



RESCUE TRAINING FOR LIFEGUARDS - WHICH MANIKIN IS BEST?



PLASTIC HALF TORSO MANIKINS

- Not realistic! No Arms or legs - not representative of a human casualty.
- They are rigid and don't feel like a body.
- Need to switch to a 'volunteer' casualty for towing and extrication from the pool - creating a disjointed and unrealistic rescue.
- Bright orange! Not many human beings are so conspicuous at the bottom of the pool!

Conclusions

Although great for Lifeguarding Sport, they are not a good tool for rescue training. They are unrealistic in terms of weight and anatomic proportions and don't allow for a complete, linear rescue scenario which reflects a genuine emergency.



RUTH LEE POOL RESCUE MANIKINS

- Pool Rescue manikins offer a complete human form for more realistic rescue training.
- Pool Rescue manikins simulate an unconscious casualty – they won't 'help' like a volunteer would and provide a 'dead weight' for training. This gives lifeguards more confidence, knowing what it is like to move a passive body.
- Borderline buoyancy means they will sink to the bottom of the pool, yet retain enough buoyancy to float when towed with sufficient skill. They expose any weaknesses!
- Suitable for training with a variety of rescue boards.
- Made from strong materials which are durable and long-lasting when cared for correctly.
- Available in Adult and Junior sizes to give a wider breadth of experience.

Conclusions

The Ruth Lee Pool Rescue Manikin is transforming lifeguard training around the world, letting trainers set up complete rescues which are challenging and realistic. No need to switch between different equipment and volunteers part way through a rescue.

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