SERVES: 2 LITTLE ONES AND 2 ADULTS



WHAT YOU'LL NEED

Stage 1 Babease Parsnip Carrot and Kale Pouch 150g flour (min), preferably wholegrain 200g carrots, grated

2 eggs

1 courgette, thinly sliced and quartered 1 tsp of dried parsley, fresh basil and dried oregano

1 celery stick, finely chopped
1/2 onion, diced

A small handful of cheddar cheese A handful of fresh spinach, chopped

METHOD

Mix everything together in a bowl. Then line a small loaf tin and pour the mixture in. Bake in a preheated 180° oven for 45 - 50 minutes. Leave to cool in the tin, then slice and serve with a delicious homemade hummus.

This is delicious served with homemade hummus. Don't worry; we have a recipe for that, too. Keep an eye on our Tiktok for a hummus how-to coming soon!