



THE ELDER RUNES

ORACLE CARDS

F N T F R C X P H Y I R J C Y S T B M M T O M R

GUIDEBOOK



THO M PH M



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ORACLE CARDS

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Introduction

The Elder Runes Oracle Cards is a deck of 24 cards based on The Elder Futhark runes. The word rune comes from the old Norse word “rún,” which means secret, mystery, or whisper.

Runes are a set of letters that forms runic alphabets that emerged around the First Century and were used to write early Germanic languages. The oldest form of this runic alphabet is called the Elder Futhark. Its name comes from the sound of the first six runes: “F - U - Þ (th) - A - R - K”.

The 24 runes of the Elder futhark are originally divided into 3 parts called Aetts that contain each 8 runes.

Besides their use for language, runes were also carved as symbols of power used for magic and divination.

FIRST AETT

19. Beech-runes are there, birth-runes are
there,
And all the runes of ale. And the magic runes
of might;
Who knows them rightly and reads them true,
Has them himself to help;
Ever they aid, till the gods are gone.

From *Sigrdrífumál*, Stanza 19 Bellows (1936)

The First Aett is traditionally linked with the Vanir god Freyr, god of peace and prosperity. He is associated with good harvest. Freyr's Aett consists of the runes Fehu, Uruz, Thurisaz, Ansuz, Raidho, Kenaz, Gebo, and Wunjo.

“Wealth is a comfort to all; yet must everyone bestow it freely, if they wish to gain honour in the sight of the Lord.”
- Old English Rune Poem



FEHU

Wealth

Grateful, I flow with abundance

Key concepts : Flow, wealth, abundance, gratitude, luck, manifestation.

DESCRIPTION

Fehu means “cattle”. It is the rune-card of wealth, abundance and manifestation. It is represented with Audumla, the sacred cow. In the Nordic myth, by licking a block of ice, she freed and gave birth to Buri, the first man and grandfather of Odin and his brothers.

BASIC MEANING

Fehu advises you to make an inventory of all that you already gained and asks you to focus on a feeling of fullness, a feeling of fulfillment rather than lack.

In the area of relationships, this rune-card shows a relationship that is secured, dynamic, and fulfilling in all its aspects. It signifies growth and the opportunity to create a deeper bond with your partner.

This rune-card reminds you to practice gratefulness as a key to manifest your desires. When we are thankful and are shifting our focus towards what we already have, our mind comes naturally into a state that attracts more opportunities and abundance into our life.

Fehu reminds you that whenever grateful you flow with abundance.

“The aurochs is proud and has great horns;
it is a very savage beast and fights with its horns; a great
ranger of the moors, it is a creature of mettle.”
- Old English Rune Poem



URUZ

Auroch

Grounded, I am full of energy.

Key concepts : Strength, energy, earth, power, stamina, instinct, grounding.

DESCRIPTION

Uruz means “aurochs”. It is the ancestor of the modern cattle. It represents raw energy and strength. It is represented here as a spirit of the animal blazing as an energy-being firmly planted in the earthly landscape, ever ready for battle or to take on any challenges.

BASIC MEANING

Uruz represents the strength and energy needed to move past obstacles. It symbolizes being full of energy and the ability to face challenges with strength and courage.

Uruz represents being in harmony with your body through proper exercise, nutrition, and physical activity.

In the area of relationships, it represents an energetic and passionate relationship where the need to apply strength is sometimes necessary to find balance. It also symbolizes the courage to move past old issues to bring a stronger commitment to your relationship.

This card expresses your connection with the Earth by being grounded, strong and healthy. It reminds you that you are a citizen of the Earth, and can always call upon its power.

“The thorn is exceedingly sharp,
an evil thing for any thegn to touch,
uncommonly severe on all who sit among them.”
- Old English Rune Poem



THURISAZ

Thorns

Through contrasts, I bring my desire into focus.

Key concepts : Contrast, control, choice, focus, caution, force, desire.

DESCRIPTION

Thurisaz means “thorns” or “giants’ Represented by a giant “cosmic” rose in space, it symbolizes the energy of control and its relationship with your desires. It asks you to look at your relationship with your desires. Do you rule them or do they rule you?

BASIC MEANING

Thurisaz indicates the control required to tame strong conflicting emotions within a situation. It asks you not to rush into action out of emotional reaction and advises you to approach the situation with more distance. It asks you to proceed with caution, to check carefully your motivations or those of others.

It is also a rune of focus and protection, and advises you to set your priorities straight. In relationships, it can represent a magnetic attraction for another, but also the need to establish healthy boundaries. it points to the importance of keeping a clear direction with your partner.

This rune-card reminds you that it is through the contrast many experiences provide that you learn how to choose more carefully what your truly desire.

“The mouth is the source of all language,
a pillar of wisdom and a comfort to wise men,
a blessing and a joy to every knight.”

- Old English Rune Poem



ANSUZ

A god

Breathing, I deliver clear messages.

Key concepts : Communication, clarity, knowledge, message, breath, stability.

DESCRIPTION

Ansuz means “a god”. It is the rune of communication, insight, mental clarity, and order. It is the rune linked with the god Odin, the chieftain of the Norse gods. He the god of poetry and magic. Sitting on his throne with his ravens Huginn (thought) and Muninn (memory), and his loyal but fearsome wolves Geri and Freki, he overlooks the Nine worlds.

BASIC MEANING

Ansuz is about clear communication, the power of our words, and their influence. It advises you to be true to your word and to speak with integrity. It asks you to be wise in your use of words and to listen carefully to what others have to say to avoid any misunderstandings.

Ansuz is also linked with stability and security. The situation you inquire about is safe; you can proceed ahead with confidence. In a relationship reading, this card emphasizes honest and clear communication. It also relates to creating a stable foundation within a relationship that is based on similar principles.

Ansuz is linked with breathing awareness. It reminds us that practicing mindful breathing can provide us with clarity, energy, and balance. It tells you that through breathing awareness you will deliver clearer messages.

“Riding seems easy to every warrior while he is indoors and very courageous to him who traverses the high-roads on the back of a stout horse.” - Old English Rune Poem



RAIDHO

Ride

As I expand, I gain more willpower.

Key concepts : Momentum, will, travel, change, journey, growth, expansion.

DESCRIPTION

Raidho means “ride”. Raidho is the traveler’s rune and represents a journey to be taken physically or metaphorically within. It is also a symbol of will power to achieve one’s goal. It is represented here with the god Dagr (day) riding his horse Skinfaxi who lights up the sky and the earth with his mane.

BASIC MEANING

Raidho symbolizes a rite of passage that one needs to go through for personal growth. It signifies positive momentum that is achieved through applying the necessary will.

In a relationship reading, it expresses positive momentum and change. It advises you not to fear change but embrace it instead to grow and expand as a couple. It asks you to apply the necessary will to bring positive change to your current relationship status.

Finally, this rune-card encourages you to travel, visit new places, and meet new people. It advises you to get out of your comfort zone and to challenge yourself with new activities. It reminds you that as you “expand” you will “gain more willpower.”

“The torch is known to every living man by its pale, bright flame; it always burns where princes sit within.”
- Old English Rune Poem



KAUNA *Torch*

Key concepts : Vision, fire, creativity, action, guidance, manifestation, purpose.

DESCRIPTION

Kauna means “torch”; it is the rune of fire, passion, manifestation, energy, and creativity. It is represented by a torch that illuminates the cosmic sky and shines as its brightest star Sirius. In Nordic myth, the star was known as Lokabrenna or “Loki’s torch”.

BASIC MEANING

Kauna represents your ability to visualize and manifest the future you want to create. It represents being on “fire” with creative ideas. Your actions may inspire others.

It is a rune that encourages you to stand for what you believe in and to express your freedom of thought. It expresses your originality, your courage to live freely and creatively.

For relationships, Kauna is linked with passion. It also points to the importance of sharing a similar vision with one’s partner to keep growing and keep the flame burning.

With fire, I fulfill my vision.

Kauna encourages you to find your voice, be your own authority for you to create and manifest your reality. It reminds you that once you ignite that “fire” within you will set your vision in motion.

“Generosity brings credit and honour, which support one’s dignity; it furnishes help and subsistence to all broken men who are devoid of aught else.” - Old English Rune Poem



GEBO

Gift

Giving myself fully, I create magic.

Key concepts : Gift, exchange, generosity, ritual, magic, receiving, alchemy.

DESCRIPTION

Gebo means “gift”. It is the rune of generosity and exchange. It is represented by Brisingamen, the magical necklace of the beautiful goddess Freyja. Once stolen by Loki who transformed himself into a seal, it was returned by the god Heimdal that fought the mischievous god.

BASIC MEANING

Gebo refers to the joy when two parties are fulfilling their desires through an exchange. The exchange can be material, spiritual, emotional, physical, or energetic.

In a reading, Gebo means that you may receive something pleasant or useful that may urge you to give something back in return or motivate you for positive action.

In a relationship reading, it refers to having compatibility and equality in partnership. There are deep chemistry and energetic exchange between two people. It represents people coming together to create something new and magical.

Gebo is a rune-card of alchemy where things are transformed into something unexpected and magical. It reminds you when you give yourself fully to something you create magic

“Who uses it knows no pain,
sorrow nor anxiety, and he himself has
prosperity and bliss, and also enough
shelter.”

- Old English Rune Poem



WUNJO

Joy

Following my joy, I am blissful.

Key concepts : Joy, pleasure, celebration, happiness, appreciation, success, dance.

DESCRIPTION

Wunjo means “joy”; it is the rune of joy, celebration, and pleasure. It is represented here with the Nordic goddess Freya, associated with love, beauty, fertility, sex but also war.

BASIC MEANING

Wunjo is related to bliss, sensuality, the celebration of the body, and well-being. It expresses a sense of empowerment, a feeling of freedom and joy that comes from pursuing the things that you love. It represents offering one’s gifts to the world and being rewarded for it.

Wunjo represents success in all your endeavors. It symbolizes the celebration of yourself as a unique being.

In relationships, it symbolizes feeling complete with one’s partner. It represents being seen and appreciated for what one is and feeling joyful as a result.

In a reading, Wunjo foretells good things to come. It reminds you that by following your passion you will always find a place that remains joyful.

SECOND AETT

I know that I hung on a windy tree
nine long nights,
wounded with a spear, dedicated to Odin,
myself to myself,
on that tree of which no man knows from where
its roots run.

No bread did they give me nor a drink from a
horn,
downwards I peered;
I took up the runes,
screaming I took them,
then I fell back from there.

From Rúnatal or Óðins Rune Song, stanzas 139
and 140 (Larrington, Carolyne Trans.)

The second Aett is traditionally linked with the god Heimdall, protector of the Bifrost bridge that separates Asgard the realm of the Aesir (gods), and other lower realms. It consists of the runes Hagalaz, Nauthiz, Isa, Jera, Ihwaz, Perthro, Algiz, Sowilo.

“Hail is the whitest of grain;
it is whirled from the vault of heaven
and is tossed about by gusts of wind
and then it melts into water.”

- Old English Rune Poem



HAGALAZ

Hail

Embracing chaos, I transform.

Key concepts : Crisis, shock, destruction, unconscious forces, transformation.

DESCRIPTION

Hagalaz means “hail”. It is the rune of storms, shocks, and crises. It is represented here with the Ragnarök which is a series of cataclysmic events that signals the end of the Aesir gods in Nordic myths.

BASIC MEANING

Hagalaz represents a forceful destructive energy. This rune-card expresses that strong emotions are at work. It is a reminder that important and transforming insights are present in challenging situations.

Hagalaz brings the message that things can no longer remain the same. Whatever is disturbing you is pointing to a place that requires deep self-reflection and change.

Hagalaz is not necessarily a bringer of bad news, it can also represent a very strong event, a very powerful meeting or encounter that has no choice but to leave one in a state of shock.

The forceful nature of Hagalaz destroys the past and gives space for something new. It encourages you to embrace chaos to transform.

“Trouble is oppressive to the heart;
yet often it proves a source of help and salvation to the chil-
dren of men, to everyone who heeds it betimes.” - Old English
Rune Poem



NAUTHIZ

Need

Aware of lack, I have come to overcome

Key concepts : Need, struggle, lack, sacrifice, effort, resistance, resistance.

DESCRIPTION

Nauthiz means “need”. It is a rune of necessity and sacrifice. It is represented with the magical Ygdrasil tree and the silhouette of the god Odin that hung for nine days and nights, sacrificed his right eye in exchange for the visions of the world and power of the runes.

BASIC MEANING

Nauthiz represents the need to face your your beliefs around your sense of lack and insecurity. It expresses a period where self-sacrifice may be necessary and advises you not to succumb to any feeling of self-pity, low self-esteem, or victimhood.

In relationships, it advises you not to feel needy and be more independent.

Nauthiz is also a rune-card of endurance and perseverance. It asks you to overcome your fears and apply the necessary effort to overcome your challenging circumstances.

Finally, the Nauthiz rune-card asks you not to be too hard on yourself; it encourages you to see the glass half-full as opposed to half-empty. To move forward, it reminds us of the importance of self-acceptance.

“Ice is very cold and immeasurably slippery; it glistens as clear as glass and most like to gems; it is a floor wrought by the frost, fair to look upon.” - Old English Rune Poem



ISA
Cold

In retreat, I find my true self.

Key concepts : Stillness ,retreat, silence, ending, cold, distance, death.

DESCRIPTION

Isa means ice. It is represented by a Viking ship wandering far from home in a landscape filled with icebergs. The ship, in search of new horizons, has only found a barren land filled with ice to rest upon. While beautiful and still, the landscape bares no life.

BASIC MEANING

Isa is a rune of meditation, stillness, silence, retreat, and confinement. This rune-card is about practicing self-reflection by taking distance away from noise, people, and distractions to gain better clarity.

Isa represents taking the time away that is necessary to recenter oneself or find answers. A situation that has too much “heat” requires some cold to balance things out.

In the area of relationships, it represents the cooling of one’s emotions and taking some distance to better reevaluate the situation or simply gain more peace.

Finally, it tells you that it is “in retreat” that you will “find your true self”

“Good harvest is the profit of all men, and a good summer, and a ripened field.” - Old Icelandic Rune Poem



JERA *Year*

With patience, I harvest the fruit of my labor

Key concepts : Cycles, time, harvest, patience, rhythm, balance, temperance.

DESCRIPTION

Jera means “year”. It represents waiting patiently for the new harvest to come. It is represented by two birds flying over a field of wheat and enjoying the fruit of the new harvest in the early morning that announces a new season.

BASIC MEANING

The Jera card represents the natural cycles of growth and harvest. Like the changing of the seasons, your goals and dreams have been developing and maturing over time. You have put in the hard work and persevered through challenges, and now the time has come to reap the rewards of your efforts.

Jera reminds you that patience and persistence are key to achieving success. Just as a farmer must tend to their crops over time, you must continue to nurture your goals and allow them to develop at their own pace. Trust in the natural cycle of growth and know that with time, your efforts will bear fruit.

“The yew is a tree with rough bark,
hard and fast in the earth, supported by its roots, a guardian of flame
and a joy on native land.” - Old English Rune Poem



IHWAZ

Yew

**Finding strength in the dark,
I emerge stronger in the light.**

Key concepts : Endurance, perseverance, strength, transformation.

DESCRIPTION

Ihwaz means “yew”. It is represented by a giant yew tree with an entrance carved in its trunk that gives access to another realm. The yew tree is a symbol of rebirth and regeneration due to its ability to regenerate itself and continue growing even after being cut down or damaged. It represents endurance, faith in the midst of adversity.

BASIC MEANING

The Ihwaz rune-card represents our ability to bridge the material and spiritual world. It reminds us that we can find spiritual value even in our most mundane activities. It reminds us to have faith and courage, and to continue the spiritual practice we do every day to live a more awake life.

In a relationship reading, Ihwaz represents the importance of endurance and perseverance in building a strong and lasting connection; it points to a spiritual connection.

Overall it is a reminder that we can emerge from even the most difficult situations stronger, wiser, and more resilient than ever.

“Peorð is a source of recreation and amusement to the great, where warriors sit happily together in the beerhall.” - Old English Rune Poem



Perthro

A game

Trusting the unknown, I remain playful.

Key concepts : Fate, unknown, destiny, hidden forces, divination, luck.

DESCRIPTION

Perthro represents destiny and the unknown. The rune-card shows the Three Norns, or fates who are important figures in Norse mythology, and are associated with weaving the threads of fate and destiny. They are seen dancing in front of an aurora borealis, celebrating magic and the unknown.

BASIC MEANING

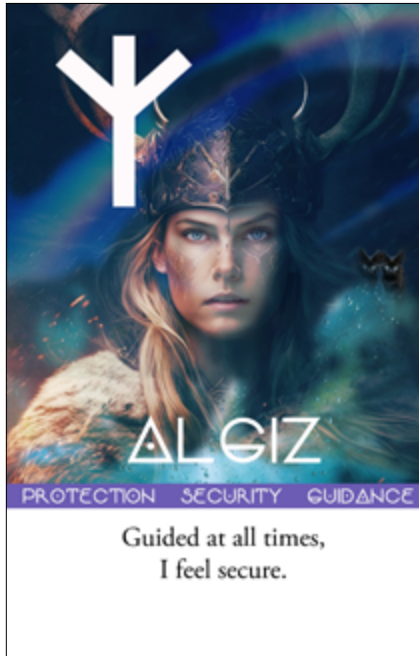
Perthro expresses that hidden forces are at play and refers to the playful nature of the Universe. It is the stage where our human experience takes place upon. It advises you to not take things too seriously or personally about a situation. Things may not be as they appear to be; there may be something hidden that influences the situation.

Unexpected luck, news, or surprise may come and give you more insight into a situation.

For a relationship reading it means that the situation is open to all possibilities. It advises you to trust the unknown and to remain playful.

Perthro encourages you to trust that the Universe has a divine plan.

“The Elk-sedge usually lives in the fen,
growing in the water. It wounds severely,
staining with blood any man who makes a grab at it.”
- Old English Rune Poem



Algiz
Elk

Guided at all times, I feel secure.

Key concepts : Protection, security, spirit-guide, guidance, order, teachers.

DESCRIPTION

Algiz means elk. It is a rune-card of protection and guidance. It is represented by the goddess Freya. As a goddess of war and magic, she is closely is often interpreted as a symbol of protection, guidance, and spiritual connection.

BASIC MEANING

Algiz represents connecting with your Higher-self and your spiritual guide. It is a rune-card of empowerment that gives you strength and guidance amid challenges.

In a reading, it brings a message of more stability for your home, your relationship, or career. It also advises you to come more prepared whenever facing any challenges. It advises you to be vigilant to foresee the possible dangers or obstacles in a situation.

Algiz is also a rune-card that is linked to spiritual tradition, teachers, and guides. It can be associated with events that involve traditional rituals. Overall, Algiz is a reminder that you are always protected in guided in your path.

“The sun is ever a joy in the hopes of seafarers when they journey away over the fishes’ bath, until the courser of the deep bears them to land.” - Old English Rune Poem



Sowilo

The sun

Feeling everything, I am love.

Key concepts : Light, Love, heart, sun, soul, strength, illumination, success.

DESCRIPTION

Sowilo means “sun”; it is the rune-card of light and love. It is represented with the Nordic goddess of the sun, Sunna and her daughter. She is said to have given birth to a daughter and transferred her powers right before being slain during the event of the Ragnarok.

BASIC MEANING

Sowilo represents the light that clears away all shadows in life. It is the light of the soul that heals all. It is love.

Sowilo is pure positivity; and is a positive omen for good things to come in your relationship, career, business, etc. It represents a big “Yes” to any of your questions. Obstacles will be cleared and give way for a positive outcome.

In a relationship reading, you “lighten up” each other lives. You feel radiant and full of life whenever you are in each other’s presence. It is an omen for good things to come.

Finally, This rune-card asks you to remember that like the rays of the sun that touches everything and gives life, you also can feel and see everything as an embodiment of love.

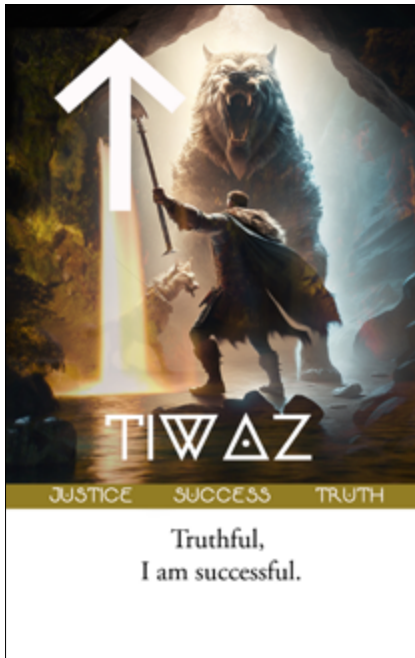
“Victory runes you must know
if you will have victory,
and carve them on the sword’s hilt,
some on the grasp
and some on the inlay,
and name Tyr twice.”

From *Sigrdrífumál*, Poetic Edda, Stanza 6

THIRD AETT

The Third Aett is traditionally linked with Tyr, god of truth, war and justice. It consists of the runes: Tiwaz, Berkana, Ehwaz, Mannaz, Laguz, Ingwaz, Dagaz, Othala.

“Tyr is a one-handed god;
often has the smith to blow”
- Old Norwegian Poem



Tiwaz
The god Tyr

Truthful, I am successful.

Key concepts : Justice, victory, truth, success, achievement, self-esteem.

DESCRIPTION

Tiwaz is the rune named after the Nordic god of war and justice Tyr. In the Nordic myth, Tyr offered his hand as a sacrifice to the fearful giant wolf Fenrir to keep him from harming the other Aesir gods that tricked the wolf into imprisonment.

BASIC MEANING

Tiwaz is linked with the truth that ends conflicts and disagreements. It also represents success, cultivating a positive self-image, and having a sense of achievement by reaping rewards through your effort.

It is a rune-card that foretells success in all your projects. In a relationship reading, it brings a very positive message for success and fulfillment. It means the beginning of a stronger connection based on shared values. Any past disagreements or doubts will be resolved through expressing the truth to one another.

Finally, Tiwaz reminds you that remaining true to yourself reaps its own reward.

“Birch has the greenest leaves of any shrub;
Loki was fortunate in his deceit.”
- Old Norwegian Rune Poem



BERKANA

Birch tree

With nature, I nurture beauty.

Key concepts : Nurture, healing, mother, nature, beauty, feminine, sensuality.

DESCRIPTION

Berkana means “birch tree”. It is a rune linked with nature and nurturing your health and well-being. Sitting meditating among birch trees, Berkana is represented by Frigg, the wife of Odin and the mother of Baldr. She was often associated with motherhood, domesticity, fertility, and wisdom. From the Anglo-Saxon Futhorc runic tradition, she can also be Beorc, linked with new beginning.

BASIC MEANING

This rune-card is representative of feminine energy. It is linked with fertility, creativity, pregnancy, beauty, and radiance. Associated with the healing power of nature and it advises you to nourish your body with proper wholesome food and to care about your environment.

In a reading, it represents the importance of having a nurturing environment for your projects to grow. It reminds you that all things natural, pets, plants, children take time to grow and need proper care and attention. It advises you not to take them for granted.

Finally, this rune-card reminds you that self-care and valuing your sensual self are of utmost importance. It advises you not to fear but embrace your sensual self.

“The horse is a joy to princes in the presence of warriors. A steed in the pride of its hoofs, when rich men on horseback bandy words about it; and it is ever a source of comfort to the restless” - Old English Rune Poem



EHWAZ

Horse

With ease, I nurture relationships.

Key concepts : Trust, loyalty, union, teamwork, movement, relationships.

DESCRIPTION

Ehwaz means “horse”. It represents trusted companionship, teamwork, and movement. The card is depicted with Árvakr (“early awake”) and Alsviðr, (“very quick”) the horses which pull the goddess Sól ‘s chariot, across the sky each day.

BASIC MEANING

This rune-card can represent a union in the form of a trusted partnership, friendship, a marriage, or a romantic relationship. It represents great chemistry and seeing “eye to eye” between partners. It often represents a relationships that share a deep spiritual connection.

In a reading, it means good chemistry, growth, and working harmoniously as a team towards a common goal. It symbolizes relationships based on trust, loyalty, faithfulness, and the desire for growth. It has an emphasis on balance.

Finally, this rune-card advises you to cultivate a feeling of ease and to nurture meaningful relationships.

“Man is an augmentation of the soil;
great is the claw of the hawk.”
- Old Norwegian Rune Poem



MANNAZ

Mankind

Connected with all you achieve mastery.

Key concepts : Mankind, collective, ideas, humanity, oneness, wisdom.

DESCRIPTION

Mannaz means “mankind”. It is represented the god Heimdall overlooking Earth. He is the guardian of the Bifrost bridge, also known as the Rainbow bridge that connects Midgard, the realm of humans, to Asgard, the realm of the gods. He is known for his vigilance and his ability to see and hear things that others cannot. He is often seen as a mediator between warring factions, using his wisdom and fairness to help resolve conflicts.

BASIC MEANING

Mannaz represents our collective consciousness. It asks you to look at and embrace all aspects of humanity, good and bad, and learn from them to achieve mastery.

This rune-card advises you to network, make new connections, find what you need to achieve your goals. The idea, the inspiration you are seeking is «out there» and waiting for you to claim it.

In relationships, this rune-card advises you to embrace all the positive and negative aspects of your partner and to see them as a reflection of yourself. It asks you to embrace rather than criticize the differences.

This rune-card serves as a reminder that true mastery is achieved by tapping into the accumulated wisdom and knowledge that has been passed down through the ages.

“The ocean seems interminable to men,
if they venture on the rolling bark
and the waves of the sea terrify them
and the stallion of the deep heed not its bridle.” - Old
English Rune Poem



LAGUZ

Lake

With calm, I receive inner guidance.

Key concepts : Mankind, collective, ideas, humanity, oneness, wisdom.

DESCRIPTION

Laguz means lake. It is the rune that rules the unconscious, the world of dreams. It is represented with the Nordic goddess of the sea Rán. Associated with the dangers of the sea, she is said to have a net in which she catches the souls of drowned sailor. In other myths, she is seen as a guardian who can be called upon to calm the waves and protect sailors.

BASIC MEANING

Laguz rules the unconscious, the world of dreams. It also represents receptivity, empathy, spirituality, and meditation.

Laguz represents things going smoothly and effortlessly with a great amount of flow.

In a relationship reading, it expresses flow, emotional calm, and harmony. It represents a partner that provides a calm and soothing presence. It expresses a spiritual connection where intuition and empathy are at the center.

Laguz advises you to quiet your mind and to listen to your intuition to receive messages from your unconscious. It reminds you that the external reality you perceive and experience is a reflection of your thoughts.

“ Ing was first amidst the East Danes
seen by men, until he eastward
over the sea departed; his wagon ran after.
Thus the Hearings named that hero.”
- Old English Rune Poem



INGWAZ

The God Yngvi

Planting seeds, I manifest my potential.

**Key concepts : Seed, potential, incubation, manifestation,-
meditation.**

DESCRIPTION

Ingwaz is linked with the Nordic god Yngvi and Freyr. Linked with the symbolism of «planting seeds», it is a rune of potentiality. The card features a seed that carries the Yggdrasil tree. In the sky behind, a comet can be seen spreading seeds upon the planet. It invokes the concept of panspermia, the hypothesis that life on Earth originated from microorganisms that was transported to Earth from outer space.

BASIC MEANING

Ingwaz is a rune of potentiality. It expresses the idea of putting your intent in place to manifest a certain outcome.

Ingwaz represents taking time for things to grow and allowing for things to mature, be it in a relationship, a project, or a business. It represents conserving one's energy and spending it wisely. It advises you to follow the path of least resistance.

In relationships, it represents feeling safe, in a “cocoon” and having the ability to brainstorm and explore new ideas, directions, experiences with your partner.

Finally, Ingwaz reminds us that by “planting seeds,” we are taking action to manifest our potential and bring our dreams and goals to fruition.

“ Day, the glorious light of the Creator, is sent by the Lord; it is beloved of men, a source of hope and happiness to rich and poor, and of service to all.” - Old English Rune Poem



DAGAZ

Day

As vast open space, I awake.

Key concepts : Rebirth, healing, hope, awakening, forgiveness, light, spirit.

DESCRIPTION

Dagaz means “day”. It is the rune-card of awakening, healing, and rebirth. It is represented by the valkyrie Brynhildr awakening on a river bank. In the Nordic myth, she placed under a spell of deep sleep by Odin after she disobeyed him, but was eventually awoken by the hero Sigurd ((also known as Siegfried). This awakening is often seen as a symbol of transformation and the opening of new possibilities.

BASIC MEANING

Dagaz embodies the transformative power of healing, forgiveness, acceptance, and awakening. It represents the potential for a new beginning and fresh start.

The Dagaz rune represents the awakening of the understanding that the body does not differentiate between experiences and thoughts. As such, it has the ability to change one’s neurochemistry simply by having a different inner experience.

This rune encourages one to cultivate positive thoughts and emotions of forgiveness, self-acceptance, gratitude, and love in order to promote physical, mental, and spiritual well-being, and to embrace the transformative power of the mind-body connection.

This rune-card reminds you that you are light.

“An estate is very dear to every man,
if he can enjoy there in his house
whatever is right and proper in constant prosperity.”-
Old English Rune Poem



Othala

heritage

In my heart, I am home.

Key concepts : Home, inheritance, spiritual heritage, tradition, stability.

DESCRIPTION

Othala means home, inheritance, ancestry, the values, knowledge, and wisdom that are passed on from one generation to the next. It is represented by a heavenly home in a timeless landscape. A fairy or elf is resting near blooming flowers. One can see silhouettes of children playing afar in the sunlight, a dog and cat hidden in the grass etc,

BASIC MEANING

Othala is a card of physical, emotional, and spiritual security. It represents not only your physical home and family but also your core spiritual values. It represents the wisdom you have inherited from your guides, friends, or teachers.

In a reading, Othala expresses a stable and supportive environment. It is a rune-card of physical security where all your projects can find a nurturing environment for their accomplishments.

In a relationship reading, it expresses feeling at home, secure and at ease with one's partner. There is a feeling of stability and security.

This card expresses that in your heart you are finally home.



THE ELDER RUNES

ORACLE CARDS

About the author

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All artworks of the Elder Futhark Runes Oracle Cards are created through a combination of traditional digital drawing techniques, photography, and the use of A.I. as a complementary tool in the creative process.

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