

## ANNA D GUANCHE, MD FAAD



Founder and Director of **Bella Skin Institute**  
23622 Calabasas Road Suite 339 • Calabasas, CA 91302  
*Fellow, American Board of Dermatology as of 2003*  
CA Medical License Current  
MN Medical License Current  
DEA current

### EDUCATION:

Bachelor of Science (BS)	Louisiana State University A&M Zoology with minor in Microbiology Baton Rouge, Louisiana August 1989 - May 1993
Medical Degree (MD)	Louisiana State University School of Medicine New Orleans, Louisiana August 1994 - May 1998
Internship	Hennepin County Medical Center Transitional program Minneapolis, Minnesota January 1999 – June 2000
Dermatology Residency	University of Minnesota Medical Center Department of Dermatology Minneapolis, Minnesota
Preceptorship	University of California, San Francisco Division of Cutaneous Surgery Lasers and Fillers , Roy Grekin, MD and Richard Glogau, MD San Francisco, California
Mentorship	Blepharoplasty/Transconjunctival Blepharoplas Henry Baylis, MD Santa Monica, CA April, 2005
Mentorship	Microcannular Tumescent Liposuction Jeffrey Klein, MD San Juan Capistrano, California March, 2005

### MEMBERSHIPS:

American Academy of Dermatology  
Women's Dermatologic Society  
American Society for Laser Medicine and Surgery  
American Society for Dermatologic Surgery  
California Society of Dermatology and Derm Surgery  
California Society for Facial Plastic Surgery

**CURRENT POSITIONS:** **Bella Skin Institute**  
**Dermatology, Laser & Aesthetic Surgery Practice**  
**Founder and Director**  
May 2006 – present

**AFFILIATIONS:** **University of Minnesota Department of Dermatology**  
Adjunct Clinical Instructor  
June 2003 – present

**UCLA Olive View Medical Center**  
Consulting Dermatology Staff  
Through 2019

**Los Robles Regional Medical Center**  
Consulting Dermatology Staff  
Thousand Oaks, CA  
June 2004 – present

**POSITIONS HELD:** **Center for Dermatology Care**  
Dermatologist  
Thousand Oaks, CA  
Feb 2004 – May 2006

**Health Partners**  
Dermatologist  
Minneapolis, MN  
Aug 2003 – Jan 2004

**HONORS AND AWARDS:**  
**RESIDENCY:**

American Society for Dermatologic Surgery  
Preceptorship Award, Laser Surgery and Injectable Fillers: Dr. Roy C. Grekin, UCSF  
Cowgirl Award - Denim and Diamonds for Autism Care Today, 2017  
"Super Doctors" Los Angeles Magazine, Voted by Peers, Each Year 2013-2021

**MEDICAL:**  
**UNDERGRADUATE:**

Honors Research Program  
Staff Senate Scholarship  
Golden Key National Honor Society  
Eta Sigma Phi Latin Honor Society  
Certificate of Excellence  
Alpha Epsilon Delta Premedical Honor Society

**CHARITIES**

Melanoma Research Foundation 2015-2019  
Denim and Diamonds "Cowgirl of the Year" (Autism Awareness) 2018  
Dermatology Foundation  
Act Today!  
For the Child  
ASDS Dermasurgery Advancement Fund



**RESEARCH:  
RESIDENCY:**

"Separation of Neural and Immune Effects of Immunophilin Ligands on the Hair Follicle in C57Bl/6J Mice" Co-Investigator and co-author of grant from Guilford Pharmaceuticals August 2000) Advisor: Maria Hordinsky, MD

"FKBP-12 Expression as a Marker for Nerve Regeneration in the Cutaneous Peripheral Nervous System" Primary investigator and author of grant from the Minnesota Medical Foundation (September 1998)  
Advisor: Maria Hordinsky, MD

"The effects of Capsaicin on Substance P at the level of the hair follicle"  
Advisor: Maria Hordinsky, MD

"CONTOUR- Condition of Submental Fullness and Treatment Outcomes Registry"  
Kythera Biopharmaceuticals, May 2015

**MEDICAL SCHOOL:**

"Needle Free Versus Traditional Needle Injections," (Medi-Ject study) wrote manuscript 1998 Advisor: William Eaglstein, MD, Chairman of Department of Dermatology, University of Miami

**UNDERGRADUATE:**

"The Effects of Circadian Rhythms on the Insulin Resistance of Sprague Dawley Rats," Advisor: Albert Meier, PhD Chairman of Endocrinology, Louisiana State University

**PUBLICATIONS:**

"The Outcome of Two Knee Scoring Questionnaires in a Normal Population"  
Demirdjian AM, BS; Guanche CA, MD; Petrie SG, MD, Thomas KA, PhD  
Amer Jour Sports Med Jan 1998 Vol 26 No 1 pp46-51.

"Generalized eczematous contact dermatitis from cocobolo wood"  
Guanche AD, Praver S. Amer J Contact Derm June 2003 Vol 14 No 2 pp90-92.

"Surgical treatment of obstructive palpebral tumors in d'emblee variant of cutaneous T cell lymphoma"  
Guanche AD, Bohjanen K, Tope WD.  
Dermatol Surg, Dec 2004 Vol 30 pp1-4.

**PRESENTATIONS:**

American Society for Dermatologic Surgery, 2021 Annual Meeting Session Co-Director: Management, PR, Media Influencers "Technicalities: How I Create My Videos" October 2021

Generational Dermatology, Virtual Meeting, "Cosmeceuticals", September 2021

The California Society of Facial Plastic Surgery Newport Beach, Invited Speaker  
Social Media Tips and Tricks: How to Grow a Social Media Presence, July 2021

"Business of Dermatology & Cosmetics", University of Minnesota Dermatology Residency, June 2021

"Dermal Fillers 101", Kaiser Dermatology Residency, April 202

"Iron Surgeon", American Society of Dermatologic Surgery, October 2020

American Society for Dermatologic Surgery (ASDS) Virtual, Invited Speaker  
Iron Surgeon Competition and Lecture, Social Media and PR Session Moderator, September 2020

Generational Dermatology Palm Desert, Invited Speaker, Neck Trifecta/Tech Neck  
Live Injection Demonstrations - GuancheLift, March 2020

California Society for Facial Plastic Surgery Squaw Valley, Invited Speaker "Social Media: How I Got Started and How I'd Do it Now", February 2020

"Bella FX/GuancheLIFT/Neuromodulators" Generational Dermatology, February 2020

"Perfect Selfies IRL" Generational Dermatology, February 2020

*Presentations Continued...*

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## *Presentations Continued...*

- "Millennial/Gen Z Cosmetics 101: How to Get Hooked Early" Generational Dermatology, February 2020
- "GuancheLIFT™ - The Fifteen Minute Filler Facelift" Generational Dermatology, February 2020
- "Social Media - How I Got Started and How I Do it Now?" California Society of Facial Plastic Surgery, February 2020
- "Mastering Microneedling Technique Face and Off Face, PRP- RF and Topicals", American Society of Dermatologic Surgery, October 2019
- "Here Comes the Sun" Sun protection and skin cancer prevention, Amgen, Thousand Oaks, CA , July 2006
- "Thermage Workshop" Hands-on narrated demonstration, Hyatt Westlake Village, CA, June 2004
- "Preventing and Treating Skin Cancer", Los Robles Regional Medical Center AAD screening session  
Thousand Oaks, CA, May 2004
- "Hyaluronic Acid Fillers" Minnesota Dermatologic Society Meeting, Minneapolis, MN, December 2003
- "Common Cutaneous Neoplasms and Dermatitis", Hennepin County Medical Center medical student lecture  
Minneapolis, MN, August 2003
- "Introduction to Mohs Micrographic Surgery and Common Cutaneous Neoplasms", University of Minnesota  
Department of Dermatology introductory resident lecture, August 2003
- "Lasers in Theory and Practice", University of Minnesota Department of Dermatology Grand Rounds, August 2003
- "Skin Rejuvenation: Retinoids and Cosmeceuticals", University of Minnesota, Department of Plastic Surgery  
Grand Rounds, May 2003
- "Here Comes the Sun" Discussion of skin cancer and sun protection, White Bear Racquet and Swim, White Bear Lake, MN  
April 2003
- "Photobiology and Carcinogenesis" University of Minnesota Department of Dermatology resident lecture, March 2003
- "I'd Like to Look Younger" Primary Care Update: Park Nicollet Continuing Education workshop on Botox and  
Cosmeceuticals, Minneapolis, November 2002
- "Mohs Micrographic Surgery: a brief synopsis" University of Minnesota Department of Dermatology resident lecture  
August 2002
- "Cosmeceuticals for the Elderly" Aging Conference, Minnesota Dermatologic Society, Minneapolis, May 2002
- "Ichthyosiform Dermatoses" University of Minnesota Department of Dermatology Grand Rounds, March 2002
- "Here Comes the Sun" Discussion skin cancer and photoprotection to lifeguard trainees, Minnesota Department of Parks  
and Recreation, St Paul, March 2002
- "Permanent Waving and Hair Straightening", University of Minnesota Department of Dermatology Grand Rounds, April 2001
- "Cutaneous Manifestations of Internal Disease", University of Minnesota Department of Medicine lecture series, April 2001
- "Here Comes the Sun" promoting sun protection and educating lifeguards, Minnesota Department of Parks and Recreation  
St Paul, February 2001
- "The Genetics of Alopecia Areata" National Alopecia Areata Foundation Meeting, Minneapolis, November 1998
- "The Outcome of Two Knee Scoring Questionnaires in a Normal Population", Oral Presentation and Poster Presentation  
American Academy of Orthopaedic Surgeons, 1997

**PERSONAL:** Two Children: Carlos and Isabella  
Conversational in Spanish  
Twin Cities Marathon Finisher, Oct 2000  
Mrs. Minneapolis, 2003  
Hobbies include: Music Appreciation, Fitness, Travel, Social Media

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## TELEVISION APPEARANCES



***KTLA Unscripted***, Back to School Must Haves - Miracle Cream & PeachSheets, 2021

***KTLA Weekend***, Tips to Beat the Summer Heat, 2021

***Daily Mix***, Summer Skin Care Secrets & Miracle Cream, 2021

***KTLA Morning Weekend News***, How to Slow the Signs of Aging, Treatments & Techniques, 2021

***ET***, RoC Max Hydration, 2021

***Inside Edition***, RoC Crepe Repair, 2021

***XDTV ABC 10***, Secrets to Glowing Skin This Spring, 2021

***Talk Shop Live***, Launch of Miracle Cream, 2021

***KTLA***, Maskne, 2020

***KTLA***, Emsculpt, 2020

***KTLA***, Getting Wedding Ready, 2020

***ET***, Maskne, 2020

***ET***, Reduce Signs of Aging, 2020

***Access Hollywood***, RoC - Ask The Dermatologist, 2020

***Access Hollywood***, RoC- How To Get the Virtual Meeting Glow, 2020

***NBC, California Live*** - Keeping Makeup Brushes Clean and Bacteria Free, 2020

***NBC, California Live*** - Get your Glow Back with These Easy Tips, 2020

***KTLA***, LA Unscripted - GuancheLift, 2020

***KTLA***, Global Glow Up, 2019

***KTLA***, Coachella Guide, 2019

***ET***, Neck Trifecta, 2019

***ET***, Beauty Myths, 2019

***ET***, Reduce Signs of Aging, 2019

***ET***, The Youthful Neck, 2019

***ET***, Celebrity Beauty Secrets, 2019

***Extra***, Aquaphor, 2019

***ET***, RoC- Out of the Box Beauty, 2019

***The Doctors***, GuancheLift, 2019

***The Doctors***, High Tech Turkey Neck, 2018

***Extra***, AquaGold, 2018

***The Doctors***, Cutaneous Horns versus Skin Tags, 2018

