

HELLY HANSEN SIZE GUIDE

MEN'S JACKETS

SIZE	BODY	CHEST	WAIST	HIP	INSEAM	CENTRE BACK SLEEVE
XS	67" (170)	36.5" (93)	31.5" (80)	36" (92)	30.5" (77)	31.5" (79.7)
S	68.5" (174)	38" (97)	33" (84)	38" (96)	31" (79)	32.5" (81.7)
M	70" (178)	40.5" (103)	35.5" (90)	40" (102)	32" (81)	33.5" (84.6)
L	71.5" (182)	43" (109)	38" (96)	42.5" (108)	32.5" (83)	34.5" (87.5)
XL	73" (186)	46" (117)	41" (104)	45.5" (116)	33.5" (85)	35.5" (90.6)
XXL	75" (190)	49" (125)	44" (112)	49" (124)	34.5" (87)	37" (93.7)
XXXL	75.5-77" (192-195)	50.5-53.5" (128-136)	45-48" (114-122)	50.5-53.5 (128-136)	35-36" (89.5-91)	38-38.5" (96-98)

Sizes in inches (cm in brackets)

MEASURING GUIDE

CHEST

Measure around the fullest part, across chest points, keeping the tape horizontal

WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side) keeping the tape horizontal

HIP

Measure around the fullest part of your hips keeping the tape horizontal

CENTRE BACK SLEEVE

Measure straight from centre back neck to shoulder point, and from shoulder point to wrist with the arm in the relaxed position

INSEAM

Measure from top of inside thigh to bottom of ankle, while standing with straight legs