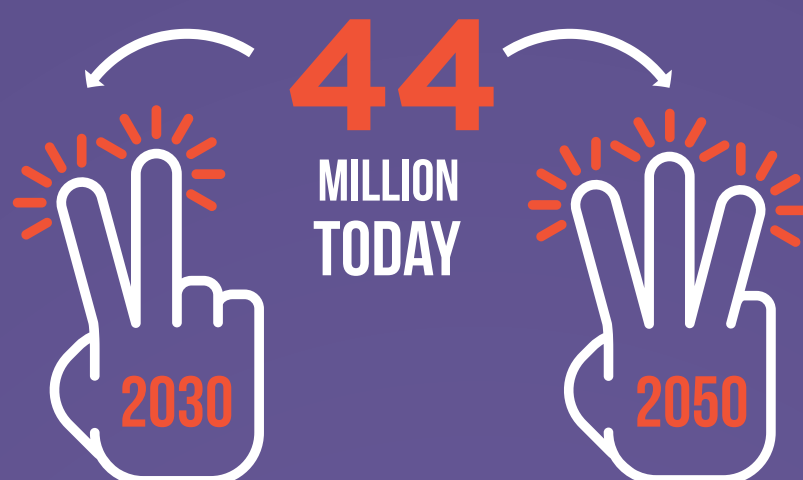


2016 Facts & Figures

ALZHEIMER'S
IS THE RESULT OF PLAQUES AND TANGLES
IN THE BRAIN



THE NUMBER OF PEOPLE
LIVING WITH DEMENTIA



WILL
DOUBLE BY

WILL
TRIPLE BY

MORE THAN
60%
OF ALZHEIMER'S AND
DEMENTIA CAREGIVERS
**ARE
WOMEN**



THE GLOBAL COST OF DEMENTIA
WAS ESTIMATED IN 2010 AT
US \$604 BILLION
AND THIS IS ONLY SET TO RISE

WHAT IS GOOD
FOR YOUR
HEART



IS GOOD
FOR YOUR
BRAIN

THE
**MEDITERRANEAN
DIET**



COULD REDUCE THE RISK OF
ALZHEIMER'S

BRAIN CHANGES
START TO DEVELOP
20-30 YEARS
BEFORE THE ONSET OF SYMPTOMS



WOMEN IN THEIR 60'S ARE
TWICE
AS LIKELY TO DEVELOP



ALZHEIMER'S
DISEASE THAN
**BREAST
CANCER**

SOMEONE IN THE U.S. DEVELOPS
ALZHEIMER'S
00:00:67
EVERY 67 SECONDS

DIABETES
IN LATE-LIFE



IS ASSOCIATED WITH AN
INCREASED RISK OF
DEMENTIA

94%
OF ALZHEIMER'S
CAREGIVERS
ARE HELPING
RELATIVES

INCREASED
PHYSICAL ACTIVITY
REDUCTION
IN LEVELS OF OBESITY



EDUCATION
HELPS TO PROTECT AGAINST
DEMENTIA
LATER IN LIFE



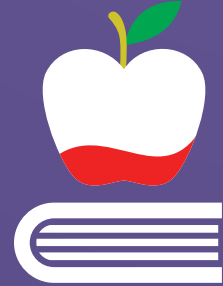
ONE OF THE
BIGGEST



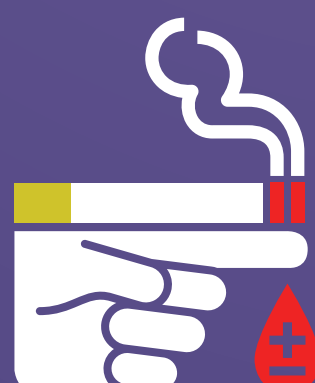
**GLOBAL
HEALTH
CHALLENGES**

ASSOCIATIONS WITH
DEMENTIA
ARE

LOW EDUCATION
IN EARLY LIFE



HYPERTENSION
IN MIDLIFE



**SMOKING AND
DIABETES ACROSS
THE LIFE COURSE**



GLOBAL COSTS FOR
DEMENTIA
ACCOUNT FOR
1%
OF THE WORLD'S GDP