

GILL SIZE GUIDE

MEN/UNISEX

SIZE	AVE HEIGHT	CHEST	WAIST
XS	5'2" - 5'4" (158 - 163)	34" - 36" (87 - 92)	28" (71)
S	5'4" - 5'7" (163 - 170)	36" - 38" (92 - 97)	29" - 30" (74 - 76)
M	5'7" - 5'10" (170 - 178)	38" - 40" (97 - 102)	31" - 33" (79 - 84)
MT	6'2" - 6'3" (188 - 191)	38" - 40" (97 - 102)	31" - 33" (79 - 84)
L	5'10" - 6'1" (178 - 186)	41" - 43" (104 - 109)	34" - 37" (87 - 94)
XL	6'1" - 6'2" (186 - 188)	44" - 46" (112 - 119)	38" - 40" (97 - 102)
XLT	6'3" - 6'5" (193 - 197)	44" - 46" (112 - 119)	38" - 40" (97 - 102)
XXL	6'2" - 6'3" (188 - 191)	47" - 49" (120 - 125)	41" - 43" (104 - 109)
XXXL	6'2" - 6'3" (188 - 191)	50" - 52" (127 - 132)	44" - 45" (112 - 115)
XXXXL	6'2" - 6'3" (188 - 191)	55" - 58" (140 - 148)	49" - 52" (125 - 132)

Sizes in inches (cm in brackets)