

4 Valentine's Day Sensory Play Activities

True love cookies



Grab some playdough, a heart shaped cutter and some loose parts. Once the cookies are made, role play cafes.

Frozen flowers



Place a flower in each section of an ice cube tray, cover with water and freeze. Rescue them with salt and warm water.

Red gloop



Get messy! Mix 2 parts cornflour to 1 part water. Add a splash of red paint, some glitter and explore the consistency.

Heart symmetry



Cut out a paper heart. Paint on one side, fold it in half and open to reveal the symmetry.