



for healing the body naturally!

Stress & Anxiety™ patch is a product that was developed as a complementary therapy program that is accepted by Doctors and Practitioners as an aid to support the body while under stress and anxiety.

Made in the U.S.A.



Acute stress is adaptive. It helps us make beneficial decisions. The biochemical hallmark of acute stress is the release of epinephrine (adrenaline) from the adrenal glands, which sit atop the kidneys. But if every day experiences of stress start to aggregate and snowball, they can lead to chronic stress. High levels of circulating epinephrine over the long term, coupled with the release of the stress hormone cortisol, can cause or exacerbate severe health problems, like heart disease, obesity, and suppression of the immune system.

Proper Placement

Place the Stress & Anxiety patch on the left side of the body accepts energy far better than the right side. Please follow directions that are stated below for best results.

The **Stress and Anxiety** patch is designed to reduce the everyday stress and anxiety. Everyone experiences stress and anxiety at one time or another. The difference between them is that stress is a response to a threat in a situation. Anxiety is a reaction to the stress. Whether in good times or bad, most people say that stress interferes at least moderately with their lives.

Chronic stress can affect your health, causing symptoms from headaches, high blood pressure, and chest pain to heart palpitations, skin rashes, and loss of sleep. Most people feel anxious or depressed at times. Losing a loved one, getting fired from a job, going through a divorce, and other difficult situations can lead a person to feel sad, lonely, scared, nervous, or anxious. These feelings are normal reactions to life's stressors.

But some people experience these feelings daily or nearly daily for no apparent reason, making it difficult to carry on with normal, everyday functioning. These people may have an anxiety disorder, depression, or both.

It is not uncommon for someone with an anxiety disorder to also suffer from depression or vice versa. Nearly one-half of those diagnosed with depression are also diagnosed with an anxiety disorder. The good news is that these disorders are both treatable, separately and together by using the Stress and Anxiety patch.

Use Stress & Anxiety when experiencing: **stress, anxiety, muscle tension, physical fatigue symptoms and lack of coping skills on a daily basis.**

Stress & Anxiety™

Instructions: Stress & Anxiety patch is to be applied to your body, (left shoulder) to handle stress, anxiety and depression. Made to last for 3 days, then discard. Apply another patch and wear it for additional 3 days to reduce stress, anxiety and depression.

Repeat this procedure for 30 days or until your internal turmoil has decreased.

If needed, continue with procedure for an additional 30 days.