

Virtual Reality Adaptation Program



COURSETA

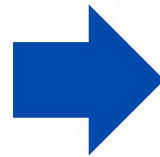
STEPS

ORIENTATION SESSION

1



First session
should be seated



Limit to 5 minutes

PRACTICE WALKING WITH TOGGLE

2



Walk

Encourage to walk slowly & turn head slowly
back and forth along with movement

⚠ Avoid moving fast & using objects during
first session

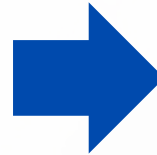
STEPS

SECOND SESSION

1



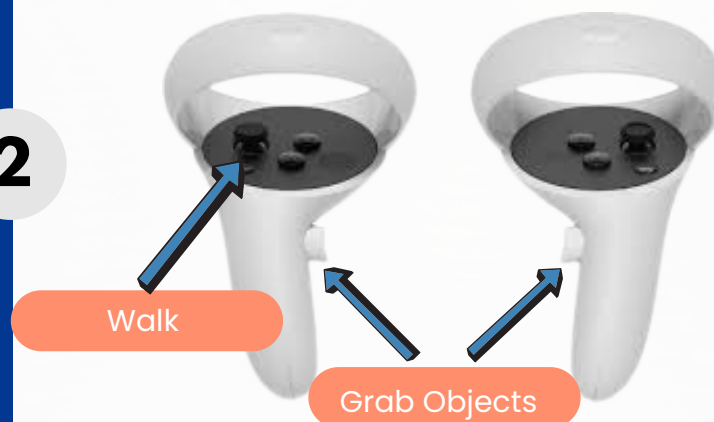
Second session
should be seated



Limit to 10 minutes

PRACTICE WALKING & GRABBING

2



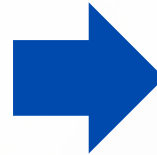
Encourage to walk slowly & turn head slowly
back and forth along with movement. Begin
interacting with objects.

 Avoid Standing during second session

STEPS

THIRD SESSION

1

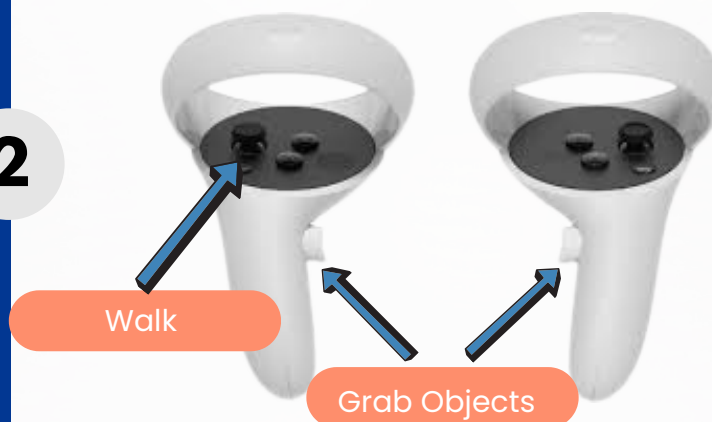


Stand for full movement experience. We recommend at least 3 foot distance from all objects.

Limit to 10 minutes

PRACTICE WALKING & GRABBING

2



Encourage to walk slowly & turn head slowly back and forth along with movement. Begin interacting with objects.

 Ensure safe distance between objects & student