



#### WHAT IS VAGINAL DRYNESS?

Vaginal dryness affects both pre- and postmenopausal women at any age. There is a thin layer of moisture that coats the vaginal wall, however, the amount and consistency of this moisture layer changes due to hormonal influences such as the menstrual cycle, ageing, menopause, stress, childbirth, breastfeeding and decreased sexual arousal. Vaginal moisture level can also be affected by medication and the use of soap, lotions or gels that can disturb vaginal acidity. Vaginal dryness can cause irritation in the vagina and is often accompanied by itching and burning sensations. Other symptoms are pain during sex and urination, as well as an unpleasant vaginal odour caused by altered acidity of the vagina.

#### HOW DOES VAGINAL MOISTURISER WORK?

Vaginal Moisturiser is a Self-Care Medical Device for the treatment of symptoms of vaginal dryness.

Vaginal Moisturiser immediately replenishes the moisture level in the vagina restoring the natural acidity, relieving pain, itching or burning sensations.

# HOW TO USE THE VAGINAL MOISTURISER?

Apply a small quantity of the Vaginal Moisturiser around the vaginal opening. Do not use the gel for continuous use longer than 30 days.

# WHO CAN USE THE VAGINAL MOISTURISER?

Vaginal Moisturiser can be used by women from the age of 16 years old, who experience discomfort due to vaginal dryness. Since the safety during pregnancy and breastfeeding is unknown, please consult your general practitioner, before using the product.

# VAGINAL MOISTURISER IN COMBINATION WITH OTHER TREATMENTS FOR VAGINAL DRYNESS

There are no known interactions of Vaginal Moisturiser with other treatments for vaginal dryness, if used according to the Instructions for Use. However, it is recommended to consult your general practitioner before combining the use of Vaginal Moisturiser with other treatments of vaginal dryness.

### WHAT ARE THE INGREDIENTS?

Aqua, Propylene Glycol, Hydroxyethylcellulose, Sodium Benzoate, Potassium Sorbate, Citric Acid, Sodium Hydroxide.

# WHAT DO YOU NEED TO KNOW BEFORE YOU USE VAGINAL MOISTURISER

Do not use Vaginal Moisturiser if

• You are hypersensitive to one of the ingredients.

# **⚠** WARNINGS AND PRECAUTIONS

- For vaginal use only. You may swallow the Vaginal Moisturiser, however, it can have a bitter aftertaste. You should not swallow large quantities of the gel.
- The gel does not contain any spermicidal ingredients and cannot be used as a method of contraception.
- · Consult your general practitioner if:
  - Symptoms of vaginal dryness do not improve or worsen after the use of Vaginal Moisturiser.

### HOW TO STORE THE VAGINAL MOISTURISER?

- Always store the Vaginal Moisturiser at room temperature (15-25°C). Store in a dark, dry place.
- Do not use the gel after the expiry date, which is stated on the bottle and on the packaging.

### WHAT IS THE CONTENT OF THE PACKAGE?

- Instructions for use.
- $\bullet~$  75 ml  $\Theta$  bottle with a pump applicator.

i say: BE GOOD TO YOUR BODY!

Pieternella Bouter

### isaymedical.com

This Instruction for Use was last revised February 2023

