## Bracelet Size Guide

This guide is aimed to help you choose your bracelet, cuff or bangle size by measuring your wrist.
Print this document out to 100\% by ensuring page scaling is set to "none" on the print dialog box on PC or by selecting the print at 'actual size' option on Mac. This guide must be printed on a full A4 page. When printed, check the line below - it should measure exactly 50 mm .

## Measure your wrist using this ruler

1. Cut out the ruler.
2. Cut a horisontal line at the mark.
3. Wrap the ruler around the circumference of your wrist with the numbered side visible.
4. slip the end of the ruler throguh the horisontal opening and pull until the ruler is flush against your skin.
5. The number that lines up with the edge of the opening is your wrist size in Centimeters.

Women's wrists size chart:

| Wrist Measurement (cm) | Size |
| :---: | :---: |
| $12.1-13.3 \mathrm{~cm}$ | Extra Small |
| $13.4-14.6 \mathrm{~cm}$ | Small |
| $16.4-15.8 \mathrm{~cm}$ | Medium |
| $15.9-17.1 \mathrm{~cm}$ | Large |
| $17.2-18.4 \mathrm{~cm}$ | Extra Large |

Men's wrists size chart

| Wrist Measurement (mm) | Size |
| :---: | :---: |
| $14.7-15.3 \mathrm{~cm}$ | Extra Small |
| $15.4-16.4 \mathrm{~cm}$ | Small |
| $16.5-17.8 \mathrm{~cm}$ | Medium |
| $17.9-19.1 \mathrm{~cm}$ | Large |
| $19.2-20.4 \mathrm{~cm}$ | Extra Large |

