

Holiday Skincare Survival Tips



As we anticipate our travels, we often intensify our beauty regimen to ensure we look our best under the sun.

However, once we arrive at our destination, it's easy to get sidetracked and forgo our diligent routines, undoing all the progress we've made prior to setting off.

#1 Wear SPF

Keeping travel-sized sunscreens in your handbag, beach bag, car, and anywhere else you might need them. That way, you'll always have protection at your fingertips and be able to enjoy the sun safely.



#2 Hydrate



Prolonged exposure to the sun can lead to some serious dehydration - especially when it comes to your skin. Don't forget to keep the H2O flowing throughout the day, perhaps starting with a nice tall glass of water in between sips of your favorite cocktail.

#3 Wash off

Sea water and pool water are harsh on our skin. A quick rinse-off before settling into your beach chair and reapplying sunscreen can do wonders for your complexion.



#4 Moisturise

Pack a moisturizer containing antioxidants such as vitamin E and C to nourish your skin throughout the trip; for extra hydration as needed during extended periods of travel, look for products containing hyaluronic acid.



#5 Cleanse

Cleanse and remove makeup before bed - as a professional skincare tip, consider carrying disposable wipes with you to effortlessly remove any lingering makeup, excess sebum oil, dirt, and dust from your face.

