Skincare Routine for Oily Skin



Cleanse

Use a gentle cleanser specifically formulated for oily skin types. This will help to remove excess sebum and impurities from the skin without stripping it of its natural oils.

Tone

Use a toner to balance the skin's pH level and remove any remaining impurities. Toners for oily skin should be alcohol-free to avoid over-drying the skin, but still have active ingredients like witch hazel or salicylic acid that can help reduce oiliness.



Exfoliate

Exfoliation is important for all skin types, but especially for oily skin as it helps to unclog pores and remove dead skin cells that can lead to breakouts.





Opt for an light moisturizer or face oil that are non-comedogenic, serum with hyaluronic acid or aloe vera to help keep the skin hydrated.



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Lastly, make sure to apply sunscreen every day to protect your skin from UV damage and premature aging. Choose a sunscreen with SPF 30 or higher.