

Maternity Compression Sizing

Sizing: Based on pre-pregnancy pant size (0-18)

Pregnancy Support Band

SIZE	PRE-PREG PANT SIZE	UNDER BELLY MEASUREMENT
XS	00-0	24-32 in
S	2-4	33-40 in
M	6-12	41-48 in
L	14-18	49-52 in
XL	20-26	53-62 in



Postpartum Recovery Support Garment

SIZE	WAIST	HIPS	PRE-PREG PANT SIZE
XS	24-26 in	34-36 in	00-2
S	27-29 in	37-39 in	4-6
M	30-32 in	40-42 in	8-10
L	33-36 in	43-45 in	12-14
XL	37-39 in	46-49 in	16-18
2XL	40-44 in	50-54 in	20-22

