



Overnight Banana Wheat biskis



Great Because...

**Simple and easy breakfast,
perfect for busy mornings!**

Prepare in... 10 mins

Cooks in... 0 mins

Serves... 1

Ingredients

- 1 Wheat biskis
- 1 Medium sized Banana -
- 40ml of Milk -
- Chai Seeds -
- 1teaspoon of Peanut butter (You can swap for your baby's favourite such as almond butter etc)

How To Make

1. Firstly, break the Wheat biskis up into your bowl. Add milk and then flatten.
2. Mash up 1 medium sized banana and flatten on top of the Wheat biskis
3. Spread 2 large tablespoons of full fat Greek yogurt on top off your banana
4. Sprinkle your Chai seeds on top
5. Add a spoon of peanut butter and lightly mix into the yogurt
6. Leave in the fridge overnight ready for breakfast time!

