TYPICAL PROGRAMS AND INTENSIVE mHBOT PACKAGES

"INTENSIFY YOUR MILD HYPERBARIC EXPERIENCE AND GAIN EXTRA BENEFITS"

Typically, m-HBOT is provided in packages of 5, 10, 20, and 40 sessions. Below is a list of what you may be able to expect from each package:

5 Sessions

Generally used by those wishing to help give their body a quick boost in health and vitality, precondition their organs before or after *surgery*, provide a complement for *physical therapy*, *orthopedic/chiropractic* manipulation, *massage*, or any other *body therapies*

- ✓ *Energize* your body, giving you a general feeling of strength and well being
- ✓ *Quickly reduce on-going inflammation* throughout the body
- ✓ *Strong protection* of the body and all its organs including the brain, liver, and heart

10 Sessions

Typically used for those who have recent injuries like sprains or strains, and also has shown dramatic relief in painful joints or tissue

- ✓ Strong **pain-relief** and reduction in swelling
- ✓ Help repair acute and **recent injuries**

20 Sessions

Preferred for those who require major tissue repair that involves enhancing the body's *regenerative* capacities

- ✓ Help to mobilize **new stem cells**
- ✓ Stimulate **new collagen** and **new tissue**
- ✓ Help create **new blood flow** and **circulation**

40 Sessions

Often reserved for those who have *very serious* or *chronic* (long-lasting) *injuries* or conditions or those who are more *proactive* in their health and want to reduce the chances of having major health challenges or crisis

- ✓ Help the body recover from **major health challenges**
- ✓ Help **fight infections** and **diseases**
- ✓ Help **combat aging** and **degenerative diseases**

IT'S TIME TO PUT YOUR BODY INTO OVERDRIVE

WITH EXTRA OXYGEN

Whether you are interested in optimizing your health and vitality, or looking into a serious program or intensive package of mild hyperbaric oxygen, the first step is to try a session for yourself. Find out how your body responds to an energetic experience inside a mild hyperbaric chamber.

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Hyperbaric Experts