

## Step 1:

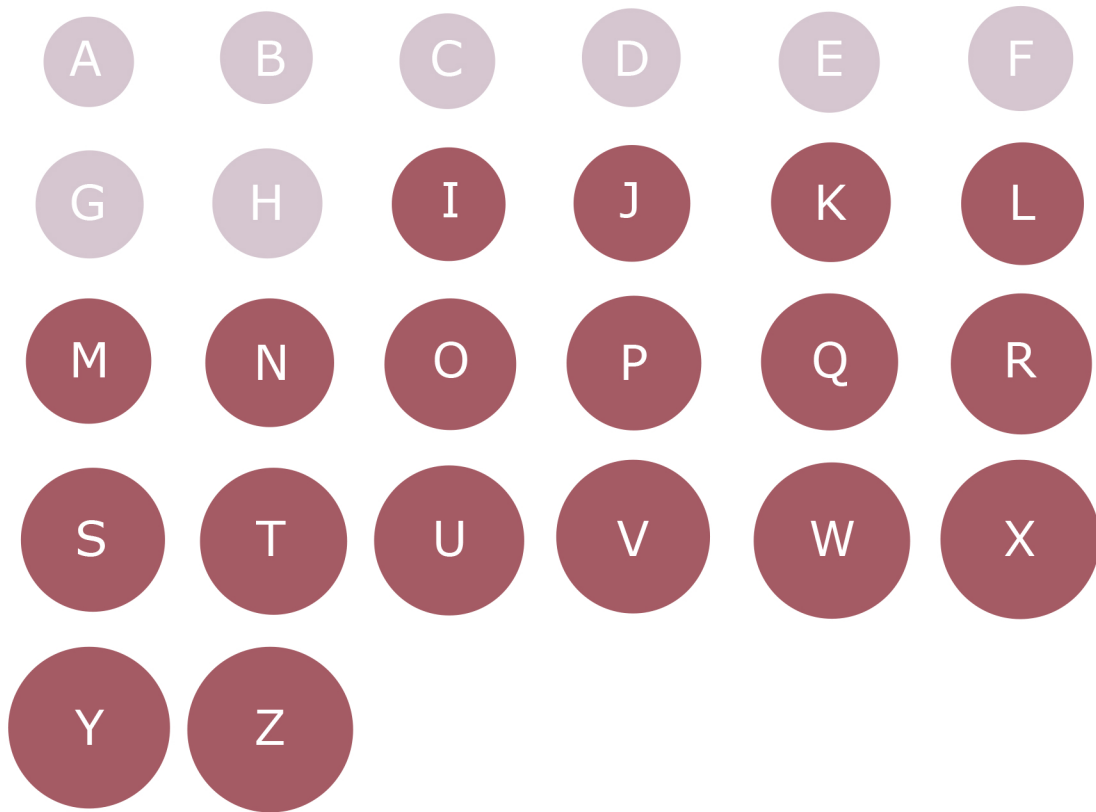
Print out this form. **Please ensure that you are printing at 100% when printing this page, and that it is not being shrunk to fit on the page.**

Check by measuring here. This bar should measure exactly 5cm.



## Step 2:

Choose which way you want to size your ring. The easiest is to find a ring that already fits you. Find the circle that completely fills the inside of your ring without overlapping it.



**Or**

Try this finger sizing tool to help determine your ring size. Cut a slit along the top line and wrap it around your finger pushing the pointed end through the slit and measuring the size there. Remember that the ring will need to be snug but will still need to fit over the largest part of your finger.

