SERVES: 2 LITTLE ONES AND 2 ADULTS

WHAT YOU'LL NEED

200ml no-salt vegetable stock 200g passata 1 onion, diced 1 celery stick, diced 1 leek, finely diced 1 courgette, half moons 1 carrot, finely diced 1 garlic clove, crushed 1 tbsp tomato paste Olive oil 1 can of butter beans Parmesan Fresh parsley to serve



METHOD

Chop up all the vegetables and add to a pan with a dash of olive oil. Sautée until soft for about 8 - 10 minutes. Add all the wet ingredients and the beans and simmer gently for 30 minutes.

Serve with grated cheese and fresh parsley.

You can blend or mash this for a super yummy smooth soup for even smaller little ones.



TOP TIP

This is a really good one for the freezer, so make a batch and freeze the leftovers. It's also a great recipe for the slow cooker, so pop everything in and walk away.