

SLEEPY HOT CHOCOLATE

NUTRITIONAL INFORMATION

SERVING SIZE: 8G	AVERAGE QUANTITY PER SERVE	AVERAGE QUANTITY PER 100G POWDER
Energy	57.3kj	716kj
Calories	13.7 cal	171 cal
Protein (Dry Base)	1.7g	21.6g
Fat - Total	1.6g	19.6g
- Saturated	1.1g	13.3g
Carbohydrates - Total	1g	12.5g
- Sugars	0.4g	4.5g
Sodium	6.2mg	78mg

FIND FORM.

SLEEPY HOT CHOCOLATE

ACTIVE INGREDIENTS

SERVING SIZE: 8G	AVERAGE QUANTITY PER SERVE	AVERAGE QUANTITY PER 100G POWDER
Ashwagandha	600mg	7500mg
Chamomile	500mg	6255mg
Ziziphus jujuba	500mg	6255mg
L-Glycine	500mg	6255mg
L-Tryptophan	100mg	1250mg
Magnesium Aspartate	100mg	1250mg
Vitamin B6 (as pyridoxine hydrochloride)	20mg	250mg
Zinc Methionine	10mg	125mg

FIND FORM.