



Fun with Jelly



Top Tip

You can buy vegan, preservative-free and even sugar-free jelly so there's no need to worry about sugar overload

Ingredients:

Jelly

Method

Encourage them to squish and poke the jelly with their fingers and squeeze the jelly in their hands letting it slide through their fingers

Sing along with "Jelly on a plate, jelly on a plate, wobble wobble, wobble wobble, jelly on a plate!"

If you're trying to teach your little one to pick things up and feed themselves, try adding small pieces of soft fruit such as banana to the jelly and let them pick it out and feed themselves.

