# MAGICAL HEALING PROPERTIES OF GEMSTONES + CRYSTALS



BY 3E BRANDS INC





## AGATE STONE = PERCEPTION + **INNER GROWTH**

Hope, positive thinking and optimism
\* Harmony
\* Soothing and calming
\* Protection

- \* Clarity
- \* Inner strength
  \* Security

## AMETHYST = SPIRITUAL GROWTH

- \* Alleviates migraines \* Concentration
- \* Purifying
- \* Balance
- \* Patience
- \* Creativity





## AQUAMARINE = SOOTHING

- \* Courage
- \* Reduces stress levels and quiets the mind
- \* Tolerance
- \* Sharpens perception
  \* Promotes self-expression
  \* reduces fear
- \* Protects during pregnancy and discourages miscarriage

## CORAL

- \* Enhances fertility and virility
- \* Emotional healer
- \* Relieves stress
- \* Increases creativity





## ONYX

- \* Promotes fertility
- \* Eases grief
- \* Stimulates critical thinking
- \* Encourages happiness
- \* Promotes willpower
- \* Heals wounds
- \* Promotes childbirth

## CRYSTAL QUARTZ = IMMUNE HEALTH

- \* Any and all conditions
  \* Stimulates immune system
  \* Cleanses and stimulates the organs
  \* Enhances properties of all gemstones





## **GARNET**

- \* Increases sexual potency
- \* Enhances sexual attraction
- \* Passion and love
- \* Reduces depression
- \* Discourages miscarriage
- \* Stimulates metabolism
- \* Increases courage and hope

## **HEMATITE**

- \* Balances body energies
- \* Increases grounding
- \* Increases self esteem
- \* Calms stress
- \* Increases reliability and protection \* Increases focus and optimism
- \* Increases blood flow and circulation



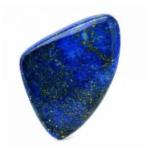


## **JADE**

- \* Serenity and purity
- \* Wisdom
- \* Love and protection
- \* Harmony, good luck and friendship
  \* Stimulates ideas
  \* Balances body fluids

## **JASPER**

- \* Gentleness, relaxation and tranquility
- \* Nurturing
  \* Contentment
- \* Balances ying/yang energies





## LAPIS LAZULI

- \* Relieves stress

- \* Brings deep peace
  \* Harmony
  \* Honesty and compassion
  \* Boosts confidence
  \* Bonds relationships

## MOONSTONE

- \* Reflective and calming
- \* Balances emotions
- \* Happiness
- \* Increases fertility and regulates cycles \* Love
- \* Spiritual insight \* Easy childbirth
- \* Abundance





## **PEARLS**

- \* Purity
- \* Honesty
- \* Innocence
- \* Integrity
- \* Concentration and focus

- \* Tranquility and wisdom

  \* Digestive aid

  \* Increases fertility and eases childbirth

## **RUBY**

- \* Enhances courage and passion
- \* Self esteem
- \* Calmness and relaxation

- \* Harmony
  \* Healing
  \* Improves circulation





## **TURQUOISE**

- \* Provides protection
- \* Courage
- \* Love and good luck
- \* Friendship
- \* Serenity
- \* Protection and wisdom
- \* Fertility
- \* Enhances the immune system
- \* Stimulates tissue regeneration
- \* Relieves cramping and pain

## **AMBER**

- \* Sun energy
  \* Provides warmth and wellbeing
- \* Nurturing and healing
- \* Translates negative energy into positive energy
- \* Provides protection





## **TOURMALINE**

- \* Protection from negative influences
- \* Connects the body to earth

## TIGER EYE

- \* Helps to center energy and balance polarity \* Improves confidence \* Supports vitality and wellness