



Creamy Chicken Orzo



Great Because...

All the family can enjoy!

Prepare in... **5 mins**

Cooks in... **15 mins**

Serves... **approx 4 portions**

Ingredients

- 1 tbsp olive oil
- Black pepper to taste
- 1 garlic clove, crushed
- 50g frozen peas
- 50g leftover roast chicken
- 100g of pre-cooked orzo and quinoa (mixed)
- 100g grated cheddar
- 100ml milk
- Fresh parsley, chopped

How To Make

Add olive oil, black pepper, garlic and remaining ingredients to a pan. Mix gently and create an easy and quick creamy sauce by adding cheese and milk. Stir on low heat for a few minutes and garnish with fresh parsley, serve and enjoy.

