

## April Showers

...in this case, bring Rifle flowers. You're going to wish for a day of rain so that you can use one of our new Rifle umbrellas. Sized for shopping totes, briefcases and suitcases, they have wooden handles, patterned sleeves, and open up to reveal a pretty Rifle pattern that'll have you singin' in the rain just like Gene Kelly.



Day, or Memorial Day at home this year, but you don't want to be tied down in the kitchen, let us help.

Pick up a copy of the *Joy of NOT Cooking*, choose your menu and give us a call!

If we do the cooking for you, you'll be able to celebrate along with your guests. Go for the Joy!

## Know What's Coming?

In North Carolina, summer unofficially starts Memorial Day weekend. Pools open for the season and cars pack 70 and 40 East on Friday afternoons.

Get ready with a colorful Bogg Bag filled with a Spartina beach towel, a summer hat, sunglasses, sunscreen, a coverup, snacks, a new water bottle, and a good read. Shop soon. Summer will be here before you know it.

## Custom Tea Towels

Spoonflower is a local phenomenon. This Durham e-commerce startup, which sells custom fabric and operates a marketplace for designers, was recently sold to Shutterfly for \$225 million.

Artists from around the world submit their designs. They're paid when a Spoonflower customer chooses to print their design on custom fabric or

wall paper. Spoonflower does the printing and ships to the customer.

NOFO and Spoonflower have worked together to make their designer fabric into dishtowels, and we are happy to have 12 designs. We think you'll find them phenomenal.

## Hometown Bucket List

*100 Things To Do In Raleigh Before You Die* is a brand new book by Raleigh author Alli Hurley. It's about the most inviting attractions in the City of Oaks and the hidden treasures that not everyone knows about.

Alli grew up in Raleigh so you can count on her insider tips and advice



on where to go. We appreciate her including NOFO in her book. She'll be here on June 4 for a book signing but you can pick up a copy now and begin checking things off your list.

## Lighten Up

Back before air conditioning, folks took down the draperies, covered the upholstered furniture with white slipcovers, replaced heavy bed covers with linen or chenille bedspreads, took up the rugs, and threw open the windows to welcome

## Ma Bell

Used to be, we only had land lines and Southern Bell as a phone company, and Mother's Day was their busiest day of the year. You would hear "all circuits are currently busy" over and over again when trying to reach your mom by phone.

If you want to reach out to your mother with more than a phone call, we can help. Choose a pretty gown, blouse, tote, hat, scarf or a special piece of jewelry. Make a food basket full of her favorite products. Select a candle, fine soaps and lotions, or put together a box of chocolates.

We'll ship it for you or deliver it locally. Treat your mom like the belle she is.

## What a Joy!

If you're thinking you might celebrate Mother's Day, Father's

the breeze inside.

Even though there's little need to completely change your surroundings, there's an urge to lighten up for the spring and summer ahead. Switch your home fragrance to a lighter scent. Change your table linens to neutrals or pastels, and use straw placemats. Add rattan-clad pitchers and glassware, some tropical plants and vases of flowers to create a lighter, more casual feel.

### Here's the Deal

Opening a new deck of cards is like opening a new textbook at the beginning of a new school year. You can't wait to flip through it and discover what you will find inside.

Our new card decks won't disappoint. Each deck is graphically beautiful and far more interesting than your typical Bicycle deck.



Bring back age-old and much love games like Canasta, Hearts and Gin Rummy.

Invite folks over, set up a card table, open a new deck of cards, stock up on snacks and drinks. Deal the first hand and enjoy each other.

### Lucky Socks

NOFO has lots of socks for sale but only one box of lucky socks. The box contains three pair of combed cotton socks, each featuring a different lucky icon from around the world. Slip on a pair for extra confidence at interviews, on blind dates, at big games, or when taking

exams. Good fortune and success await the wearer.

Great gift for graduation and Father's Day.

### Cookies Anytime

America's favorite cookie is chocolate chip, and Raleigh's best loved cookie is the sea salt chocolate chip cookie from Southern Sugar Bakery.

Angie Tucker and Christin Snyder specialize in beautifully decorated sugar cookies at their bakery, but during Covid their customers kept saying they wished they could have a Southern Sugar chocolate chip cookie any time they craved one.

So, these energetic, creative girls set about to make the perfect cookie mix using the very best ingredients and no preservatives. Their customers are ecstatic.

Angie and Christin strongly believe in supporting local businesses and have partnered with NOFO to sell their cookie mix. Now, you can have 20 delicious sea salt chocolate chip cookies at home anytime you want.

### Hidden History

Thanks to Heather Leah and WRAL-TV for featuring NOFO in its "What's on Tap Hidden History" segment.

The article and video are full of photos of NOFO, and

they show how we used pieces of the old Piggly Wiggly in our store and cafe. Thank you, Heather, for noticing and for your work in preserving Raleigh's past.

### Movin' On

Graduation is bittersweet. It marks both an end and a beginning. One thing is for certain, the graduate is moving on to something else.

Mark this occasion with a gift from NOFO. We've jewelry, leather journals, key fobs, shaving sets, dopp kits, pearls and such.

Come in and see what moves you!

### Be My Guest

During Covid, we did not have much company, and therefore paid little attention to our guest bathrooms. Thank goodness this year is different.

Our friends at Low Country Linens have introduced a new series of guest towels this spring. Pretty enough for company and easy care for every day, they're made from white flour sack fabric and are finished with a ruffled hem.

The towels feature hand-blocked prints of southern flowers, birds, plants and sea life by owner/artist Mille Burke. Use them to refresh your powder room and invite folks over again.

*Fairy Hair!*  
mon may 9  
nofo cafe 2-5:30  
to book, call  
(919) 381-8781

Mother, May I...  
...take you to brunch?  
Treat your mom to brunch at NOFO!  
**SUNDAY MAY 8**  
-reservations are recommended-  
**919-821-1240**  
ask about flowers and candy for your table when you call.

## Howl Yeah!

If you're a fool about your dog, you won't be able to resist this dog-faced box with stand-up ears. It contains a frisbee, a high bouncing ball, and a floating ball for a rowdy afternoon play session.

For inside play, choose fun food toys from our Barking Bistro basket.

You'll find popcorn, french fries, burgers, bloody mary's and such.

Pick up a bag of edible treats from Bunches & Bunches and Southern Paws, or a jar of Durham's Big Spoon Wag Butter.

For a special treat, choose a decorated iced cookie from Bubba Rose. It'll have your pup barking, "Howl Yeah!"

## Odds Are

We could have bet against Connie Moreadith's family, who wagered that she could not sell her pimento cheese. After all, Connie is a professional statistician as well as an accomplished cook.

Connie, whose grandmother name is Coco, took the bet seriously, and named her pimento cheese company Coco's Gourmet Pimento Cheese.

She carefully developed 3 flavors: original, jalapeno, and buffalo and sells them at local food markets. We are so pleased Connie chose to place her product at NOFO. Odds are, you're going to love it.

## Life on Two Wheels

Most colleges do not allow freshmen to have cars on campus, so many students rely on bikes for transportation. Don't let your freshman leave home without one of our bicycle tool kits.

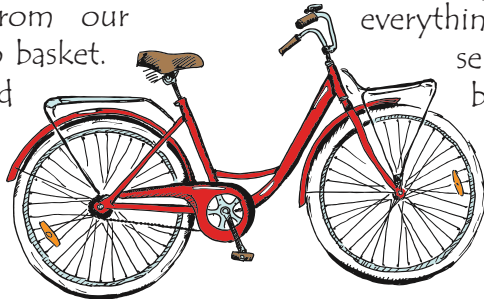
The large kit contains everything needed for a serious repair or a big breakdown. There's also a tin of tools to take along on every trip and a third take-along kit for repairing tire punctures. All three kits include detailed instructions.

There's no AAA for bikes and you won't be there, so send them off prepared for life on two wheels.

## Memorial Day

On Memorial Day, we remember the American soldiers who died fighting for democracy. This year, with Ukraine on our minds and in our hearts, the fight for democracy has special meaning.

Celebrate these brave men and women and welcome summer with decorations and a picnic supper from NOFO. You'll find red, white and blue stars, buckets, pinwheels, candles, placemats, napkins, sparklers and more for your table. Order food for your picnic from the Joy of NOT



Cooking menu and you're all set to celebrate.

## Remembering Raleigh

Author John Sharpe sat down with 20 Raleigh citizens to capture their personal recollections of life in our city during the mid-20th century.

You'll enjoy stories of Smedes York, Sherry Worth, Jim Goodman, Wade Smith, Frank Daniels, Virgil Hicks, Phillip Horowitz and more who watched Raleigh grow from a quiet state capital to a destination city. Pick up an autographed copy for your summer reading book pile.

## Teachers Talk

In May, we thank all the teachers and coaches who helped our children get through yet another school year. We are so grateful for all the kind words, encouragement, and time spent by these dedicated folks who make such a difference in our lives.

Teachers talk. They tell us that they love getting food, especially meals to enjoy as the school year winds down and they are their busiest.



NOFO does the best food baskets, and we'll be happy to help you put together a basket of goodies that'll be the talk of the town...or at least the teachers' lounge.



# the joy of *not* cooking

spring/summer  
**2022**

make entertaining easy...let NOFO do the cooking!

## SALADS

(serves 6-8)

### ORANGE PECAN SALAD

Mixed greens, oranges, red onion, candied pecans, goat cheese with ranch or balsamic vinaigrette

45.00 add grilled chicken 75.00

### GARDEN SALAD

Mixed greens with cucumber, red onion, carrots, grape tomatoes with ranch or balsamic vinaigrette

45.00 add grilled chicken 75.00

### BUTTERMILK FRIED CHICKEN SALAD

With smoked bacon, red onion, bell pepper, cucumber, tomato, egg, Ashe County cheddar. Herbed buttermilk or house made blue cheese dressing.

75.00

## APPETIZERS

(serves 4-6)

**Hot Pimento Cheese Dip** with fresh vegetables, crisp bacon and grilled bread 35.00

### Shrimp Cocktail with

Bloody Mary cocktail sauce 45.00

**Chicken Wings** with carrots, celery, ranch or blue cheese 19.00/doz

**Deviled Eggs** 1.00 each half

**Crab Dip** with fried pita & veggies 45.00

## EXTRAS

**Country Ham Rolls** 20.00/doz

**Whole Tomato Pie** 30.00

**Dinner Rolls** 8.00/doz

## DESSERTS

**Key Lime Pie** 35.00

**Banana Pudding** (serves 4-6) 25.00

**Brownies** 2.00 ea

**Homeland Creamery  
Vanilla and Chocolate Ice Cream**

9.00/pt | 15.00/half gallon

## ENTREES

### NORTH CAROLINA CHICKEN BBQ OR FRIED

(Breasts & thighs - 6 pieces) 30.00

### Pulled Pork BBQ

15.00/lb

### PORK TENDERLOIN

18.00/lb

### GRILLED SALMON FILETS

22.00/lb

### SHRIMP & GRITS

(feeds 4-6) 75.00

### BEEF TENDERLOIN

(avg. 4-5 lbs) 45.00/lb

### EDWARDS PETITE COUNTRY HAM

(Sliced in-house) 24.00/lb.

## SIDES

(Serves 4-6 people 17.00 each)

### \*Mac & Cheese

### Marinated Asparagus

### Potato Salad

### Creamy Cole Slaw

### \*Baked Beans

### Fruit Salad

### Sliced Watermelon (seasonal)

### Succotash Salad

### \*Collard Greens

### Broccoli Salad

\*Serve warm

CALL JEAN OR DAN  
TO ORDER:  
919-821-1240