



SkinPen Preparation Checklist

In order to prepare for your treatment, please read through the below checklist to ensure the best outcome from your procedure. Please sign to acknowledge you have read and understood this form.

If your face or treatment area has irritated skin (sunburn, open wounds, sores) the day preceding your appointment, please contact our office before your appointment.

If you are prone to herpes simplex outbreaks, such as cold sores, consult your provider on ways to treat prior or whether the procedure is appropriate for you.

This procedure may not be performed on active breakouts or open lesions. Please consult your provider prior to your SkinPen procedure to address any issues.

If you have recently used spray or self-tanning lotions on treatment areas before your SkinPen procedure, discuss with your provider.

Avoid sun exposure for 24 hours prior to the procedure.

5 days prior to treatment discontinue the use of topical products containing Alpha Hydroxy Acids (AHAs), Beta Hydroxy Acid (BHA's), Retinol (Vitamin A), Vitamin C (L-Ascorbic Acid), or topical scrubs.

If you are on autoimmune therapy, ask your provider if the procedure is appropriate for you.

Please text our emergency number with any issues: 907-491-0894.

BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ AND I UNDERSTAND THE ABOVE INFORMATION.

PRINT PATIENT NAME

PATIENT SIGNATURE OR
GUARDIAN OF PATIENT

DATE