

**I am  
Helpful**



**I will do my part and  
aid others**

**I am  
Honest**



**I know telling the  
truth is important**

**I am  
Creative**



**I love my  
imagination and am  
easily inspired**

**I am  
Caring**



**I pay attention to  
how others are feeling**

**I am  
Safe**



**I am comfortable in  
my environment**

**I am  
Important**



**My opinion matters**

**I am  
Brave**



**I believe in myself  
when faced with  
challenges**

**I am  
Fun**



**I love to laugh, and  
people enjoy being  
around me**

**I am**

**Loved**



**I am important to so many people**

**I am**

**Independent**



**I am capable of doing things for myself**

**I am**

**Smart**



**I have a unique brain that I use for great things**

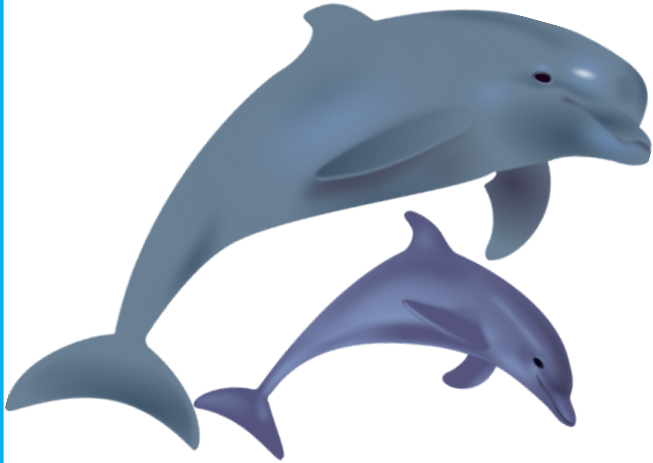
**I am**

**Persistent**



**I will finish what I started**

**I am  
Talented**



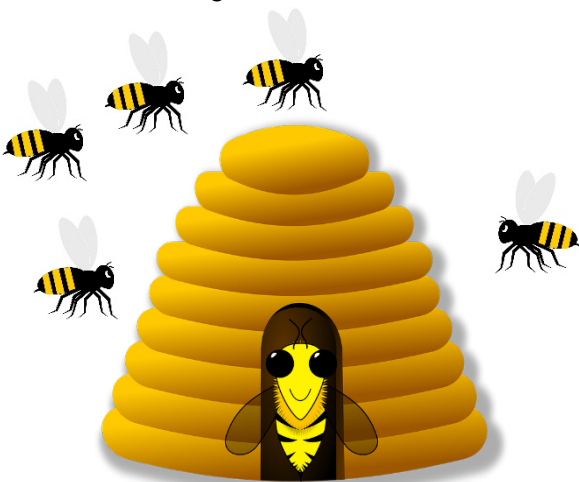
**I have things that  
I'm good at**

**I am  
Patient**



**I can wait for my  
turn**

**I am  
Cooperative**



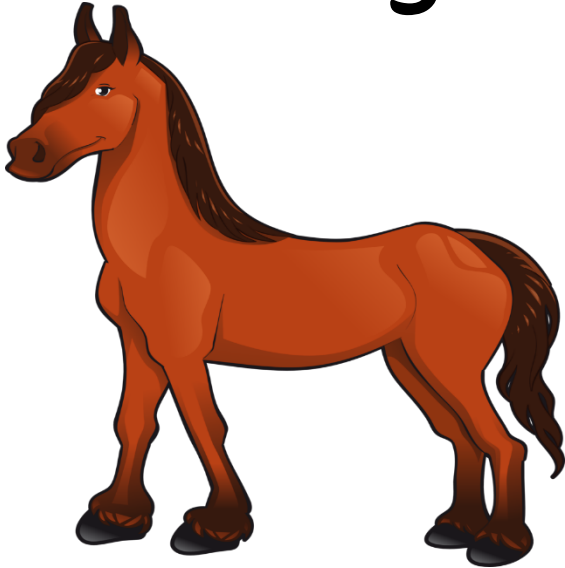
**I can be part of a  
team**

**I am  
Relaxed**



**I stay calm and take  
deep breaths**

**I am  
Strong**



**I can do anything I  
put my mind to**

**I am  
Unique**



**There is no one else  
just like me**

**I am  
Kind**



**I will be good to  
others**

**I am  
Flexible**



**I can adapt to  
change**