

Ottawa Women's Football (the 'Organization')

ADULT LEAGUES PLAYER CODE OF CONDUCT

All players who register with Ottawa Women's Football (OWF) agree to abide by the following Code of Conduct. I understand and accept that failure to adhere to this code may result in suspension or dismissal from OWF.

1. I will demonstrate good sportsmanship at all times on and off the field.
2. I will participate in OWF to the best of my abilities and accept responsibility for my actions on and off the field.
3. I will play according to the rules and spirit of the game.
4. I will display self control in all situations.
5. I will refrain from using foul or abusive language on and off the field.
6. I will treat others players, officials, fans and coaches with respect regardless of race, gender, creed, or ability.
7. I will win with dignity and lose with honour.
8. I will respect the officials and their calls.
9. I will applaud the efforts of my teammates and opponents.
10. I will wear my mouth guard at all times while playing.
11. I will not wear pants or sweaters with pockets while playing.