

# HELLY HANSEN SIZE GUIDE

## WOMEN'S JACKETS

SIZE	BODY	CHEST	WAIST	HIP	INSEAM	CENTRE BACK SLEEVE
XS	63" (160)	34" (86)	27" (68)	37" (94)	29.5" (74.5)	29" (74)
S	64.5" (164)	35.5" (90)	28.5" (72)	38.5" (98)	30" (76.5)	30" (76)
M	66" (168)	37" (94)	30" (76)	40" (102)	30.5" (78.5)	31" (78)
L	67.5" (172)	39.5" (100)	32.5" (82)	42.5" (108)	31.5" (80.5)	32.5" (81.9)
XL	69" (176)	42.5" (108)	35.5" (90)	45.5" (116)	32.5" (82.5)	33.5" (85)
XXL	71" (180)	45.5" (116)	38.5" (98)	49" (124)	33.5" (84.5)	34.5" (88.1)
XXXL	70"-71" (180-185)	46.5-49.5" (118-126)	40-43.5" (102-110)	49-52" (124-132)	33.5-34" (85-87)	34-35" (86-89)

Sizes in inches (cm in brackets)

### MEASURING GUIDE

#### CHEST

Measure around the fullest part, across chest points, keeping the tape horizontal

#### WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side) keeping the tape horizontal

#### HIP

Measure around the fullest part of your hips keeping the tape horizontal

#### CENTRE BACK SLEEVE

Measure straight from centre back neck to shoulder point, and from shoulder point to wrist with the arm in the relaxed position

#### INSEAM

Measure from top of inside thigh to bottom of ankle, while standing with straight legs