

ARMoana



Inflatable Paddle Board User Guide



Being out on the water is awesome and we all have our different reasons. Be it pure fun or general exercise, relaxation, racing, fishing, socializing, surfing, yoga or a combination of many of those, we have to remember that being out on the water does have risks. It is important you know your limits, or if you are trying to push yourself, make sure you are with people who can assist if need be. If you are in the surf, please be mindful of others and use SURF Etiquette. Understand local weather and tidal information and other hazards and always follow local and national Maritime rules. For more information on how to stay safe on the water, then check out SUP Safe link to the right.

LIVE LOVE PADDLE



[Click Here for more detail](#)



If you haven't already had it out in the lounge or your bedroom, unpack your board and equipment on flat clean ground! Check all the bits are there and roll your board out flat, fins down!



To begin pumping up your board, firstly remove the dust cover (top) and check that the valve pin is in the UP position! (bottom). To do this, depress the spring lightly and turn to the left or right. It will either spring up into position, or return to where it was, but it definitely pays to check!



Check that you have your pump in 2- way mode. For the Yellow GRI pump (left), insert the flow valve at the top of the cylinder. The Red Bravo pump (right) requires you to turn the switch to the right. This means that you will move air on the upward AND the downward stroke. Its like doing half the Mahi and still getting all the treats.

Woop Woop!





Once you have connected the hose to the 2- way pump (left). Insert the pump connecter into the board valve and turn 90 to the right. This should create a seal and lock the hose into place. You are now hands free.*



Place at least one foot on the stomp pads at the base of the pump and lift the handle. If its your first time pumping, this might have a little resistance, this is because you are now starting to move air. Try using your bodyweight to move the pump up and down. You will find this easier on your arms for sure. You might need them later, ay? It will take several minutes to get to pressure, so no hurry. Use this time to warm up a little and reflect on the awesome purchase you have made! Its almost impossible to over inflate using a hand pump, but don't get tempted to use a compressor!



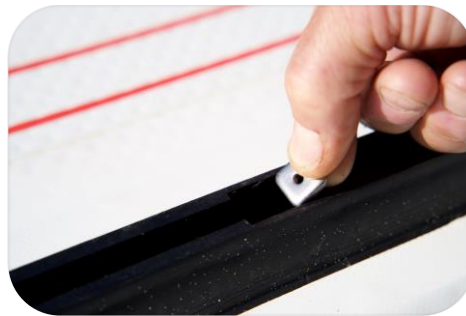
The pressure gauge at the top of the pump may not register a pressure until the board feels quite firm. Keep going it will soon. If it gets too hard to pump (around 11-12 psi), simply revert to one-way air flow, by either taking out the flow valve or flicking the lever back to the left. Air Moana boards are recommended to be inflated to between 15 and 18 PSI.



FINS.

If your board comes with 3 Flexi Fins, then you are already set to go. Sometimes the Flexi Fins can be bent over after being packed in a box or bag for a long period of time. This is normal, they are designed to bend and buckle but not break. They will reform back to the original shape after a little while, and are unlikely to affect performance. Follow these easy steps to attach the centre fin to your new board.

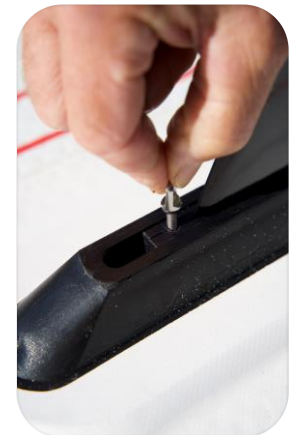
SLIDER FIN – line up the large centre fin with the curve towards the back of the board. Slide it all the way home so it lines up with the pin slot and the grooves in the fin box. Attach the locking slide pin and away you go



Some of our inflatable boards come with a rigid plastic or fiberglass centre fin and a US Slider Fin Box. You should also have a square nut and a driverless screw.

Separate the Nut and the Screw. Put the square nut into the fin box, there is a square opening at the centre. Slide the nut forward in preparation for the fin. (above)

There is a short grab pin through the heel of the fin. Place that into the same square opening you put the Square nut into (above left), and slide it towards the back of the board (above right). Line up the hole in the fin with the square nut, and use the driverless screw to tighten your fin into place. (right)



LEASH

Standard issue with your board purchase will be a 10ft long (at full stretch) coiled leash. This type of leash is best for flat water paddling. It will work in the surf, but gets all twisted and can have a mean recoil, so take care!



One of the most important pieces of safety equipment in stand up paddle boarding is the leash. It is important to ensure that it is connected properly at the tail end of the board at the D RING. The other end is worn around your ankle or just below the knee.



YOUR PADDLE

Your Air Moana Package will come with an adjustable paddle. Before you use it for the first time, in particular, it is important that you check all the screws around the adjusters. Put the paddle together, close the clasps, and lightly tighten if required (do not over tighten) This will help prevent premature deployment of one of the components, not cool!!



Put your paddle together by opening up the adjuster. Insert the blade section and close the adjuster. Open up the adjuster at the handle end, rotate the handle to line up the handle and the blade along the length of the paddle, ensuring that the angle is facing away from you. Use the height guide to set the required length, close the adjuster to lock it place, grab your board and get on the water!!

CARE and MAINTENANCE

The environment we love to paddle in is conspiring against us. Salt water, UV rays, sand and rocks are all very abrasive. It is recommended that your board is rinsed with fresh water after every use.

Check your board often for damage, and take care when paddling in the shallows with the long centre fin in place.

STORAGE

There are several options for board storage based on the amount of storage space you have to work with.

Ideal scenario is that the board is stored inflated at roughly half pressure (7-9 PSI) in a cool place that does not have exposure to large temperature changes or direct sunlight. The boards are least susceptible to damage when the air pressure inside of the chamber is greater than the air pressure on the outside of the board. If you don't have the luxury of enough space to store the board inflated, the next ideal scenario is to deflate the board and store it loosely rolled with the valve pin up and cap on.

By "loosely rolled" I mean that there is enough space in between each layer of the board roll that you can fit your arm in between. This will make sure that you aren't over-flexing/creasing the sidewall material and possibly creating weak points in the seams. The boards are very susceptible to damage when deflated. Dragging, even the slightest bit on semi-abrasive surfaces like concrete or asphalt, can cause major damage to sidewalls where the material is folded. This isn't an issue when the board is inflated. The reason you want to make sure that your valve is sealed is because that is the only opportunity for water (humidity) to make its way into the inner chamber is when the board is deflated. If storing in an area that can reach below freezing temperatures, this can be a problem due to the expansion of water when it freezes.

Many people store their board tightly rolled in the bag – we recommend against this. While the bag can protect it from wear and tear damage during storage, you're setting yourself up for potential seam blowouts or sidewall damage down the road. Generally, you don't want to have your board rolled tight enough to fit in the bag unless you are traveling with it.

