

BREAKFAST

*Classic Breakfast Platter

two eggs any style with choice of bacon, ham, sausage or Turkey Bacon, home fries and English Muffin 16.

*Spa Breakfast Platter

two eggs any style with avocado, sliced tomato, fruit salad and 7-Grain Toast 18.

*Hampton Coffee Steak & Eggs

marinated skirt steak, Pico de Gallo, rice & beans topped with housemade guacamole and two over-easy eggs with soft corn tortillas on the side 27.

Bagel & Lox Platter

Nova and Cream Cheese on a toasted bagel with sliced tomato, red onion, capers, and lemon 22.

Smoked Salmon Avocado Toast

Nova, avocado, Goat Cheese, capers and red onion on 7-Grain Toast 22.

*Sriracha Avocado Toast

two sunny-side up eggs, avocado, Queso Blanco, and Sriracha on Tuscan Toast 16.

Tuscan Bread French Toast 13.

Traditional Pancakes 13.

- Blueberry 16. - Chocolate Chip 16.

Belgian Waffle 13.

(when available)

*Spicy Baja Breakfast Bowl

scrambled eggs with chorizo and jalapeño topped with avocado, cilantro and melted Pepper Jack Cheese, served with corn tortillas 18.

*Huevos Rancheros

- Clásicos

two eggs over-easy on corn tortillas, served with salsa and black beans 12.

- Con Todo

same as Clasicos with avocado, chorizo, Queso Blanco and sour cream 18.

*Mexican Breakfast Tacos

scrambled eggs, chorizo, avocado, peppers & onions, rice, and Cheddar in two soft corn tortillas, served with salsa on the side 15.

*Breakfast Burritos

scrambled eggs and Cheddar Cheese in three soft flour tortillas, served with salsa on the side 12. (add any Fresh Fillings)

Chilaquiles

a 25 year favorite!

crisp corn tortillas sautéed in sauce of choice, served with black beans and crumbled Queso Blanco 13.

choose your sauce

Rojo Clásicos — Salsa Verde — Rojo Caliente mild red tomatillo spicy red

add your toppings

*Eggs +2. each Avocado +4. Mexican Chorizo +4. Grilled Chicken +6. Sautéed Veggies +7. *Carne Asada +15.

Sides

Add an *egg 2. (each) Pure Maple Syrup 2. Fruit Salad 4/8. Berries 5./10. Sliced Tomato 3. Avocado 4. Guacamole 4./8. Home Fries 3./5. Bacon, Turkey Bacon, Sausage or Ham 4. Mexican Chorizo 5. Beyond Breakfast Sausage (Vegan) 5. Nova 12.

Oatmeal w/ raisins 9. Low-Fat Vanilla Yogurt Parfait w/ strawberries and granola 9.

*Three Egg Omelet 11. - *Egg White Omelet 13.

create your own omelet with Fresh Fillings 🖣

served with Tuscan Toast, 7-Grain Toast or English Muffin sub a bagel, fruit, mixed greens or Gluten-Free toast +1.5

Vegetables

Spinach (+1.5) Tomato (+1.5) Kale (+1.5) Mushroom (+1.5) Onions (+1.5) Peppers (+1.5) Jalapeño (+1.5) Avocado (+4)

Cheese

American (+1.5) Swiss (+1.5) Cheddar (+1.5) Pepper Jack (+1.5) Mozzarella (+1.5) Feta (+1.5) Gruyère (+2.5) Goat Cheese (+2.5) Vegan Cheese (+2.5) Queso Blanco (+2.5) Cream Cheese (+2.5)

Meat

Bacon (+3) Sausage (+3) Ham (+3) Turkey Bacon (+3) Turkey (+3)

Movican Charizo (+4) Critical Chickon (+4) Vogan Sausage (+4) Shrimm (-4)

Mexican Chorizo (+4) Grilled Chicken (+4) Vegan Sausage (+4) Shrimp (+7) Nova (+12) Lobster (MP)

SANDWICHES

sandwiches are served with a Simple Salad or Cole Slaw with House Vinaigrette Dressing on the side

upgrade to: hand-cut French Fries +2. Sweet Potato Fries w/Chipotle Mayo +3. Small Greek Salad +3.

Happy Wrap® - 100% plant-based!

Baby spinach, avocado, wild rice & bean salad, Vegan Cheese 16.

Vegetable Cutlet Avocado Melt

Veggie Burger, Pepper Jack, lettuce & tomato with Herb Mayo on 7-Grain 16.

Grilled Cheese w/Bacon & Tomato

Cheddar Cheese on Tuscan Bread 15.

Black Forest Ham Melt

Gruyère Cheese, Honey Mustard on Tuscan Toast 15.

Classic Turkey Club Melt

Bacon, Pepper Jack Cheese and Herb Mayo on Tuscan Toast 16.

Grilled Chicken Piccata Panino

capers, arugula, Gruyère Cheese on Oregano Ciabatta 16.

Balsamic Grilled Chicken Wrap

Baby spinach, tomato, Goat Cheese, Basil Pesto 15.

Buffalo Chicken Wrap (crispy or grilled)

Wing Sauce, Bleu Cheese dressing, Gorgonzola crumbles, red onion 16.

Carved Turkey BLT

Carved Turkey Breast, bacon, lettuce & tomato and Herb Mayo on Tuscan Toast 15.

Avocado BLT

Avocado, bacon, lettuce & tomato and Herb Mayo on 7-Grain Toast 15.

Yellowfin Tuna Salad

Tuna Salad, lettuce & tomato on 7-Grain 13.

LOBSTER

Traditional Lobster Roll

mayo and celery on a toasted Brioche Bun MP.

Lobster Salad Platter

lobster salad over our garden house salad MP.

Lobster Bisque

MP.

MEXICAN

Authentic Housemade

Three Amigos

homemade chips, salsa, guacamole 13.

Grilled Chicken Whole Wheat Quesadilla

Pepper Jack Cheese, salsa, guacamole, sour cream 15.

Baja Fish Tacos

crispy Cod, red cabbage, homemade yogurt-lime sauce, corn tortillas with a side salad 16.

*Carne Asada Platter

marinated skirt steak, quacamole, Pico de Gallo, rice and beans 27.

Sizzling Fajita Platter

Veggies 17. Chicken 19. Shrimp 23. *Steak 25. Combo 27. peppers & onions, soft flour tortillas, salsa, rice and beans.

Burritos

Fajita Style

sautéed peppers & onions, rice & black beans, Pepper Jack Cheese

Verde

avocado, rice, Pepper Jack Cheese, sour cream, Tomatillo Salsa

California

guacamole, potatoes, black beans, Pepper Jack Cheese, Pico de Gallo

choose your **protein**:

Veggies 13. Chicken 15. Shrimp 18. *Carne Asada 18.

served in a soft flour tortilla with a side house salad







SALADS

Red & Green Leaf Lettuce with Radicchio, served with housemade vinaigrette

Garden House

tomato wedges, cucumber, lemon slice 10.

Greek

Feta, cucumber, tomato, red onion, black olives 13.

Shrimp & Avocado

Pico de Gallo, cucumber, Goat Cheese 20.

Classic Cobb

grilled chicken, tomato, bacon, avocado, Gorgonzola, red onion, hard-boiled egg 19.

Avocado or Bacon +4. Lemon or Balsamic Chicken +6. Yellowfin Tuna Salad +6. Grilled Shrimp +8. *Carne Asada +15. Lobster Salad MP.

BURGER BAR

all served on a toasted Brioche Roll (or English Muffin) with lettuce & tomato, pickle, and hand-cut french fries (or Cole Slaw) **upgrade to: Gluten Free Roll** +1.25 | **Small House Salad** | **Sweet Potato Fries** +2. | **Small Greek Salad** +2.

1 - choose your protein:

1/2 Lb *Hamburger 17.

Turkey burger 17. Crispy chicken 15.

Veggie burger 15.

Cheese

Cheddar Swiss (+1.5) Gruyère Gorgonzola (+2.5)

Pepper Jack Goat Cheese White American Vegan Cheese 2 - choose your style:

Sunrise Cheddar, sunny-side up *egg, Sriracha, home fries +3.

Bacon Bleu Gorgonzola Crumbles and bacon +4.

Puebla Mexicana Pepper Jack, jalapeño, salsa, guacamole +4.

Toppings

bacon +2.5 add an *egg +2. avocado +4. sautéed onions, mushrooms or peppers +2. (each)



BASKETS

baskets are served with hand-cut french fries

Chicken Dippers

BBQ & honey mustard 13.

Buffalo Dippers

Wing Sauce, Bleu Cheese, celery 14.

Fish & Chips

beer-battered cod, remoulade 18.

Hand-cut French Fries 6.
Sweet Potato Fries 7.

KIDS MENU

kids plates are served with fresh fruit salad

Sub hand-cut french fries +1. Sweet Potato Fries +2.

French Toast 10.

Pancakes 10.

- Blueberry 12.
- Chocolate Chip 11.

Chicken Fingers 10.

Fish & Chips 14.

Grilled Cheese 10.

Cheese Quesadilla 10.

all natural
SMOOTHIES

Strawberry Banana

Berry Blast®

Peach Mango

Chocolate Peanut Butter Cup

Green Smoothie

