L-NutraHealth

DIABETES REMISSION IS NOW WITHIN REACH

L-Nutra Health for Diabetes is a **whole new category of cutting edge nutri-technology** intervention that unlocks the body's own rejuvenation system to reduce medications and bring diabetes remission within reach.

ALLOPATHIC MEDICINE

TREATMENT GOAL Lower Blood Sugar

TREATMENT PLAN Clinically-proven biotech drugs (Sulfonylureas GLP-1, SGLT2, Insulin)

L-NutraHealth

ENABLE DIABETES REMISSION

Clinically-proven nutri-technology activates cellular rejuvenation and metabolic restoration

Personalized support system motivates behavior change

LIFESTYLE MEDICINE

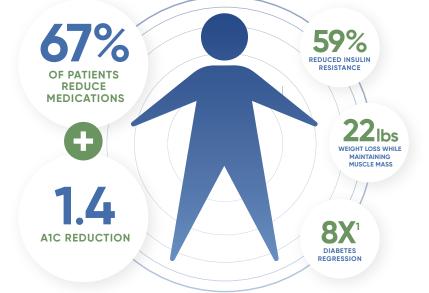
TREATMENT GOAL Behavior Modification

TREATMENT PLAN Evidence-based lifestyle support programs (nutrition, exercise)

CLINICAL RESULTS

L-Nutra Health for Diabetes systemically targets multiple organ systems to **rejuvenate the cells** that are involved in the pathophysiology of Type 2 Diabetes.

Sulaj et al., Journal of Endocrinology & Metabolism, 2022 ¹Data on file.



PERSONALIZED SOLUTION MOTIVATES BEHAVIORAL CHANGE TO DRIVE DISEASE MODIFICATION

Cellular rejuvenation and metabolic restoration is centered around a **monthly 5-day regimen** of scientifically formulated, plant based FMD Nutrition and a robust support system that keeps **focus and motivation** for the new end goal - remission of diabetes.



A unique FMD formulation scientifically developed specifically for people with Type 2 Diabetes



The **principles of** Longevity Nutrition for long-term behavior change



L-Nutra Health Registered Dietitian Coaches for constant caring support



Mobile-friendly patient portal and smart scale for daily motivation



HCP Visits include lab monitoring and medication management

	ACTIVE PHASE (MONTHS 1-6)						MAINTENANCE PHASE (MONTHS 7-12)					
	1	2	3	4	5	6	7	8	9	10	11	12
FMD Nutrition (5 days/month)	٠	•	٠	•	٠	٠			٠			•
Longevity Nutrition (25 days/month)	~	~	~	~	~	~	~	~	~	~	~	~
Registered Dietitian Coach	~	~	~	~	~	~	~	~	~	~	~	~
Digital Health Tools	~	~	~	~	~	~	~	~	~	~	~	~
Healthcare Provider (HCP) Visit	~			~			~			~		

L-NUTRA HEALTH WAS FOUNDED BASED ON THE DISCOVERIES MADE BY PROFESSOR LONGO

Dr. Longo is a Professor and the Director of the Longevity Institute at the University of Southern California, and his pioneering research bridged important pathways now widely recognized to regulate aging and age-related chronic diseases.



30 years of research development in 18 universities around the world



\$48M in research

grants including

funding from

the NIH

Validation by the 2016 Nobel Prize for the discovery of autophagy

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