

HOW DOES VAGINAL INFECTION TREATMENT TABLET WORK?

The Vaginal Tablet is a Self-Care Medical Device based on Hyaluronic Acid and Lactitol Monohydrate for the treatment of vaginal infections. The Vaginal Tablet is a small hard tablet, which is inserted deep into the vagina in order to restore and maintain natural vaginal flora and a healthy vaginal pH. As a result, infection and unpleasant discomfort disappear. The Vaginal Tablet is intended to treat vaginal infections caused by both yeast and bacteria.

WHAT DO YOU NEED TO KNOW BEFORE YOU USE VAGINAL INFECTION TREATMENT TABLET

Do not take Vaginal Tablet if

- You are hypersensitive to one of the ingredients.
- You are trying to get pregnant.

WARNINGS AND PRECAUTIONS

- The tablet is for intra-vaginal use only.
- Do not swallow the tablet.
- Consult your general practitioner if:
 - Symptoms of vaginal infection do not improve within 5 days of treatment or worsen.
 - There is blood in your urine.
 - You have abdominal pain.
 - You notice any unpleasant effects, like irritation, after using the Vaginal Tablet.

VAGINAL TABLET IN COMBINATION WITH OTHER TREATMENTS OR MEDICINES

There are no known interactions with other treatments for vaginal infection or any other medicines, if used according to the Instructions for Use. However, it is advised to consult your pharmacist or general practitioner before combining the Vaginal Tablet with other treatments.

WHO CAN USE VAGINAL INFECTION TREATMENT TABLET?

The Vaginal Tablet can be used by women from 16 years old.

The safety of use during pregnancy or breastfeeding is unknown. Consult with your general practitioner before using the Vaginal Tablet. If you are trying to get pregnant, please schedule an appointment with your general practitioner before using the Vaginal Tablet. It is not known if the Vaginal Tablet can affect your ability to conceive.

HOW TO USE VAGINAL INFECTION TREATMENT TABLET?

Treatment should be initiated as early as possible following the onset of signs or symptoms of a vaginal infection. It is ideal to start treatment after a menstruation period.

The Vaginal Tablet can be easily inserted into the vagina in a similar way to a tampon. Wash your hands with water and soap before removing one tablet from the blister and inserting the tablet deeply into the vagina. The Vaginal Tablet may not completely dissolve in the vagina, so it may partially exit the body. This does not reduce the effectiveness of the treatment. To prevent staining of underwear it is advised to use a panty liner during treatment and preferably insert the tablet before going to bed.

	Dosage	Duration
Treatment	1 tablet per day	7 days

The symptoms may disappear after 3 days of use. However, continue using the tablets for the recommended treatment period to prevent recurrence of symptoms. If the symptoms are improving but have not resolved completely after one treatment period of 7 days, treatment may be repeated for another 7 days.

If the symptoms do not improve at all or worsen after 5 days of treatment, please consult your physician.

Treatment can be continued during menstruation. However, in the case of heavy menstrual flow, the effectiveness of the product may be reduced.




WHAT IS A VAGINAL INFECTION?

Vaginal infections are a serious health problem, affecting up to 75% of all women at least once in their lifetime. Vaginal infections have a high probability of recurrence and are caused by an imbalance of the normal vaginal flora, resulting in overgrowth of pathogens. Vaginal infections can be caused by either bacteria or fungi; Gardnerella vaginalis is the most common culprit of bacterial vaginosis, while Candida albicans is the most common cause of fungal infection. The vaginal flora can be affected by washing the intimate area with soap, leaving a tampon in for too long, low immunity, use of antibiotics, insertion of an intrauterine device or the use of a contraceptive pill. As the vaginal pH increases, certain bacteria have the ability to grow excessively. Symptoms of vaginal infections include itching, burning sensation, unpleasant odour and abnormal vaginal discharge (smooth, white, grey or yellow). The odour can worsen after contact with sperm.

WHAT ARE THE INGREDIENTS OF VAGINAL INFECTION TREATMENT TABLET?

Hyaluronic Acid (as Sodium Hyaluronate), Lactitol Monohydrate, Polyethylene Glycol 6000, Boric Acid, Citric Acid, Crospovidone, Magnesium Stearate.

HOW TO STORE VAGINAL INFECTION TREATMENT TABLET?

-  • Keep in the original packaging at room temperature (15-25 °C).
-  • Do not use after the expiry date printed on the blister and outer box.
-  • Keep out of sight and reach of children.

WHAT IS THE CONTENT OF THE PACKAGE?

The package contains a blister with 7 vaginal tablets and Instructions for Use.

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This Instruction for Use was last revised in February, 2023