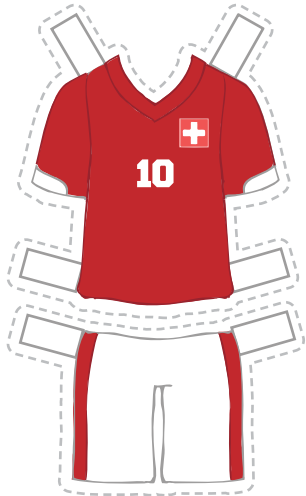
 **ENGLAND**  
ENGLAND

 **ITALIA**  
ITALY



# WORLD CUP 2014

Group E Home Kit



 **SWITZERLAND**  
SWITZERLAND

 **ECUADOR**  
ECUADOR

 **FRANCE**  
FRANCE

 **HONDURAS**  
HONDURAS

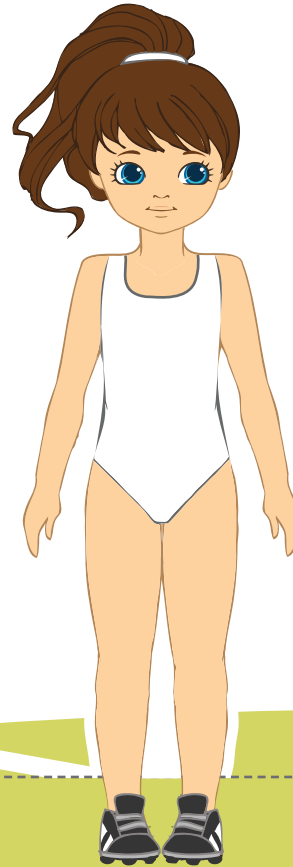
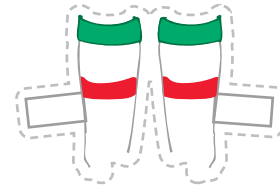
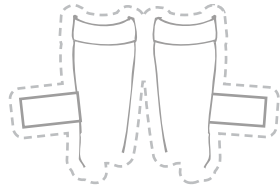
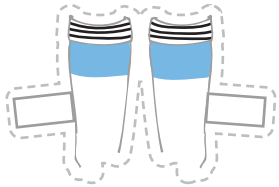






# WORLD CUP 2014

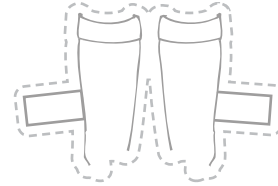
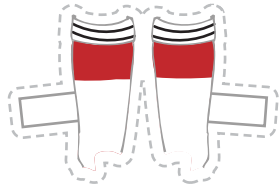
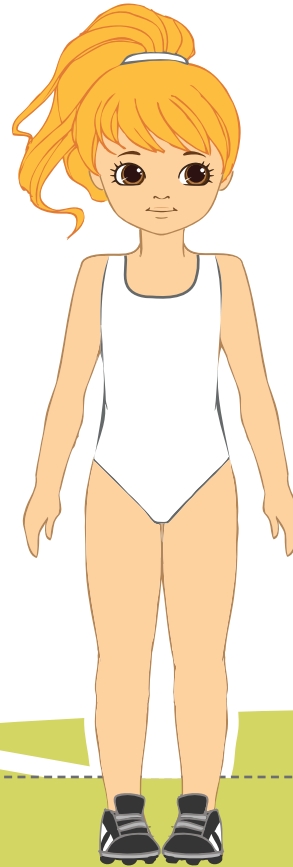
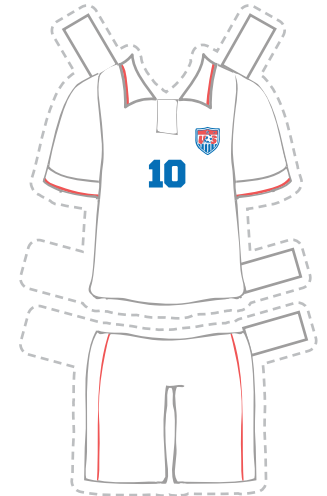
Group F Home Kit





# WORLD CUP 2014

Group G Home Kit

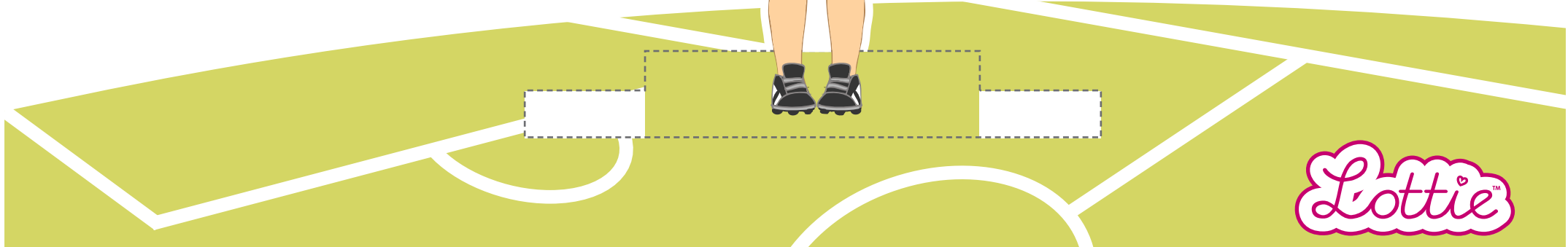


 **DEUTSCHLAND**  
GERMANY

 **PORTUGAL**  
PORTUGAL

 **GHANA**  
GHANA

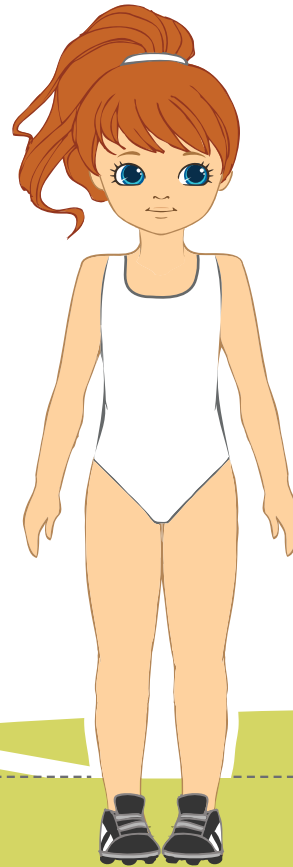
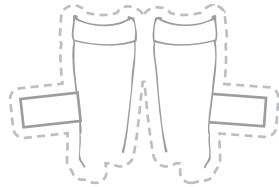
 **USA**  
USA





# WORLD CUP 2014

Group H Home Kit



 **BELGIQUE/BELGIË**  
BELGIUM

 **ALGÉRIE**  
ALGERIA

 **RUSSIA**  
RUSSIA

 **KOREA REPUBLIC**  
KOREA REPUBLIC

