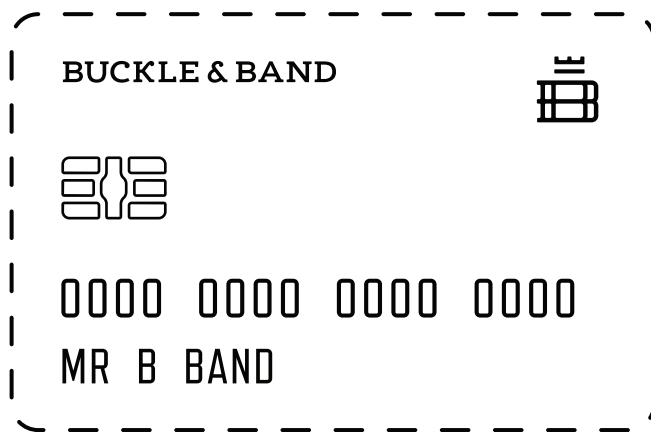


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1. TEST YOUR PRINT

A standard credit, debit or ID card should fit perfectly in the box below. Alternatively, you can measure the box with a ruler to ensure it's 8.5cm x 5.5cm.



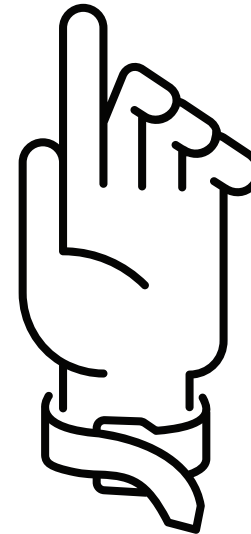
2. CUT OUT THE TAPE

Using a pair of scissors carefully cut out the measuring strip below.

3. MEASURE

Wrap the strip around your wrist. The number that lines up with the dotted line will be your measurement.

Compare this with the size guide on the right of this page to confirm your size.



SMALL

Will fit wrists measuring 12.7cm to 15.24cm (5" - 6")

MEDIUM

Will fit wrists measuring 15.24cm to 17.78cm (6" - 7")

LARGE

Will fit wrists measuring 17.78cm to 20.32cm (7" - 8")

ABOVE

For measurements over 8"/20.32cm; please contact us so we can advise you on the particular strap you're interested in.

