



# Cha-Inspired Conversations / Our Heritage

**What is your racial, ethnic, and/or cultural heritage and background?**

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## Reflection

Reflect on aspects of your heritage that you have learned about. How did you learn about your culture and heritage? What are some important parts of your culture that you desire to continue holding onto?

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## Commitment

Commit to steps you want to take to learn more about your heritage and/or roots.

