



# W



# Wisdom Activities

# Product Catalogue

# 2023



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# Games - Bingo



## BLACK & WHITE BINGO BUDGET

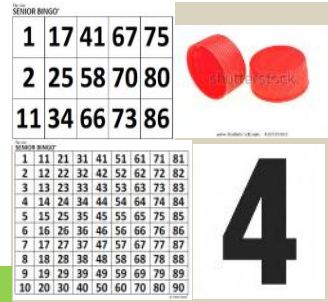
21 Large cardboard cards with black numbers on a white background. Includes A3 Caller Card as well as 300 counters. This set is not laminated.



Order Code: 3510 \$65

## SENIOR BINGO LARGE 1 - 90

30 A4 plastic-coated player cards with 15 numbers for easy cleaning. Large A4 numbers 1-90 for the caller to use and 300 large tokens for the players. Good for aged, hearing & sight impaired. Practical so everyone can join in.



Order Code: 3500 \$189

## BINGO WITH CAGE 1 - 90

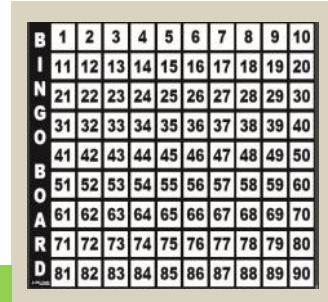
Plastic coated cage, 27cm diameter. Comes with 90 brightly coloured marked balls and a tray for them to sit in when called. Cards & Tokens Sold Separately.



Order Code: 3509 \$165

## A3 CALL BOARD 1 - 90

Bingo Call Board. Sturdy black and white laminated board. 31cm x 31cm Numbers 1 - 90



Order Code: 3538 \$15

## BINGO TOKENS - HI CAPS

100 pack plastic discs. Light weight and easy to handle. Approx 3cm wide x 2cm high



Order Code: 3502 \$35

## BINGO CALLING CARDS - Small

Hand held cards which you can use for calling Bingo, Memory Games, Scoring etc. Easy to shuffle and handle.

Standard Size Cards with 1 - 90 in the middle of the card. Approx 9cm x 5cm, similar size to a business card.



Order Code: 3557 \$25

## A4 LARGE NUMBERS 1 - 90

1 - 90 Fully laminated Large numbers only. Also can be used as score cards. Proven effective for the visual and hearing impaired.



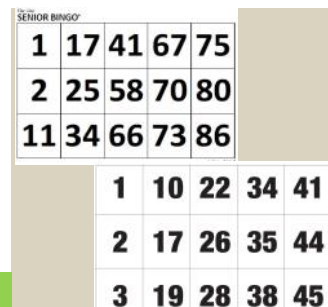
Order Code: 3536 \$99

## A4 30 PLAYER CARDS

A4 Large print Bingo. 30 playing cards with sequenced 15 numbers. Plastic coated for hygiene. Fully washable and will last for years.

1 - 90 Order Code: 3537 \$99

1 - 50 Order Code: 3506 \$99



Order Code: 3537 \$99

## MUSICAL BINGO CD 1 & 2

Music Bingo with printable game cards for 24 players.



CD 1 - 80 Songs - Grey 3499  
CD 2 - 40 Songs - Blue 3564

Order Code Above \$69 Each

## A5 LARGE NUMBERS 1 - 90

Order Code: 3592 \$62

## A5 LARGE NUMBERS 1 - 75

Order Code: 35922 \$57

## A5 LARGE NUMBERS 1 - 50

Order Code: 35921 \$52



Order Code and Prices Above



## Games - Large Wooden Games

### BALL IN THE BUCKET

Floor Basket Ball Game .  
Use for exercise, fun or group challenges. 60cm x 60cm  
**NOW ON WHEELS - SAFER WITH BUCKET CATCHER**

Order Code 3450 \$295



### QUOITS - LARGE

Wooden set with extra large base 45cm x 45cm, with tall centre pin at 40cm. 6 rope style rings included. Bright for Visibility.

Order Code: 3153 \$110



### GOLF GAME

Built with an incline so if the participant misses one of the five holes, the golf ball rolls back. Suitable for residents who are less mobile. **Comes with one golf putter & 4 golf balls.** Can be folded away for storage. Now with safety clips

Order Code: 3148 \$350



### BALL ROLLER RAMP

Height is adjustable. Ranges from 40cm x 65cm. Made of timber with a swivel base design for accurate targeting. Dismantles easy if you wish to store away. Use for Chairbound

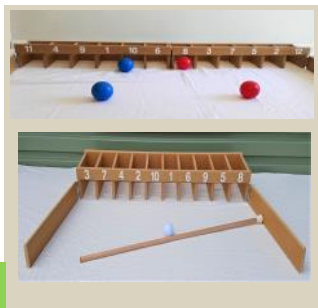
Order Code: 3453 \$239



### FLOOR & TABLE BOBS

Floor Bobs 130cm when open  
**CODE 3139 \$259**  
Table Bobs 80cm when open.  
Includes cue for table  
**CODE 3140 \$229**  
Both Fold away for storage.

Order Code and Prices Above



### TWELVE PIN LINE UP

Wooden pins all numbered for scoring when knocked over. Good for sitting indoor floor games. Hit the target with the red top and score more points. Knock down balls inc. Highest Pin 36cm. Shortest 22cm

Order Code: 8910 \$150



### O & X - FRAME LARGE

Upright Table Game version.  
Measures approx 38cm x 30cm.  
Use for Chair or Bedbound or for Outdoor.

Order Code: 3013 \$195



### DIAMOND HOOKEY

Large Size 90 X 60cm - Simple game of throw and toss either standing or sitting.

Note No Stand Supplied.

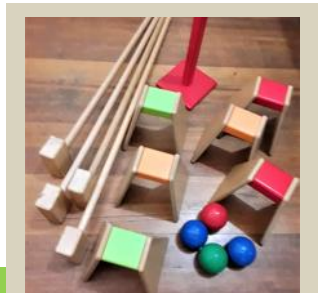
Order Code: 3456 \$215



### CROQUET - INDOOR & OUTDOOR

Includes 4 wooden mallets 90cm, wooden 'hoops' large coloured balls and a finishing pin. Able to be played from a wheelchair. Packed unassembled to ensure quality finish when assembled.

Order Code: 3090 \$389



### TEAM TARGET

60cm x 40cm. Portable Floor Game where the highest score wins. Comes with a back board to catch the lightweight balls which are tossed into scoring holes. Can be dismantled for storage.

Order Code: 3460 \$250







# Games

## LARGE - TOWER TUMBLER

Use for outdoor and get participants to walk and lift items as a exercise activity. Pieces are light weight 160 grams 38cm x 21cm and when completed measures 81cm in height. Indoor okay too!



Order Code 3607 \$130

## SNAKES & LADDERS - 2 Games

Measures 1.5m. Use outdoors in the warmer states or have on hand as an outdoor or indoor movement activity with concentration. **On the back of mat coloured dots adapt for a throwing mat activity.**



Order Code: 3605 \$149

## SCATTER INDOOR OR OUTDOOR

Game comes with instructions. Throw the pin and hit the numbers which are clearly marked with black outline. Traditional game now popular once again.



Order Code: 3606 \$93

## CHECKERS & CHESS

38cm x 38cm. This versatile item can be both checkers or Chess. Chess piece measures 8.5cm in height. Want a classy game piece to fit in with the décor. Here it is!



Order Code: 3608 \$260

## CHINESE CHECKERS

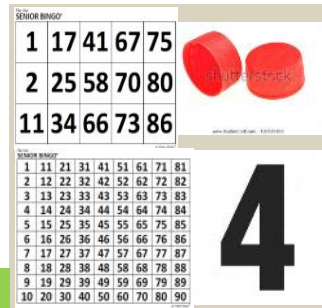
Standard size game with a wooden base. Packed measures 30cm x 30cm. Comes with instructions and colourful pegs. Traditional table top game.



Order Code: 3602 \$44

## SENIOR BINGO

30 A4 cards with 15 numbers. Coated for easy cleaning. Large A4 numbers 1-90 for the caller to use and 300 large tokens for the players. Good for aged, hearing & sight impaired. Practical so everyone can join in.



Order Code: 3500 \$189

## GIANT YAHTZEE

6 Large Dice made of wood with game cards. Dice measure 9cm x 9cm x 9cm. Indoor or outdoor mental focus activity.



Order Code: 3603 \$60

## MAHJONG - Include 4 Racks

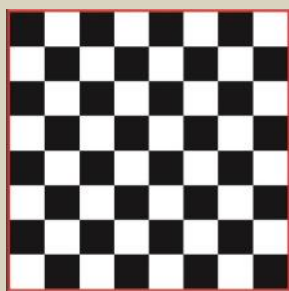
A stimulating game of strategy. Individual pieces measure 3cm x 1.5cm. This set includes 4 Racks. Additional 4 Racks available but sold separately.



Order Code: 3618 \$160

## DRAUGHTS - LARGE

57cm x 57cm - Laminated Sheet with Black & White wood tokens. approx. 5cm diameter. Finished with red border. Made especially for the elderly, by Wisdom Activities. Could also be used for chess.



Order Code: 3100 \$56

## SHUT THE BOX

Traditional game of dice for one or more players, commonly played in a group of two to four for stakes. Instructions included in hard cover box. Measures approx A4 size.



Order Code: 3616 \$55



# Games

## DART BOARD - SAFETY

46cm Dart Board with thousands of holes to lodge a safety dart. Light weight, comes with 6 safety darts. Bright colours to make it easy to see

Additional 6pack of darts available  
Order code: 35631 \$13

Order Code: 3563 \$52



## SCRABBLE - STANDARD

The Old Favourite. Scrabble.

Contents Include;

4 Racks, 100 Letter Tiles, Tile Bag, Rules, and Playing Board

Order Code: 3487 \$49



## GOLF PUTTER

Two Golf Balls with large Bright Orange Putter. Measures 85cm

Order Code: 3541 \$42



## GIANT FOUR CONNECT

Connect four discs, vertically, horizontally or diagonally then release and do again. Develops problem solving and cognitive skills. Large for easy use.

Order Code: 3132 \$120



## SKITTLES - LARGE

10 Rubber Skittles 29cm high. Come in an easy carry bag includes one ball with three holes, approx 15cm.

Order Code: 3544 \$109



## SKITTLES - MINI

10 Rubber Skittles 20cm high. Come in an easy carry bag includes one ball with three holes, approx 12cm.

Order Code: 35441 \$75.90



## BALLOON BADMINTON

2 rackets 30cm with small balloons supplied. Light weight fun which could be played whilst sitting in a chair.

Use for fun or exercise.

Order Code: 3522 \$35



## TENNIS NET

Portable 3m Net. 85cm High. Quick & easy set up. High quality non-rust material. Suitable for indoor or outdoor use.

Order Code: 35221 \$90



## MAGNETIC DART GAME

40cm x 40cm comes with six magnetic darts. Darts hit a steel dartboard. Great safe dart game for your residents to enjoy.

Order Code: 3578 \$49



## TARGET MAT

This is a vinyl mat which has a circle for scoring with numbers. It measures 100cm x 100cm. Good for floor games. Bright and easy to see. Washable Note Bean Bags not included. Could be used with shuffle board.

Order Code: 3562 \$56







# Games

**ABOUT ME**

**MEN**

**MUSIC**

**MOVEMENT**

**GREAT OPENING QUESTIONS**

**REMIINISCENCE**



**Toss & Talk Balls:** Encouraging questions or movement to improve communication, memory, connection & self esteem. **\$39 Each**

Code: 3531

Code: 3559

Code: 3561

Code: 3547

Code: 3560

Code: 3594

## PICTURE BINGO - GENERIC

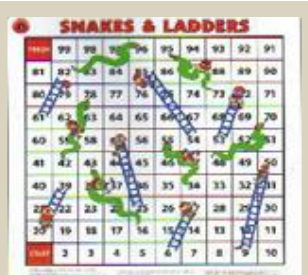
10 Laminated sheets, each with 9 images that match laminated card images. Similar to bingo, where players cover up images as they are called out and the winner is the first to cover all images. There are 90 different images.



Order Code: 2109 \$52

## SNAKES & LADDERS LARGE

Large Vinyl Cloth backed mat. Measures 70cm x 70 cm. Tokens and instructions included.



Good for visually impaired.

Order Code: 3015 \$36

## FRISBEE OR MARKERS

Very soft tactile texture and easy to use. Frisbee use or as markers for games. Suitable for indoor or outdoor.



Sold individually

Order Code: 3524 \$8 Each

## CARPET BOWLS

Small Size bowls with bias complete with 8 bowls, jack and rules. Designed for indoor to play on carpet. Suitable for Nursing Home or Hostel.



Order Code 3147 \$229

## GRIP CATCH BALL

This could be used to engage someone in a chair or bed - Two hand held soft round discs and a ball when caught sticks to the disc. Guaranteed to bring a smile to the participant. Good for eye and hand co-ordination.



Order Code: 3534 \$12

## BOCCE BALLS

A traditional European team game. Eight light weight balls and a jack in a case. Use to increase muscle strength and co-ordination skills or add to other games. Balls approx 10cm



Order Code : 3146 \$31

## TARGET WHEEL MADE TO ORDER ONLY

Measures 160cm x 9cm. Velcro and Numbered sections which can be used for games or toss and throw while the wheel is spinning. **Freight price will be additional and based on your location.** **HEAVY ITEM**



Order Code: 3459 \$495

## MOVING FOR LIFE - BOOK

The exercises in this book will improve Strength, Balance, Flexibility, and Joint mobility. You can exercise at home by yourself, or with a support person. Featuring over 30 exercises. Resource tool for leaders.



Order Code: 3609 \$36



## Games - Table Games

### DICE PLASTIC - LARGE

8cm x 8cm Dice made from soft wash-able plastic.

Large Black Dots. Use Indoor or Outdoor

Sold individually

Order Code: 3363 \$12



### INDIGENOUS MEMORY GAME

A rustic memory game featuring 16 Indigenous Symbols. Every player must try to remember where all the shapes are as they each turn a tile over to find the matching pairs.

Order Code: 20791 \$22.90



### PUZZLE MAT

Measures 83.5cm X 127cm.

Easy store puzzles up to 2000 pieces. Make your jigsaw on the felt mat and when you want to stop simply pull open the tube, roll and store.

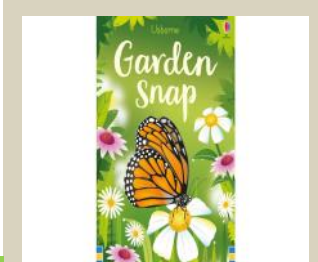
Order Code: 4146 \$30



### GARDEN SNAP - 52 CARDS

52 Cards with sets of (4) pictures for an old fashioned game of snap. Great visual pictures for the keen gardener. Use also for intergenerational interaction, concentration & mental stimulation.

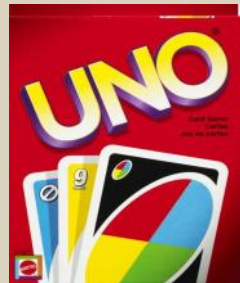
Order Code: 1332 \$22



### UNO

Everybody knows and loves this game. Pull out the cards and have some fun. Cards measure 15cm x 9cm. This game never gets old. Great for memory & logical thinking.

Order Code: 3543 \$13



### CARD HOLDER - WOOD

Wood version with grooves for holding cards. 24cm x 5cm. Sold individually

Order Code: 3082 \$19



### LARGE NUMBER CARDS

Large print numbers on standard size playing cards.

9cm x 6cm

Order Code: 3060 \$12



### CARD HOLDER - PLASTIC

Plastic fan measures approx. 20cm x 10 cm. Light weight and sturdy suitable for most card games. Free standing when cards are placed.

Order Code: 3084 \$17.50



### PLAYING CARDS

**CLASSIC POKER** 9cm X 6cm \$10

Code: 3061

**JUMBO CARDS** 12cm x 9cm \$12

Code 3080

Order Code and Prices Above



### GIANT CARDS - A4 - 28cm x 21cm

Extra Large Playing Cards 28.5cm x 21cm.

Order Code: 3600 \$36 Per Pack





# Games - Table Games



## DOMINOES - LARGE - WOOD

28 pieces measure 16cm x 8cm. Large flat wood pieces for easy care. Comes with comprehensive instructions. Black dots on wood.



Order Code: 3181 \$55

## DOMINOES - PICTURE

Recognisable household picture items which can be matched as dominoes. 45 large laminated pieces. Good recognition & conversation tool. Instructions included. 16cm x 7cm



Order Code: 3517 \$45

## DOMINOES - CLASSIC

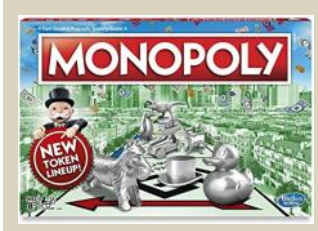
A small wooden box containing classic wooden dominoes.



Order Code: 3519 \$12

## MONOPOLY - ORIGINAL

Traditional game everyone will know and enjoy playing.



Order Code: 3621 \$49

## RUMMIKUB - NUMBERS

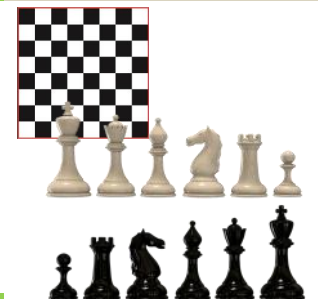
A Rummi card game played with 2.5cm tiles placed on racks for player convenience. Tiles represent a complete pack of cards from which the game is played.



Order Code: 3480 \$49

## CHESS COMPLETE SET

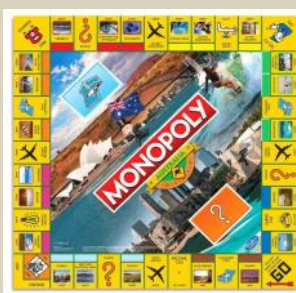
Chess Board Measures 51cm x 51cm and folds in half for Storage. Chess pieces come in zip bag. Black and White Pieces measure approximately 9cm high.



Order Code 3596 \$54

## MONOPOLY AUSTRALIA

Contents include: Gameboard, 6 Tokens, 28 Title Deed Cards, 16 Chance Cards, 16 Community Chest Cards, 32 Green Houses, 12 Red Hotels, 2 Dice, Money Pack and Game Guide. Good Aussie memory jogger.



Order Code: 3613 \$62

## CLOSE COUNTS

Close Counts is a game where the best guesstimate wins! How many Coca Colas sell daily? Don't know, it doesn't matter. The nearest guess wins. There are size categories of statistical fun.



Order Code: 31181 \$49

## TRI-OMINOS

The classic triangular domino game for 2-4 players. Contains 58 Tri-omino tiles, four racks and instructions. Variation on the well known game where players try to match their tile with one that is already on the table.



Order Code: 3179 \$39

## WORD SPIEL - ALPHABET

110 Alphabet Cards - Deal 10 Cards and start making words from the last letter displayed. Word play for memory, thinking and keeping the mind active. Comes with instructions and a timer. The timer doesn't have to



Order Code: 1321 \$32



# Exercise



LILAC 3281    YELLOW 3230    GREEN 3220    ORANGE 3240    BLUE 3200    RED 3280    PINK 3260    PUMP 3020

Giant Balloons \$8.70 Each and Balloon Pump \$12

## BALLROOM SEATED - DVD

Australian produced DVD Ballroom and Latin dancing from a chair with 13 demonstrations totalling approximately 45 minutes

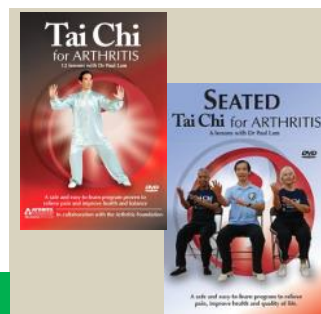


Order Code: 3525 \$30

## TAI CHI - DVD

Teaches you Tai Chi as if you were in a class. Demonstrating each movement step by step. Instructor is a Dr who explains each movement & how you can incorporate into your every day life.

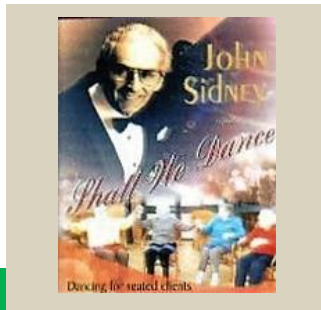
TAI CHI SANDING - 3590  
TAI CHI SEATED - 3532



Order Code As Above: \$35

## SHALL WE DANCE - CD

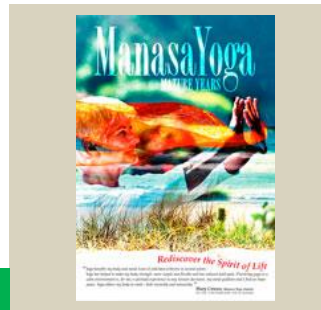
A collection of 16 songs and exercises for seated clients. Programme takes approximately 30 minutes to complete. Songs inc (Here we go Again, Waltz, Tiptoe Through the Tulips, Moon River).



Order Code: 5013 \$27

## MANASA YOGA - DVD

Gentle stretching and natural full breathing. Exercise is accompanied by music and nature to provide visual, emotional and physical stimulation for the whole body. Can be done seated or standing. No Level of fitness required.



Order Code 4600 \$45

## MOVEMENT TO MUSIC - CD

Seated and standing narrated exercises in the one CD. Gentle exercise to music. Two sessions (tracks) for different levels of ability supervision is recommended. Prepared by a DT



Order Code: 3367 \$30

## STRONGER HEARTS - DVD

Motivate your residents through a diverse range of fun and interactive activities. There are three 30 minute classes which are designed to help prevent falls and other injuries by gentle seated exercises. A fantastic tool to implement regular exercise for residents with ease.



Order Code: 3619 \$35

## SMILE & SWAY Gently - DVD

Seated Exercise DVD produced by Australian lifestyle provider. 30 Minutes easy exercises in a dance feel style. You can turn on and off vocals. Music is fun uplifting and tailored to elderly in care..



Order Code: 3576 \$49

## EASY MOVES - CD

CD of 'golden oldies' instrumental tunes to play during gentle exercise classes, or just listen to at home. Songs inc (As Time Goes By, When Irish Eyes Are Smiling, Love & Marriage, My Favourite Things, Tea for Two)  
30 mins



Order Code: 5241 \$20

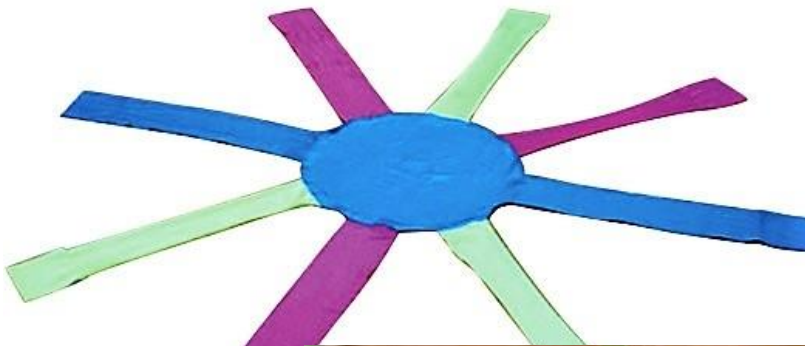




## Exercise

# OCTABANDS

Octabands are a colour stretchy band that makes it fun for aged movement and ball games. Some of the benefits include creating focus and concentration, Building awareness of others, Inspiring inclusivity, Promoting group cohesion and encouraging co-operation.



8 Leg Octaband can be used by  
2 to 8 People.

**8 Leg Order Code: 3591**  
**\$125**



16 Leg Octaband can be used by  
10 to 16 People.

**16 Leg Order Code: 3610**  
**\$165**



24 Leg Octaband can be used by  
12 to 24 People.

**24 Leg Order Code: 3611**  
**\$240**



# Exercise

## EXERCISE - HAND SCARVES

Pack of six hand held scarves to facilitate flow and movement during exercise or dance.



**Order Code: 3310 \$29**

## TACTILE BALL - 2 Sizes

Great for exercise. Large Measures 18 cm. Small 8cm, colours will depend on availability. Use for exercise. Good for those visually impaired. Small can be used as massage or for hand therapy.



**Small 3291 \$8 Large 3625 \$12**

## BEAN BAG FLY

Pack of 6. Variety of colours. Weighted at one end to give direction through flight, with a flowing scarf attached. Use for exercise or use to throw for a floor game.



**Order Code: 3134 \$35**

## ACTIVE FOR LIVING—DVD

Resource for older adults & fitness leaders. Safe, fun and easy to learn exercises for older adults to do in the comfort of their own home. Suitable for a wide range of abilities and fitness levels including exercising in a chair.



**Order Code: 3580 \$28**

## BEAN BAG

Sold individually or as a Pack of 4. Versatile equipment for all sorts of activities.

Colours will depend on availability.



**Single 3115 \$7 4 Pack 31151 \$16**

## PARACHUTE

### LARGE 5.0 m

Hard wearing parachute style, for fun exercise groups. Can be used outdoor or indoor. Includes handles for up to 12 participants.

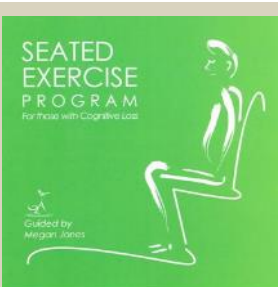


**Order Code Large 3157 \$139**

## SEATED EXERCISE - GREEN - CD

Seated exercise program for those with cognitive loss.

Guided by a qualified yoga instructor. Assist in sensory awareness as well as flexibility & mobility. (Later Stage Dementia)



**Order Code: 2036 \$28**

## FOAM BALL

Foam Elephant skin coated foam ball. Approximately 21cm in size. Won't deflate. Soft textured ball. You won't have to replace balls with this investment.

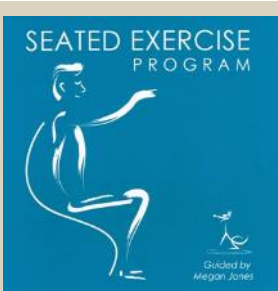


**Order Code 3542 \$32**

## SEATED EXERCISE - BLUE - CD

Narrated by a qualified yoga instructor with ten years of experience.

Specifically designed for the elderly in the community or Low Care settings



**Order Code: 2037 \$28**

## EXERCISE BANDS

Comes in 5.5m roll and can be cut to suit resident needs.

<b>X Light:</b>	<b>3574</b>	<b>Peach</b>
<b>Light:</b>	<b>3572</b>	<b>Orange</b>
<b>Medium:</b>	<b>3570</b>	<b>Green</b>
<b>Heavy:</b>	<b>3571</b>	<b>Blueberry</b>



**Order Code Above: \$47 Each**



# Music - Sing A Long & Words on Screen



## CD - ACTIVE SING A LONG VOL 1

CD 19 all time favourites. Comes with large print songbook, a quiz and other useful trivia information. Songs incl ( *As Time Goes By*, *Click Go The Shears*, *The Happy Wanderer*, *I Belong To Glasgow*) Interactive dialogue comes in after four songs to encourage and inform participants.

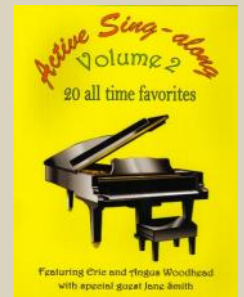
Order Code: 5074 \$30



## CD - ACTIVE SING A LONG VOL 2

CD 20 all time favourites, comes with large print songbook and a quiz as well as facts and trivia information. Some songs incl (*Beautiful Dreamer*, *Danny Boy*, *Lily of Laguna*, *Now is the Hour*, *Pack up your Troubles*, *Waiting at the Church*, *You Made me Love You*)

Order Code: 5099 \$30



## DVD - COUNTRY CLASSICS

Images on Screen & CD songbook to be printed. 16 well known tracks including (*Tennessee Waltz King of the Road* *Hey Good Lookin*, *Crazy*, *Paper Roses*, *Red River Valley*.)

WORDS ON SCREEN 60 mins

Order Code: 5136 \$42



## DVD - AROUND THE WORLD

Images on Screen & CD songbook to be printed. 18 well known tracks inc; (*Far Away Places*, *Down Mexico Way* *This Land is Your Land* *Sukiyaki* *Blue Hawaii* ,*The Happy Wanderer*)

WORDS ON SCREEN 60 mins

Order Code: 5037 \$42

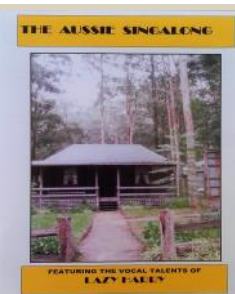


## DVD - AUSSIE SING A LONG

13 favourite well known Aussie songs, (*Waltzing Matilda*, *Wild Colonial Boy*, *Pub with no Beer*, *Botany Bay*, etc.)

WORDS ON SCREEN - 30 Mins

Order Code: 5054 \$35

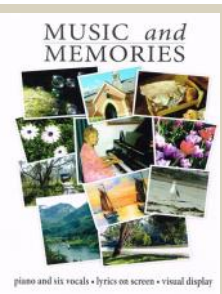


## DVD - MUSIC & MEMORIES

Lyrics & pictures on screen, comes with info booklet about songs. ("Show me the way to go home. She'll be coming around the mountain., Oh you beautiful doll. Piano "Old Time Dance")

WORDS ON SCREEN 30 mins

Order Code: 5182 \$32



## DVD - 50'S FUN

Songs Inc (*That's Amore*, *Rock around the Clock*, *Love Me Tender*, *How much is that Doggie in the window*, *Crazy*, *Shook Up*, *Blueberry Hill*, *Who is sorry Now?*)

Download Song book

WORDS ON SCREEN 60 mins

Order Code: 5224 \$42



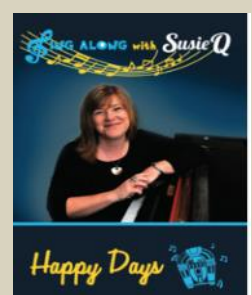
## DVD - HAPPY DAYS

Songs Inc (*Rockin Robin*, *Sixteen Tons*, *Sea of Love*, *The Lion Sleeps Tonight*, *That'll Be the Day*, *Save the Last Dance for Me*, *Sh-Boom*, *Only You*, *To Know him is to Love Him*)

Download Song book

WORDS ON SCREEN 60 mins

Order Code: 5234 \$42



## DVD - 70'S SIZZLE

Songs Inc (*Raindrops keep falling on my head*, *I'd like to teach the world to sing*, *Bad Bad Leroy Brown*, *Sweet Caroline*, *Tie a Yellow Ribbon Round the Old Oak Tree*, *The Candy man*, *Paper Rose*)

Download Song book

WORDS ON SCREEN 60 mins

Order Code: 5227 \$42



## DVD - MOVIE MAGIC

Songs Inc (*For Me and My Gal*, *Oh What a Beautiful Morning*, *Somewhere Over the Rainbow*, *Singing in the Rain*, *Put your arms around me honey*, *Edelweiss*, *For me and My Gal*.)

Download Song book.

WORDS ON SCREEN 60 mins

Order Code: 5226 \$42



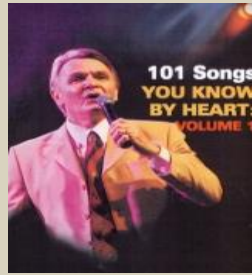
PDF of Susie Q Songs Books Available by Email



# Music - Words on Screen Sing A Long

## J MC SWEENEY - V1 - DVD

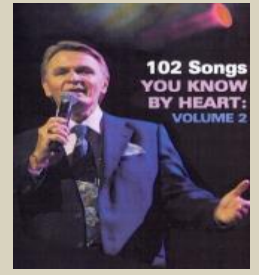
DVD with a collection of 21 medleys Warm Professional singer ,entertaining with favourites; (*Shine on Harvest Moon, Happy Wanderer, If you knew Susie, All of me.*) **101 Songs**



Order Code: 5026 \$32

## J MC SWEENEY - V 2 - DVD

DVD with words on screen. Songs Inc; (*I Belong to Glasgow, Road to Gundagai, Just Because, My Heart Cries for You, Save the last dance for me, Oh how I miss you.*) **102 Songs**



Order Code: 5027 \$32

## SONGS TO MAKE YOU SMILE - DVD

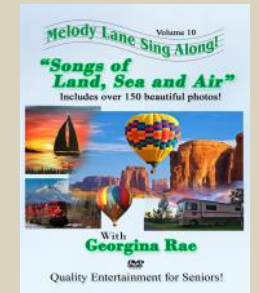
CD Song book & Images on screen  
20 well known songs (*Smiles, Baby Face My Wild Irish Rose, Apple Blossom, Time, Meet me at the Fair, When your Smiling*) **60 Mins**



Order Code: 5121 \$42

## SONGS LAND & SEA - DVD

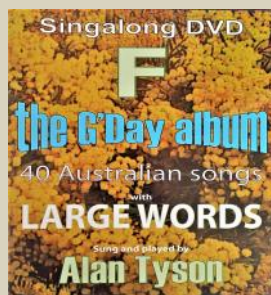
CD Song book & Images on screen  
16 well known songs;(*Gotta Travel On, Around the World, Red Sails in the Sunset, Michael, Row the Boat, Seven Little Girls*) **60 Mins**



Order Code: 5039 \$42

## G'DAY ALBUM - DVD

40 Australian songs with **large words on the screen.** (*Two Little Boys, Wild Colonial Boy, Bye Bye Baby Goodbye, Give me a home among the gum trees, Talk of the town.*)



Order Code: 5034 \$32

## EVERGREEN - DVD

40 older songs from around the world with **large words on screen.** (*Get me to the church on time. Down by the riverside. Til we meet again. Singing in the Rain, Goodnight Sweetheart.*)



Order Code: 5035 \$32

## BLUE BIRD - DVD

Sing-a-long DVD with **large words on screen.** Includes 40 popular songs : (*South of the Border, Bluebird of Happiness, Love me Tender, Rambling Rose, Blue Skies, It's Now or Never.*)



Order Code: 5058 \$32

## SUNSHINE - DVD

Offers a variety of toe tapping fun with 40 songs available. (*Songs inc: a Waltz Medley, Red Roses for a Blue Lady, Just Walking in the Rain, a War Medley, Bye Bye Love, That's Amore, Oh You Beautiful Doll, I'm a Believer, Someone Stole My Girl and more!*)



Order Code: 5049 \$32

## SONGS OF THE HEART - DVD

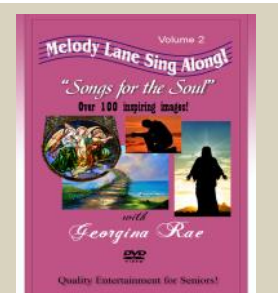
15 country style American well known songs, including: (*Tennessee Waltz, Crazy, Irish lullaby, Whose Sorry Now, Que Sera Sera, Catch a Falling Star.*)  
60 Minutes , **CD Song Book & Images and Words on screen - 60 Mins**



Order Code: 5044 \$42

## SONGS OF THE SOUL - DVD

14 Spiritually uplifting tunes, inc: (*In the Garden, How Great Thou Art, Over the Rainbow, I Believe, Amazing Grace, This Little Light of Mine*) Includes **CD Song book & Images & Words on screen - 60 Mins**



Order Code: 5042 \$42



# Music - Sing A Long



## RAMBLIN ROSE - DVD

Songs Inc (*the Birds & the Bees, A white sport Coat, Let me by your Teddy Bear, Don't be Cruel, Chapel of Love, Red Roses for a Blue Lady, I walk the Line/ Ring of Fire, Roses are Red (My Love), Blue Suede shoes*)



Order Code: 5242 \$42

## SWEET MEMORIES - DVD

Songs Inc (*The Glory of Love, You're Sixteen, It's Now or Never, Everyday, Blowin' in the Wind, Hello Mary Lou, Have You Ever Been Lonely, Memories Are Made of This, Where the Boys Are, Runaround Sue, The End of the World*) **Download Song Book**



Order Code: 5243 \$42

## SENTIMENTAL JOURNEY - DVD

Songs Inc (*Sugartime, Let me Call you Sweetheart, King of the Road, Sentimental journey, Love letters in the Sand, White Cliffs of Dover, We'll meet again, The Happy Wanderer, Moonlight Bay, Lovely Bunch of Coconuts.*) **Download Song Book**



Order Code: 5225 \$42

## BOOTS & HEARTS - DVD

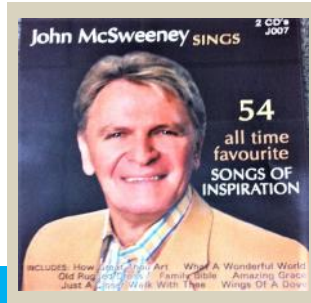
Song Inc (*Wings of a Dove, There goes Everything, Heartaches by the number, I can't stop loving you, Jambalya. He'll have to Go, Green Green Grass of Home, Always, Walking after Midnight, You don't know me, King of the Road*) **Download Song Book**



Order Code: 5244 \$42

## INSPIRATION - CD

44 Songs (*How great thou Art, What a wonderful world, Wings of a Dove, Amazing Grace, Precious Memories, To have an to Hold, Bless this House, Any Dream will do, When I Dream, Crying in the Chapel, Put Your Hand in the Hand*)



Order Code: 5031 \$25

## MOVE & GROOVE - DVD

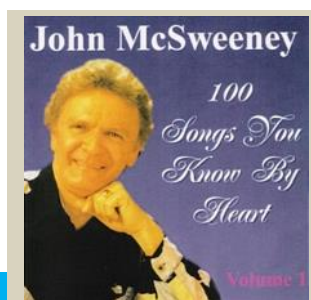
Recorded in low keys for easy singing!  
Songs Inc (*Pretty Woman, the Locomotion, Annie's Song*)  
**Download Song book**  
45 mins



Order Code: 5246 \$42

## JOHN MCSWEENEY - CD 1

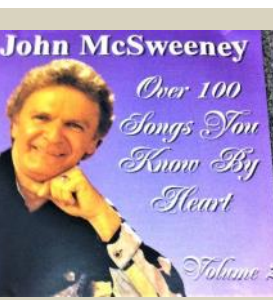
DVD with a collection of 21 medleys  
Warm Professional singer,  
entertaining with favourites; (*Shine on Harvest Moon, Happy Wanderer, If you new Susie, All of me.*)  
**100 Songs**



Order Code: 5028 \$25

## JOHN MCSWEENEY - CD 2

DVD with a collection of 21 medleys  
Warm Professional singer ,entertaining with favourites.  
**100 Songs**



Order Code: 5029 \$25

## GREEN BOOK - WORDS LARGE

**Companion resource to the Green Book CD Collection.** Songs include Aussie Artists, Aussie jingles, Aussie Tunes. Also includes ABBA, Beatles, Neil Diamond, The Seekers, Elvis, Simon & Garfunkel and lots more lyrics from the 1950's 60's & 70's.

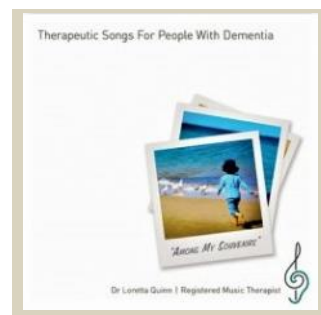


Order Code: 52401 \$28

## AMONG MY SOUVENIRS - CHOIR

A comprehensive music activity hand-book and CD pack of over 50 familiar and modern songs by Dr Loretta Quinn, a registered Music Therapist.

This a guide to conducting choirs for the benefit of people living with dementia.



Order Code: 5135 \$110

**PDF of Susie Q Songs Books Available by Email**



## Music - CDs & DVD

### VERA LYNN - CD

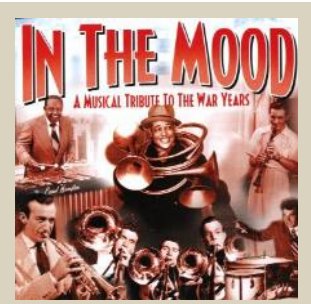
Vera Lynn's greatest recordings from 1939-1959. Carefully restored and digitally re-mastered maintaining the original sound. Twenty five tracks in total: *We'll Meet Again, Yours.*



Order Code: 7003 \$22

### IN THE MOOD - CD

A musical tribute to the War years. Includes the greatest war time dance bands and their signature tunes to get your toes tapping. 20 tracks inc music from : Glenn Miller, Benny Goodman, Duke Ellington, Joe Loss & orchestra.



Order Code: 7002 \$22

### JUKEBOX JIVE - CD

Combination of artists including Elvis Presley, Buddy Holly, Chuck Berry, Jerry Lee Lewis and The Everly Brothers. 27 Tracks on this CD. See website for full list of songs.



Order Code: 5233 \$22

### THE ANDREWS SISTERS - CD

22 Classic tracks, including Oh Johnnie Oh, Bei Mir Bist Du Schoen Pennsylvania, Ferry Boat Serenade, Beat Me Daddy, Eight to the bar, Nice work if you can get it, Pistol Packin.



Order Code: 7005 \$22

### SHEET MUSIC - GREEN BOOK

Green Book Series, which includes recorded music, lyrics and sheet music for most of the 200 songs from the 1950s, '60s and '70s. Incs Supplement in lower key for seniors.



Order Code: 52402 \$159

### COLLECTION OF MEMORIES 1

CD - 36 familiar songs with piano accompaniment. This CD **Comes with Song Book in Large Print.** Use as an exercise CD or Sing A Long. (*After the Ball, Oh What a Beautiful Morning, Show me the way to go home*). Exercises explained in Booklet CD



Order Code: 5083 \$35

### COLLECTION OF MEMORIES 2

CD - 19 familiar songs with piano accompaniment. This CD **Comes with Song Book in Large Print.** Use as an exercise CD or Sing A Long. (*Botany Bay, If you knew Suzie, He's got the whole world in His hands*). Exercises explained in Booklet CD



Order Code: 5070 \$35

### A FUN COLLECTION OF MEMORIES

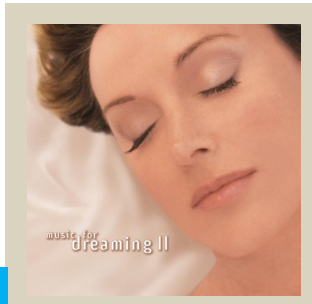
This is the third in the series of songs by renown artist Betty Hayes. This CD **Comes with Song Book in Large Print.** 20 Fun favourites that everyone knows! Great for intergenerational programs and activities.



Order Code: 5183 \$35

### MUSIC FOR DREAMING - 2 CDS

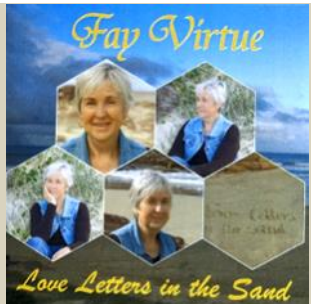
Perfect for palliative care. This music is medically researched to gently soothe and instil deep relaxation. The music plays continuously for **60 Mins.** It will also assist with calming anxiety and end of day agitation. Peaceful music at its best.



Order Code: 5249 \$40

### LOVE LETTERS IN THE SAND

CD - 16 familiar easy listening songs with piano accompaniment sung by Fay Virtue. Includes Love Letters in The Sand, Le Vie en Rose, Your Cheatin Heart and Love Me Tender



Order Code: 5032 \$10



# Music - Instruments



**MUSICAL BELLS (8pk)**  
5112 \$72

**SLEIGH BELLS**  
5095 \$14

**JINGLE STICK**  
5096 \$14

**GRIP BELL**  
5119 \$15

**DOUBLE TONE BLOCK**  
5090 \$12



**TAMBOURINE**  
5080 \$17

**TRIANGLE**  
5086 \$15

**EGG MARACAS (6pk)**  
5097 \$30

**DRUM STICKS**  
5091 \$8



**CHROME SHAKER**  
5088 \$23

**MUSIC SET**  
5302 \$160

**MARACAS (pair)**  
5089 \$31

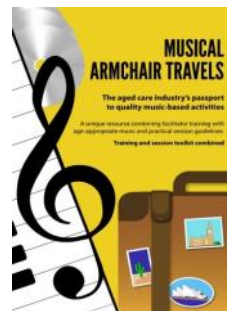
**CASTANET**  
5082 \$15

**WRIST BELLS 4 PK**  
5092 \$42

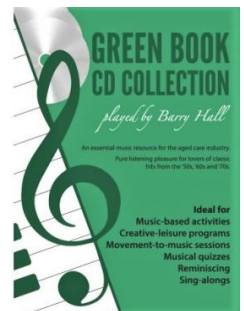
19 CDS or 380 Songs to match the Red and Blue Large Print Songbooks. Excellent for group Sing A-Longs, Song naming games, musical quizzes, physical exercise or reminiscing. Piano Music with No Vocals.



1 Training DVD & 6 CDs. Take a trip around the world with Armchair Travels. Music from UK, USA, Pacific Islands, Aussie Favourites, & Scotland. Includes practical session guidelines.



10 CDs with 200 popular hits from the 1950s, '60s and '70s. Ideal for Music-based activities, creative-leisure programs, movement-to-music sessions, musical quizzes, reminiscing, sing-alongs



**5300 BLUE & RED CDs \$320**

**5239 ARMCHAIR TRAVELS \$290**

**5240 GREEN BOOK CDs \$210**

# Green Book Package Deal

## GREEN BOOK CD COLLECTION - 50's 60's 70's

*Buy The Whole Package with a Bulk Discount*

Your Package Deal Includes;

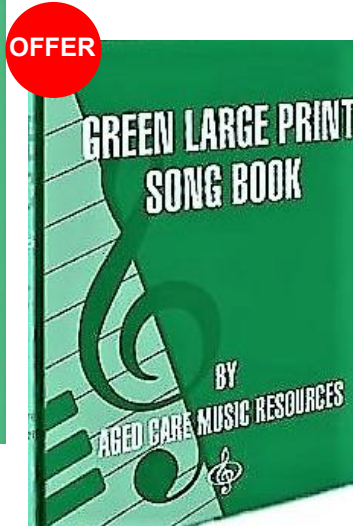
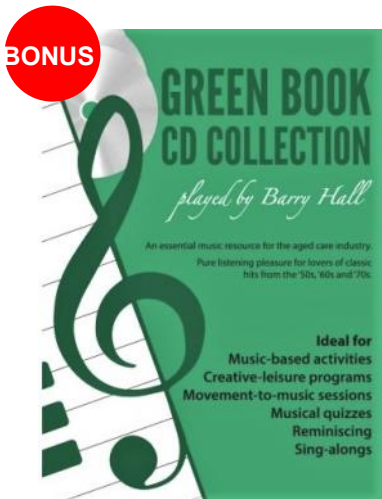
1. CD Collection made up of **10 CDs / 200 Songs**
2. **Music Edition 2nd Edition** Sheet Music for Piano
3. Large Print Song Book - **Includes 30 Books**

### TOTAL VALUE

Green CD Collection \$210 Each

Music Edition Book \$159 Each

Large Print Song Books \$28 Each



Normal Price ~~\$1,209~~

### YOUR BULK BUY PRICE

**PRICE** 52404  
\$869

**Song Artists & Genres Include: Elvis, ABBA, The Seekers, Aussie Favs & Stage Musicals**

Rock Around The Clock; Love Me Tender, Yellow Submarine; Crying; Blue Skies; Annie's Song; I Do I Do I Do I Do I Do; Can't Help Fall In Love With You; Teddy Bear; From Me To You; Michelle; When I'm Sixty-Four; Cracklin' Rosie; Wooden Heart; Unchained Melody Island In The Sun; I Want To Hold Your Hand; Summer Holiday; Return To Sender; The Birdie Dance; Music Music Music; The Ballad Of Davy Crockett; Sadie The Cleaning Lady; The Banks of the Ohio; Yellow Rose of Texas; Singing In The Rain; The Happy Wanderer; Que Sera Sera; Jamaica Farewell; The Hokey Pokey; Neighbours; He Got The Whole World In His Hands; Mrs Robinson; Kiss Me Honey Honey Kiss Me; Home Among The Gumtrees; A Hard Days Night; Young At Heart; Money Money Money; Rivers Of Babylon; Crying In the Chapel; Wonderful Copenhagen; Mamma Mia; Under The Boardwalk; Everybody Loves Somebody Sometime; Hello Mary Lou; Diana; Put Your Head On My Shoulder; Raining In My Heart; For The Good Times; Could I have This Dance; The Tender Trap; Let's Twist Again; Secret Love; Five Foot Two Eyes Of Blue; Charade; Where Have All The Flowers Gone; Something Stupid; It's Now Or Never; An Affair To Remember; Lipstick On Your Collar; Blueberry Hill; Save The Last Dance For Me; Standing On The Corner; Satin Doll; Fly Me To The Moon; Stand By Your Man; We're Happy Little Vegemite; I Like Aeroplane Jelly; Crazy; Everyday; Only The Lonely; Sailing; Happy Talk; I Have Dreamed; Imagine; What I Did For Love; Days Of Wine And Roses; You'll Never Walk Alone; Ramblin' Rose; The Sound Of Silence; I'll Never Find Another You; Walking My Baby Back Home; On Top Of Old Smokey; Release Me; Tie A Yellow Ribbon; Bridge Over Troubled Water; Pennsylvania Polka; All Shook Up; Scarborough Fair; Uptown Girl; Moon River; American Patrol; Morningtown Ride; Memory; Yesterday; Love Letters In The Sand; The Wonder Of You; The Entertainer; All My Loving; What A Wonderful World; Delilah; April Love; My Kind Of Girl; Born Free; Young Girl; You Only Live Twice; Can't Buy Me Love; Ben; Midnight In Moscow; Somewhere My Love; The More I See You; Tulips From Amsterdam; Do You Know The Way To San-Jose; Don't Cry For Me Argentina; Itsy Bitsy Teenie Weenie Polka Dot Bikini; Edelweiss; Rain Drops Keep Falling On My Head; There's A Kind Of Hush; Killing Me Softly With His Song; That's Amore; We Kiss In A Shadow; The Last Farewell; My Way; Bright Eyes; The Green Green Grass Of Home; Penny Lane; As Time Goes By; Just The Way You Are; Wheels; Morning Has Broken; Hawaiian Wedding Song; A World Of Your Own; I Love You Because; Blowin' In The Wind; Tammy; Jambalaya; I Just Called To Say I Love You; Love And Marriage; A Taste Of Honey; Candle In The Wind; Tonight; Don't It Make Your Brown Eyes Blue; In The Chapel In The Moonlight; Rock-A-Bye; Your Baby and more!





# Sensory and Living with Dementia

## LACING BEADS

30 colourful beads of varying shapes with two laces—red and green. Beads can be sorted into colour and then threaded on to string, wool or laces provided.



Order Code: 3302 \$36

## Link & Think - Hobbies

Thinking stimulation game for adults with varying abilities. Includes 24 word tiles and 1 discussion dice. Best played in small groups. Conversation tool and thinking and linking.



Order Code: 8931 \$25

## Image Snap - 36 Cards

Aim of these cards is to connect relevant images to encourage new associations and stimulate the brain. Visually well presented with colour contrast. Designed for independence



Order Code: 8922 \$16

## Animal Bingo - Sound

Authentic animal sounds. Can be used by 8 players. Professional presentation with visual enhancements. X 92 Counters x 1 Caller card, Flip Book instructions, and 8 Player cards. Designed for P.L.W. D



Order Code: 89292 \$55

## SNAKES LADDERS & LUDO

Adapted for P.L.W.D. Age appropriate and contrast colours for visual enhancement. Suitable for four players. Games comes with instructions. Two games in one



Order Code: 8924 \$42

## SENSORY SNAP - Textures

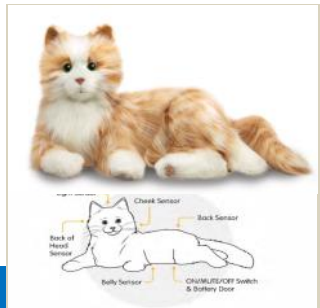
Tactile & sensory items which include concepts of being at home. Materials include snippets of Grass, Gloves, Duster, cat hair, and items associated with a car. Designed for one on one and later stage P.L.W.D.



Order Code: 8928 \$47

## CAT WITH MOTION SENSOR

Every resident must have the opportunity to interact with this more than life like pet. Motion sensors allow the cat to interact. Especially suitable for residents experiencing anxiety, depression or living with dementia.



Order Code: 7193 \$257

## GOLDEN PUP WITH MOTION SENSOR

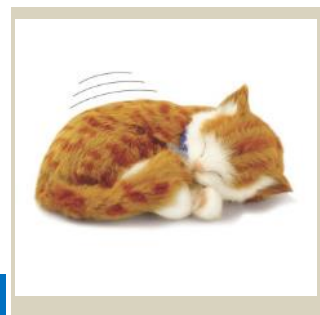
Every resident must have the opportunity to interact with this more than life like pet. Motion sensors allow the dog to interact. Especially suitable for residents experiencing anxiety, depression or living with dementia.



Order Code: 7194 \$287

## BREATHING CAT

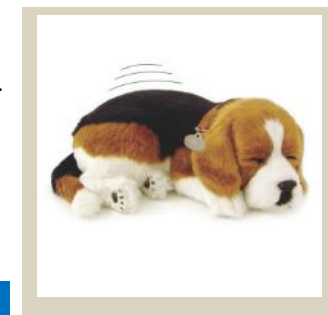
Your breathing pet is like a living animal. Inc a 1 D cell battery lasting 2 - 3 mths which enables your life like pet to continuously breathe. Naturally calming and soothing. Note pet variety may vary depending on stock available.



Order Code: 33311 \$62

## BREATHING DOG

Your breathing pet is like a living animal. Inc a 1 D cell battery lasting 2 - 3 mths which enables your life like pet to continuously breathe. Naturally calming and soothing. Note pet variety may vary depending on stock available.



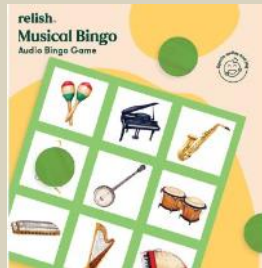
Order Code: 33391 \$62



# Sensory and Living with Dementia

## MUSICAL BINGO

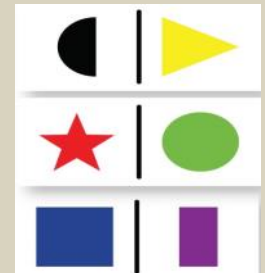
Perfect for groups of 8 players, simply listen to the recognisable pieces of music and match up with the instruments on your card before shouting out bingo. Includes Large Pictures. Suitable for participants in early to mid stages of dementia.



Order Code: 89291 \$55

## COLOUR SHAPE DOMINOES

Enhance matching and memory skills with shape dominoes. Use for one on one or small groups. Match shapes colours or both, or use as a domino game. 16cm x 7cm  
28 Pieces



Order Code: 3182 \$25

## TOWER TUMBLER

48 Blocks. The aim of this game is to stack them up three per row and try and remove a block from each row and then place it on top of the previously unstable tower. Game for concentration, steady-ing of hands and logic to weigh up which block to remove.



Order Code: 3119 \$25

## QUIRKLE

Add one tile to the grid and draw a tile to bring your deck again to 6. Add two or more tiles to the grid. All tiles played must share one attribute (colour or shape) and must be placed in the same line. This is for early stage dementia



Order Code: 3577 \$49

## TOUCH AND MATCH

A Sensory challenge game. Different textures are matched together by feel.

Measures 22cm x 16cm

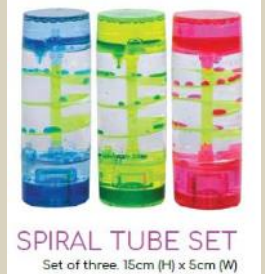


Order Code: 3337 \$59

## SPIRAL TUBE SET - 3 Pack

Measuring 15 cm x 5cm. Liquid tube with bubble spirals.

Three (3) different colour tubes per set.



Order Code: 7204 \$52

## LOGIC TILE BOX

60 pieces are stored in different sections. Participant can sort using the Montessori principles, or create pictures. Trace the shapes and make a picture with the participant.



Order Code: 7170 \$37

## SIMON - LIGHT SEQUENCE

This is a light memory game. Includes batteries to operate. Simon displays a light sequence using the colour pads. The participant copies the pattern to beat Simon. Challenge increases as the sequence progresses.



Order Code: 1327 \$45

## COMFORT DOG

Life like fluffy dog. Plush and ready to bring comfort to someone who would benefit from connecting with a pet. Large 45cm in length very soft and comforting to touch.



Order Code: 3339 \$62

## COMFORT CAT

Life like fluffy cat. Plush and ready to bring comfort to someone who would benefit from connecting with a pet. Large 45cm in length very soft and comforting to touch.



Order Code: 3331 \$48



# Sensory and Living with Dementia



## MAGNETIC SCENE - TOOLS

Creative scene, freestyle magnetic placement. No pressure nor structure. Magnets get placed onto a backing board. Instructions included.



**Order Code: 8926 \$45**

## MAGNETIC SCENE - BAKING

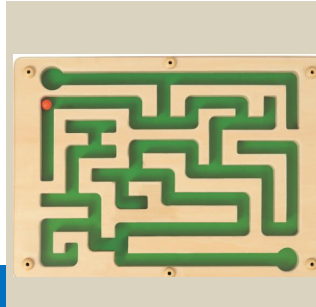
Creative scene, freestyle magnetic placement.. No pressure or structure. Magnets get placed onto a backing board. Instructions included.



**Order Code: 8927 \$48**

## CIRCUIT MARBLE MAZE

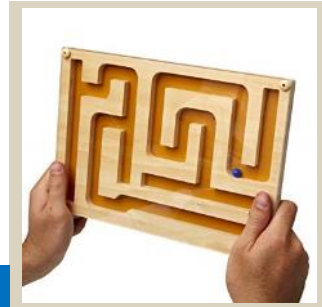
Designed with and for participants with dementia. Explore the maze for mental and physical precision and co-ordination. Green maze with diversions. For Mid late stages of dementia. **GREEN - MEDIUM**



**Order Code: 8942 \$38**

## TRACK MAZE - LEVEL 3

Designed with and for participants with dementia. Explore the maze for mental and physical precision and co-ordination. Orange maze harder Level. For Mid late stages of dementia. **ORANGE HARD**



**Order Code: 8934 \$38**

## AQUAPAIN- HOME IMPROVEMENT

Images which can be re-used again. Add water and paint to reveal a picture.  
Engaging art, mess free, therapeutic art.

- 1.Saw
- 2.Paints
- 3.Car Wash
- 4.Wall Paper
- 5.Decorate

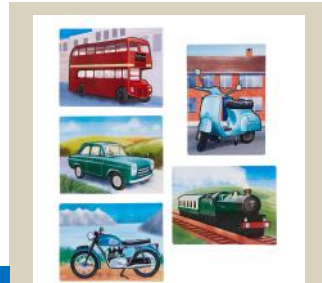


**Order Code: 89154 \$38**

## AQUAPAIN - TRANSPORT

Images which can be re-used again. Add water and paint to reveal a picture.  
Engaging art, mess free, therapeutic art.

- 1.Red Bus
- 2.Motorbike
- 3.Train
- 4.Car
- 5.Moped

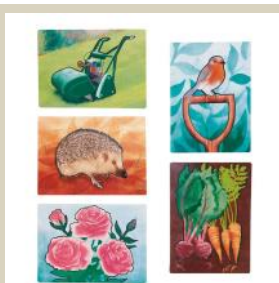


**Order Code: 89157 \$38**

## AQUAPAIN - IN THE GARDEN

Images which can be re-used again. Add water and paint to reveal a picture.  
Engaging art, mess free, therapeutic art.

1. Mower
2. Bird
3. Vegies
4. Animal
5. Roses



**Order Code: 89151 \$38**

## AQUAPAIN - NATURAL

Images which can be re-used again. Add water and paint to reveal a picture.  
Engaging art, mess free, therapeutic art.

- 1 Butterfly
- 2.Goldfish
3. Horse
4. Kitten
- 5.Peacock



**Order Code: 89152 \$38**

## AQUAPAIN - FARM

Images which can be re-used again. Add water and paint to reveal a picture.  
Engaging art, mess free, therapeutic art.

1. Cow
2. Chicken
3. Flower
4. Tractor
5. Pumpkin

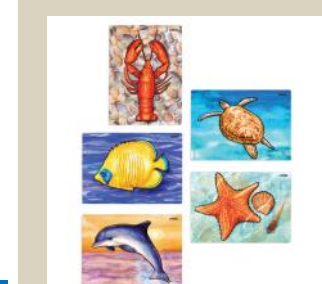


**Order Code: 89149 \$38**

## AQUAPAIN - OCEAN LIFE

Images which can be re-used again. Add water and paint to reveal a picture.  
Engaging art, mess free, therapeutic art.

1. Dolphin
2. Turtle
3. Starfish
4. Fish
5. Lobster



**Order Code: 89150 \$38**

# New Music to Relax



## MUSIC FOR DREAMING - x 2 CD PACK

This music is a unique combination of music and medical research to assist with rest and deep relaxation.

Initially developed and successfully sold around the world to assist mothers and babies with rest and relaxation, it can be transferred maturely to the aged care setting and is perfect of palliative care.

Timeless familiar melodies like Beautiful Dreamer, Scarborough Fair are performed by the Music for Dreaming ensemble bringing together musicians from the internationally acclaimed Melbourne Symphony Orchestra.

Designed with 60 minutes of continuous music, this instrumental double album creates quiet and calm. Pure acoustic sound replicates the rhythm of the resting heartbeat and natural sleep cycles are easily realised. Achieving an alpha or theta relaxation state is beneficial to our bodies with regular use.

This double CD will instill calm in agitated residents, settle end of day anxiety, and could also be used as background music for a relaxation dialogue.

Allow your residents to rest with peace and dream with pleasure. (Medically Proven since 2006)

### SAMPLE SONGS INCLUDE:

- Greensleeves
- Irish Lullaby
- All through the night
- Amazing Grace
- Beautiful Dreamer
- Lativan Melody
- Brahms Lullaby

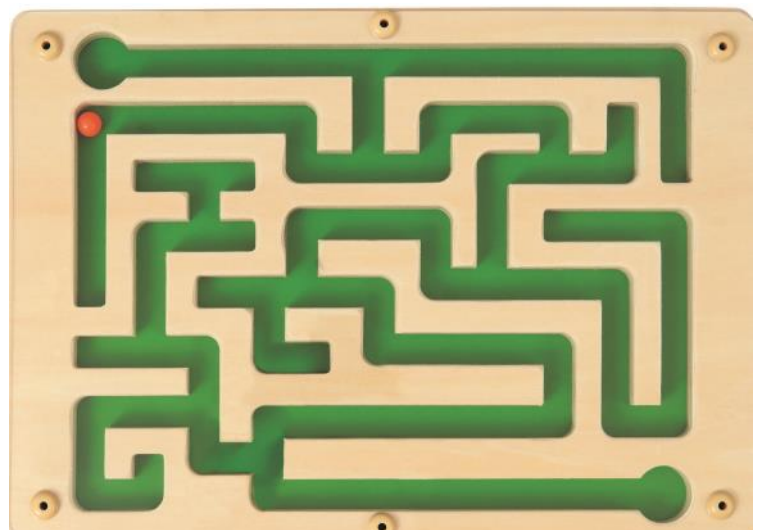
**ORDER CODE: 5249 \$40**

## NEW : CIRCUIT MAZE

Designed with and for participants with dementia. Explore the maze for mental and physical precision, and co-ordination.

Green maze with diversions. Perspex clear cover, completely safe and easily wiped down with a damp cloth. For Mid to late stages of dementia.

**ORDER CODE: 8942 \$38**







# Sensory & Living with Dementia

## WALKER SQUALKER

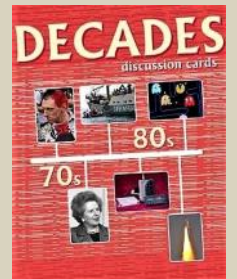
Designed to deliver joy, fun, and companionship to older adults and their families. Perched playfully atop of walking devices, Walker Squawker birds aim to bring joy to every step!



Order Code: 7183 \$152

## 70s & 80s DISCUSSION CARDS

Pictures and prompt events from the 1970s and 1980s. Includes Charles and Dianas wedding, new technology of the time, Greenpeace political issues, prime ministers in the news and fashion of the era.



Order Code: 1329 \$84

## A4 - PAINT BY NUMBERS

11 Images per pack which can be photocopied for long term use. A4 images includes simple to harder images. 3 to 7 Colours. See Website for separate images. Structured art project with large numbers.



Order Code: 8939 \$19

## NOUGHTS & CROSSES

Wood Blocks measure 6cm x 6cm x 3cm high with cross or nought ingrained into the block. Solid wood game for alternative application if required for older arthritic hands. 10 pieces in set.



Order Code: 30161 \$69

## ANIMAL BINGO

Perfect for groups of 8 players, simply listen to the recognisable animal sounds and match up with the animal on your card before shouting out bingo. Includes Large Pictures. Suitable for participants in early to mid stages of dementia.



Order Code: 89292 \$55

## COLOURING BOOKS

A therapeutic activity for people in the early stages of dementia, these books aim to engage, stimulate, and relax minds. Discover interesting facts along the way!

Everyday Joys: 8950  
Radiant Nature: 8951



Order Code: 8950 or 8951 \$25

## PICTURE BINGO - GENERIC

9 playing cards as shown with different images. Calling cards are pictures. This item is for early stage dementia. Pictures can also be used for recognition or reminiscence. 81 picture cards and placement boards are laminated.



Order Code: 2109 \$52

## ALPHA QUIZ

Players must supply a one-word answer to the question, starting with the nominated letter. eg. 'a fruit starting with W' = watermelon. The first person to give a correct answer wins and is handed the Question Card. Two other ways to play the game also included. Cards 9cm x 5cm



Order Code: 2228 \$49

## REMEMBER IT!

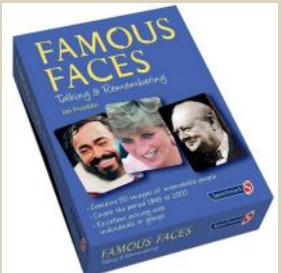
Identifying and remembering textures is an important part of maintaining sensory skills. In this game, users touch and name the colours and textures of the disks and then find the matching disk.



Order Code: 3338 \$47

## FAMOUS FACES

Famous Faces is a collection of portrait cards that evoke memories, and also provides stimulus for group discussion & informal conversation between the elderly.



Order Code: 2098 \$85



# Sensory & Living with Dementia

## SENSORY HAND MUFF

Very soft hand muff with a tactile item on the inside. Outside has a sound pocket, ribbons, and sliding beads, chord for stimulation. 30cm x 20cm

Order Code: 7184 \$52



## ZIPPER WRAP

Zippers on a sturdy mat with a velcro belt to fasten to your participant. Professional finish and washable. Also available as a mat.

Order Code: 7186 \$55



## SENSORY STRANDS

Sensory material with 16 different tags for touch and feel textures. Similar size to a face washer slightly bigger. Tags include scratchy, plastic, leather, elastic, fur, lace, silk and organza.

Order Code: 7166 \$39



## SUBSTITUTE MONEY

Use as a tool for residents experiencing concern with what's happened to their money. Reassure them with alternative notes or coins in their safe keep.

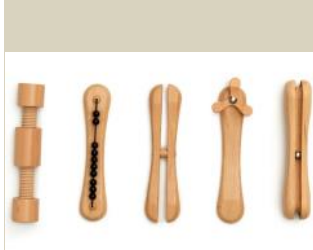
Order Code: 3614 \$42



## WOODEN WIDGETS - SET OF 5

Place these widgets on a trolley to assist with behaviour management for residents living with dementia. Items are suitable as distractions and comfort tool for fidgeting. 5 set includes, TWIST, SPIN, ROLL, TURN & SLIDE.

Order Code: 7195 \$118



## GADGET BOARD

### MADE TO ORDER ONLY:

Enables a hands on experience with several difficult activity items mounted on a sturdy board. Includes switches bolts, buckle, rope tie, hook and handle, window switch. Measures approx 41cm x 30cm

Order Code: 2105 \$145



## ACTIVITY MAT - SMALL 30 x 40 cm

Mats which can be used at a table before meals or as a distraction to aid with tactile stimulation or fidgeting. Inc Lacing, Sound pouch, zips, ribbons and elastic bead. Measures 30cm x 40cm - Roughly half a Tea Towel.

Order Code: 7185 \$42



## ACTIVITY MAT - LARGE 61 x 38cm

Mats which can be used at a table before meals or as a distraction to aid with tactile stimulation or fidgeting. Can also be used at a bed or on a lap. Preorder to have these mats made into an apron. Apron Price to be confirmed.

Order Code: 3297 \$58



## WEIGHTED SCARF

Weighted shoulder Wrap 1.35kg provides calming deep pressure input which helps the user reach a calm state. Measures 38cm x 37cm, practically it feels like someone is standing behind you with their hands on your shoulders.

Order Code: 7202 \$49



## WEIGHTED BEAR

Weighing 1.8Kg this bear is the perfect cuddle companion, they are specially made to provide a calming effect and additional sensory therapy.

Order Code: 7205 \$64





# Sensory & Living with Dementia



## LACING WHEEL

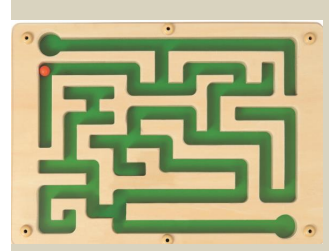
17cm diameter wheel with large holes. Use for hand skills, tactile experience, weaving. Comes with two coloured laces. Could also be used to make large pom poms from wool.



Order Code: 8906 \$21

## CIRCUIT MARBLE MAZE

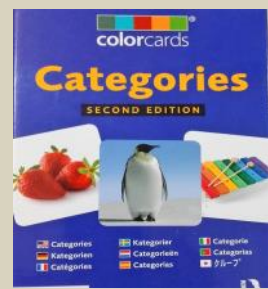
Designed with and for participants with dementia. Explore the maze for mental and physical precision, co-ordination. Green maze with diversions. For Mid late stages of dementia. **GREEN - MEDIUM**



Order Code: 8942 \$38

## CATEGORIES - CARDS

90 Cards which can be used for snap, pairing, colour matching grouping into categories, and focused discussion. Cards measure 9cm x 9cm contained in a strong box



Order Code: 1313 \$63

## HAND THERAPY KIT

Kit comes in a 3L container and includes 7 different tactile therapy balls, theraputty, moisturiser and foam hand rollers. Perfect for use on delicate skin to avoid pressure injuries. Includes user manual with exercise instructions.



Order Code: 3290 \$100.65

## PICTURE DOMINOES

Recognisable household picture items which can be matched as dominoes. 45 large laminated pieces. Good recognition & conversation tool. Instructions included. 16cm x 7cm



Order Code: 3517 \$45

## OOZE TUBE LARGE

This is suitable for someone who needs more visual stimulation. Gel like substance runs through the tube in a spiral. Takes about 3 - 7 min to run through, could also be used as a timer. Colour will vary.



Order Code: 7171 \$35

## LACING SHAPES

A familiar lacing activity using shapes . 9 different shapes with holes and laces supplied. Please note shapes will vary.



Order Code: 3336 \$38

## THERAPUTTY

5 tubs of putty varying in levels of resistance. Soft to X - Firm. Use for hand, wrist, upper arm and grip exercises. Colour coded pots of 85g are graded for use. Can be used anywhere.



Order Code: 3573 \$75

## TEXTURED SQUARES

A touch matching material activity, with 10 pairs of textures to match. Comes with bag.



Order Code: 3187 \$35

## FOXTAIL BALL

10cm diameter balls .  
80cm nylon tails.  
Balls are lightweight vinyl covered foam which are safe for interaction.



Order Code: 7208 \$15



# Sensory & Living with Dementia

## TACTILE BALLS: Visual, Hand or Sound Sensory Stimulation.



Anemone Ball: 7167 \$15ea



Sensory and Therapy Balls 7 Pack: 3575 \$65.50



Bell Ball: 3588 \$15

Anemone (sold separately) has tendrils & is soft and squishy to touch.

Sensory and Therapy Balls include Anemone, Kooshie, Fleece, hand massage ball and soft, medium and firm therapy balls. Items will vary in colour. Price of each shown below.

## CHILD REPRESENTATION

### NEWBORN BABY BOY OR GIRL

Eyes Closed, cuddly life like newborn baby. Suitable for settling. Comes fully clothed.

**BABY MONARO 3327**  
**BABY ALINTA 3328**  
**BABY LUNA 3329**  
**BABY ASHER 3330**

Order Code Above: \$48 Each



### INTERACTIVE & SOUND BABY BABY ANNABELLE

Opens and Closes Eyes  
 Drinks and Cries Tears  
 Makes Babbling noises  
 Weighs approx 1kg

Order Code: 33291 \$165



### BABY HENRY

Eyes Open, life like, cuddly, soft toddler. Suitable for settling. Comes fully clothed.

Order Code: 3333 \$48



### BABY LAYLA

Eyes Open, life like, cuddly, soft toddler. Suitable for settling. Comes fully clothed.

Order Code: 3334 \$48



### BABY KYLIE

Eyes Open, life like, cuddly, soft toddler. Suitable for settling. Comes fully clothed.

Order Code: 3335 \$48



### BABY BIRRANI

Eyes Open, life like, cuddly, soft toddler. Suitable for settling. Comes fully clothed.

Order Code: 3623 \$48



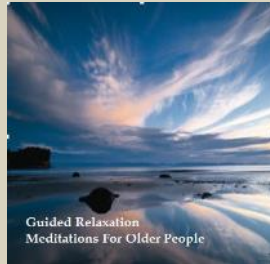




# Sensory - Relaxation and Calming

## RELAXATION - CD

Contains several guided progressive muscle relaxations and meditations specifically for the older person. Relaxation sessions range from 5 mins. to 20 mins. Finishes with a 30 min music only meditation session.



**Order Code: 5056 \$28**

## SENSORY BRUSH

Tactile Sensory Brush. 12cm x 7cm use for palliative care or calming tool for residents with agitation during the day. Only one colour available.



**Order Code: 7203 \$14**

## NO HEAT CANDLES

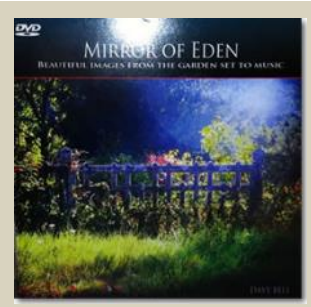
100% safe, these candles are battery operated but look and feel like wax based candles. Pk of three come in three sizes up to 15cm. Create a sense of peace. Perfect for elderly. **Inc Batteries & Remote On & Off Set for 4/8 Hrs**



**Order Code: 7161 \$59**

## MIRROR OF EDEN - DVD

Comprises of 40 mins of stunning garden/nature images to healing beautiful music by professional photographer & musician. Looped for continuous playing. **Known to have a calming affect for people living with dementia.**



**Order Code: 7162 \$35**

## MORPHEE - SLEEP UNIT

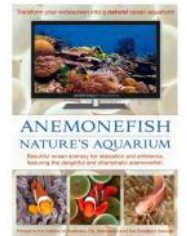
Designed to help adults fall asleep easily and quickly. Morphee features various guided meditation & relaxation music techniques designed, tested and validated by overseas sleep experts.



**Order Code: 7209 \$159**

## ANEMONE FISH - DVD

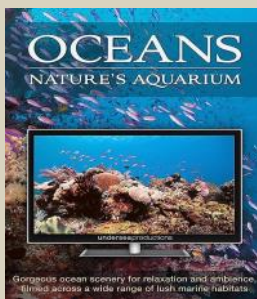
60 minute DVD of brightly coloured fish. DVD gives you the option of peaceful music or natural under-sea sounds. No dialogue, just nature at its best.



**Order Code: 7206 \$25**

## OCEANS NATURE'S AQUARIUM - DVD

Coral reefs, sandy slopes all teamed with tropical fish. 65 Ocean scenes with continuous looping and music. Use for stimulation in a sensory room. Optional cameraman narration for documentary option too. Captivating on a big screen.



**Order Code: 7191 \$25**

## MUSIC FOR DREAMING - x 2 CD

Perfect Music for Palliative care. This music is scientifically researched to gently soothe and instill deep relaxation. The music plays continuously for 60 min. It will also assist with calming anxiety and dementia end of day agitation by slowing the heartbeat.



**Order Code: 5249 \$40**

## WEIGHTED BLANKET - 100cm x 150cm

Weighs 2.3 Kg and uses deep touch pressure stimulation to stimulate pressure points in the body, contributing to enhanced sleep, mood and relaxation. Could be used for a resident who is chair bound.



**Order Code: 7201 \$130**

## WEIGHTED LAP BLANKET

These weighted lap pads are used for Sensory Processing Disorder, Autism, ADHD, ADD, Anxiety, Restless Leg Syndrome and other issues. Filled with silicon beads and divided into segments for even weighted coverage these are approximately 50cm x 50cm and 2.5kg.



**Order Code: 7200 \$72.50**

**GO TO SLEEP OR RELAX USING A  
SLEEP UNIT MADE BY THE SLEEP EXPERTS!**

**Wisdom Activities**

Phone: 1300 301 319



*Now You Can Fall A Sleep and Minimise Medication.*

Designed to help adults fall asleep easily, and quickly. Morphée features various guided meditation & relaxation music techniques designed, tested and **validated by overseas sleep experts.**

**The unit will naturally reduce stress and anxiety and improve a user's sleep. It is non digital for optimal efficiency so perfect for everyone; whether you're living with dementia, neuro diversity, residential care or at home.**

**Choose from English, French, Spanish**

The wooden cover protects the unit and also serves as a base. You can place the unit anywhere. It could be shared between residents rooms or used in small groups with the speaker.

**Other features include:**

- *3 Hours battery in "Ready Mode"*
- *Portable with integrated speaker*
- *Ear-phone optional port for private use*
- *Easy click, session key choice.*
- *Lightweight & uncomplicated design for bedrooms*
- **Turns itself off at the end of the session.**

Non-digital - No screen, internet or bluetooth. The non - complicated design and ease of use, makes it ideal for elderly.

***Choose 8 Relaxation Techniques!***

Each theme contains 8 sessions with 2 durations (8 or 20 minutes) & you can choose from either a Male or Female voiceover. In all, there are 72 Individual sessions to select from. **Sessions inc;**

1. ***Body scan***
2. ***Breathing***
3. ***Movement***
4. ***Visualisation***
5. ***Heart coherence***
6. ***Napping***
7. ***Relaxing music***
8. ***Nature sounds***



**Order Code: 7209 \$159**



# Sensory - Essential Oils



**ROSEMARY**  
1139 \$16.50



**EUCALYPTUS BLUE GUM**  
1141 \$9.90



**ORANGE SWEET**  
1142 \$8.80



**PEPPERMINT**  
1143 \$10.00



**ROSE GERANIUM**  
1144 \$16.50



**LEMON**  
1146 \$8.80



**LAVENDER**  
1147 \$14.30



**CHAMOMILE ROMAN**  
1148 \$26.40



**LEMON MYRTLE**  
1149 \$12.10



**CYPRESS**  
1150 \$12.00



**CHAMOMILE ROMAN DILUTION**  
1140 \$11.00



**PREMIUM MASSAGE**  
1145 \$8.00



**AROMA NATURAL CERAMIC DIFFUSER**  
7175 \$81.00





# Quiz, Reminiscence and Nostalgia

## CARD MATCH: MEN

6 A4 Cards with 54 small cards which can be sorted into categories and match to the board. Items are similar but not identical. Different colours and makeup. Tool for differentiating, sorting, & logic.



Order Code: 8918 \$50.50

## CARD MATCH: WOMEN

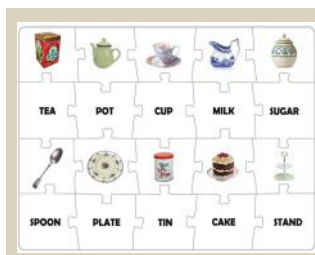
6 A4 Cards with 54 small cards which can be sorted into categories and match to the board. Items are similar but not identical. Different colours and makeup. Tool for differentiating, sorting, & logic.



Order Code: 8917 \$50.50

## JIGWORDS

A4 Jigsaw puzzle, comprised of 20 pieces that have a picture and a word to match top and bottom. The images create a sequence of everyday tasks, such as making a cup of tea. This is a DT tool to assist with engagement, matching, reasoning, and logic.



Order Code: 8916 \$39

## ODD ONE OUT

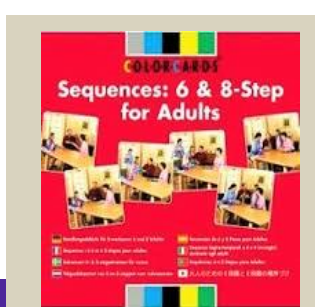
48 cards which show objects on each card, all of the same category type except one - an odd one out. Level 1 shows four objects, level 2 five objects and level 3 six objects. The cards develop observation, attention and visual perception skills



Order Code: 1312 \$63

## SEQUENCE 6 - 8 STEPS

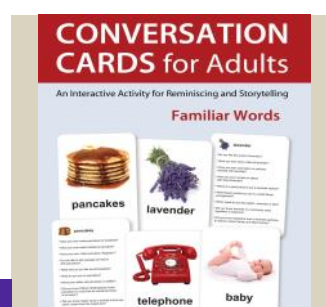
48 large colour cards 14cm x 14cm arranged as either 6 or 8 step sequences indicating various activities of daily living. e.g. a birthday party, a restaurant meal, losing a set of car keys, going for a walk. Each sequence prompts logic, reason & and memory as well as general conversation.



Order Code: 2217 \$85

## CONVERSATION CARDS FOR ADULTS

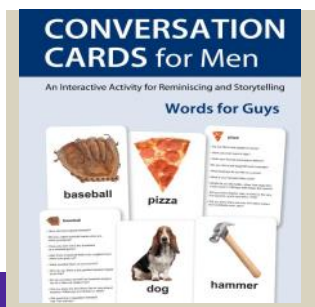
52 Cards 15cm x 21cm with a picture on the front and questions on the back. The questions have a purposeful structure to engage the participant. Pictures are everyday items and familiar words.



Order Code: 13161 \$59

## CONVERSATION CARDS FOR MEN

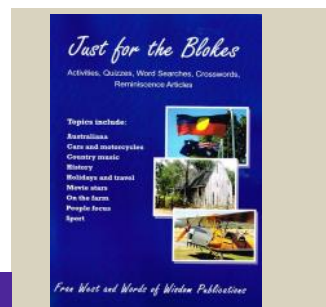
52 Cards 15cm x 21cm with a picture on the front and questions on the back. The questions have a purposeful structure to engage the participant. Pictures include dog, work tools, pizza, sports items etc



Order Code: 1316 \$59

## JUST FOR THE BLOKES

85 Pages of Quiz and discussion topics of interest.



Order Code: 2210 \$32

## GADGET BOARD

Enables a hands on experience with several difficult activity items mounted on a sturdy board. Includes switches bolts, buckle, rope tie, hook and handle, window switch. Measures approx 41cm x 30cm



Order Code: 2105 \$145

## FOOTY SNAP - 56 Cards

56 A6 sturdy cards which can be used for fun or as a memory game for your residents. Use like a game of snap. Two wild cards included. Great for theme days too!



Order Code: 1310 \$32



# Reminiscence DVD



ZOO      SHOW      ANIMALS      OUTBACK      BLOOMS      WHEELS      AVIATION      MACHINERY      MARTIME

DAY AT THE SHOW	8110	\$34	MARVELLOUS MACHINERY	8139	\$34	30 minute DVD with approx 250 still photos focusing on a theme to invoke memory and recognition. Set to gentle background music. No captions or narration on these DVDs
DAY AT THE ZOO	8100	\$34	MARITIME MIX	8140	\$34	
MORE ANIMALS	8911	\$34	MOMENTS IN LAVENDER	5020	\$36	
OUTBACK ADVENTURE	8145	\$34	FLOWER MEDLEY	5025	\$36	
BEAUTIFUL BLOOMS	8147	\$34	ORANGES AND LEMONS	5023	\$36	
WONDERFUL WHEELS	8130	\$34	GONE FISHING	5024	\$36	
AWESOME AVIATION	8135	\$34	THE VEGETABLE PATCH	5022	\$36	
			DAY TRIPPERS	5248	\$36	

## DVDs DISPLAY THEMED IMAGES TO FACILITATE MEMORY & SOCIAL IDENTITY

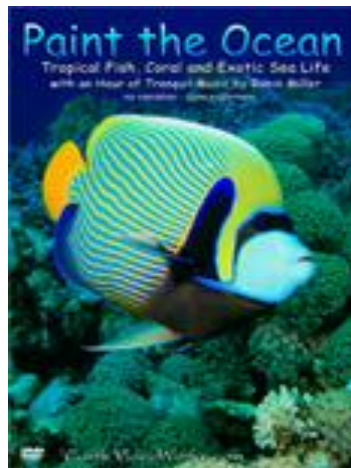


DVDs have short movies which are sectioned into themes. Select segments of 30 or 10 minutes. Presented with classical and relaxing music. Crozle included in Fishing DVD.

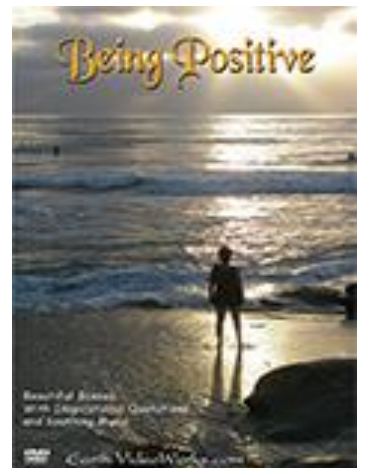
Lavender      Flower Medley      Oranges & Lemons      Gone Fishing      Vegetable Patch      Day Trippers      \$36 Each



Curious Kitty 7177 \$35



Paint the Ocean 7180 \$35



Being Positive 7178 \$35

These DVDs have still images & music and are designed for memory & visual stimulation. Includes continuous looping



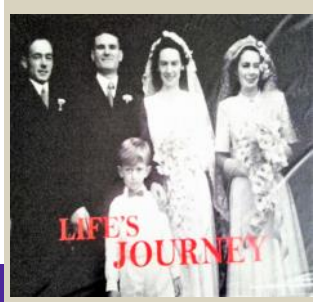
# Quiz, Reminiscence and Nostalgia

## LIFE'S A JOURNEY

Includes twelve A3 posters. Featuring new baby, Christmas, jobs, spirituality, courtship & marriage, school, war time, birthday, death and home.

All with prompt questions for discussion.

**Order Code: 1295 \$68**



## MEMORIES

Includes twelve A3 posters. Featuring entertainment, games and hobbies, holidays, pets, sports magazines, shopping and cars.

All with prompt questions for discussion

**Order Code: 1296 \$68**



## AUSTRALIA FACES

Includes eighty A5 cards with a short story about each Australian since the turn of the century. Includes history & modern Personalities.

See website for full list.

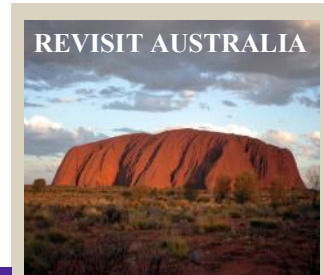
**Order Code: 1322 \$59**



## AUSTRALIA IN PICTURES

Includes fifteen A3 posters of various places across Australia. Use for general discussion as a memory provoker or for travel theme days. Prompt questions are not included in this pack.

**Order Code: 1323 \$58**



## COUNTRY DESTINATIONS

Includes fifteen A3 posters. Great for group travel themed sessions. Includes Greece Italy, Egypt, USA, Thailand, Spain, China, Holland, India, and England.

Prompt questions are not included in this pack.

**Order Code: 1301 \$68**



## GETTING AROUND

Includes eleven A3 posters. Featuring trains, ski and sleds, bus, horses, bicycle, tram, car, airplane and boat.

All with prompt questions for discussion.

**Order Code: 1297 \$68**



## I REMEMBER THAT 1 - DVD

Memories of everyday Australia in the 20th Century. Reminiscence tool for small groups or individuals Themes include The land of make believe, A look at toys of yesteryear, Pounds, Crowns and Cents, Chilly Billy and more. Manual Included.

**Order Code: 5000 \$99**



## I REMEMBER THAT 2 - DVD

Memories of everyday Australia in the 20th Century Reminiscence tool for small groups or individuals Themes include Reading, writing & arithmetic, The Picture Show Man and more. Full commentary included.

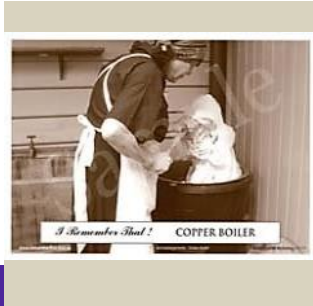
**Order Code: 5002 \$99**



## REMINISCENCE CARD - SET 1

20 Laminated A5 reminiscence cards. Themes include Washing day, Tool shed, Lolly shop and more. Comes with background notes and prompt questions.

**Order Code: 5005 \$55**



## REMINISCENCE CARD - SET 2

20 Laminated A5 reminiscence cards. Themes include Meccano, toys & games, The wireless and more. Comes with background notes and prompt questions.

**Order Code: 5006 \$55**



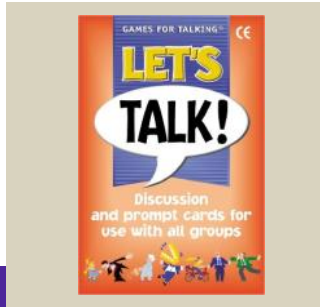




# Quiz, Reminiscence and Nostalgia

## LETS TALK

A set of 78 discussion & prompt cards designed for groups divided into 3 themes.  
**One Thing:** One thing I do well is..  
**Lets Chat:** What one food do you dislike & why?  
**Think Back:** What is your earliest memory?



Order Code: 2221 \$59

## ART OF CONVERSATION

300 Questions to start a conversation. Aus produced. Can you remember the first song you learnt to sing? Who taught you to drive? Comes in hard-cover box. 3 questions per card. Cards fit into the palm of your hand.



Order Code: 1324 \$25

## LETS TALK - EMOTIONS

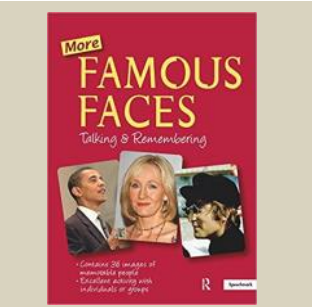
Discussion cards to enable people to become more aware of their feelings, ability to be assertive and respond with resilience.  
**Feelings 1319**  
**Resilience 1320**  
**Assertive 13201**  
**Social Skills 13202**



Order Code Above \$59 Each

## MORE FAMOUS FACES

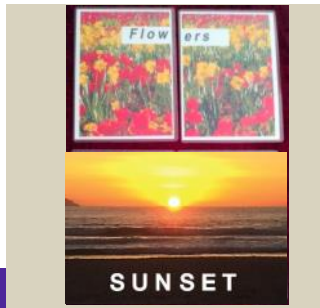
36 Cards 21x15cm. Image on the front with a description story on the back of the card. This is the sequel to the blue Famous Faces pack. Add to your kit for memory provoking and recognition tools for the aged



Order Code: 2099 \$85

## MEMORY WORD CARD

Forty laminated cards 14x10cm with 20 matching pairs in the set. Cards are shuffled then given out to players. The cards are then placed face down on the table. Cards are then turned over two at a time when a match is found the pair are removed.



Order Code: 1154 \$55

## PAST OBJECTS - AUSTRALIA

Eighty A5 photographic prints with stimulating images of Australian past objects & heritage. Images include cameras, watches, records, magazines, household items and more.



Order Code: 8904 \$59

## KEEP MEMORIES ALIVE

Questions are drawn by rolling a dice. Each question stimulates memory, conversation, or discussion. The card is either kept or discarded by the player depending on whether they can relate to the question.



KEEP MEMORIES ALIVE 1 1015  
 KEEP MEMORIES ALIVE 2 1016

Order Code ABOVE \$36

## WISDOM YEARS - RECALL FOUR

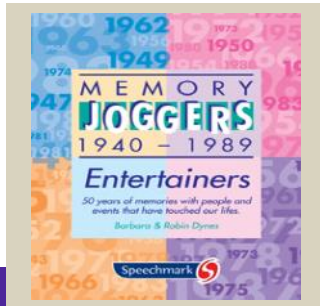
Consists of 72 cards each of which suggests a category for four points of recall e.g. Name four things that fly, Four ingredients for bread, Four things that remind you of your father. Cards measure 15x10cm with Large Print



Order Code: 2220 \$55

## MEMORY JOGGERS

50 'flashcards' covering Entertainment comes with a manual. Includes Frank Sinatra, The Goons, Morecombe & Wise, Doris Day, Marilyn Monroe, The Beatles, Elizabeth Taylor, Cliff Richard, Shirley Bassey & more.



Order Code: 2078 \$85

## CONVERSATION CARDS 50 & 60s

A5 20x15cm Sturdy 36 Cards - Broken up into themes of Childhood games, Outings, Nostalgia items, Around the house tasks. Comes with guide for suggestions for use and stored in hard cover box.



Order Code 1318 \$84





# Quiz, Reminiscence and Nostalgia

Singing in the Rain

Funny Face

Calamity Jane

Guys & Dolls

American in Paris

Meet Me in St Louis



Code: 5301



Code: 53012



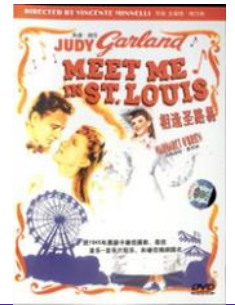
Code: 53013



Code: 53014



Code: 53015



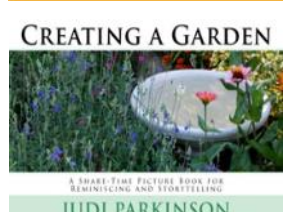
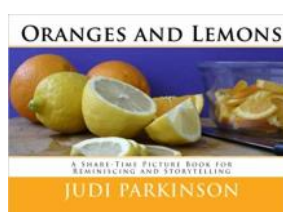
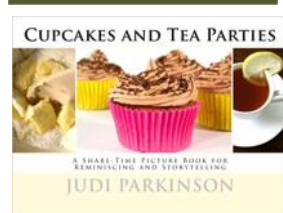
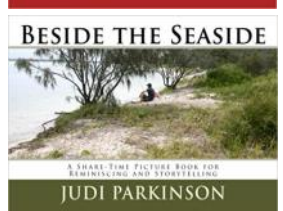
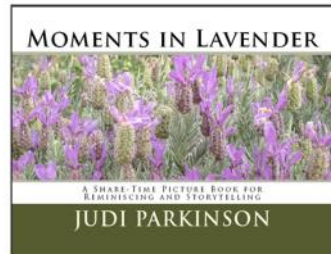
Code: 53016

**\$20 Each**



**Order Code: 1165 Nostalgia Poster Pack A3 (8) \$80**

- BUSY IN THE GARDEN 21021 \$30
- SEASIDE 21022 \$30
- GONE FISHING 21023 \$30
- VEGETABLE PATCH 21024 \$30
- CREATE A GARDEN 21025 \$30
- CUPCAKES & TEA PARTIES 21026 \$30
- ORANGES & LEMONS 21027 \$30
- MOMENTS IN LAVENDAR 21028 \$30

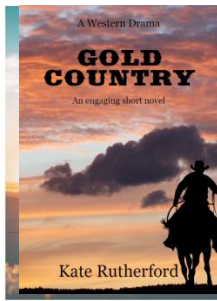


### SHORT STORY PICTURE BOOKS

- Book 1 Level 1 - Action 300 Words
- Book 2 Level 2 - Western 600 Words
- Book 3 Level 3 - Romance 1000 Words

- A4 Booklet includes pics 40pgs
- 20 pages of text & Short Chapters
- Picture right hand side
- Text on the left hand side
- Designed with simplicity for mature adult reading
- Two - Four Chapters per book

2225 Neighbourhood Carnage  
 2226 Gold Country  
 2227 Time Flies  
**\$39 Each**

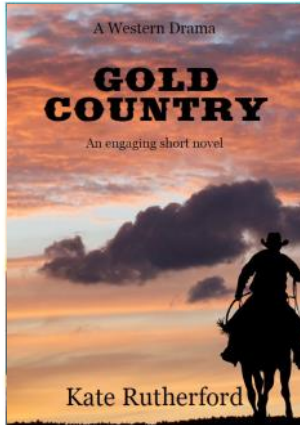
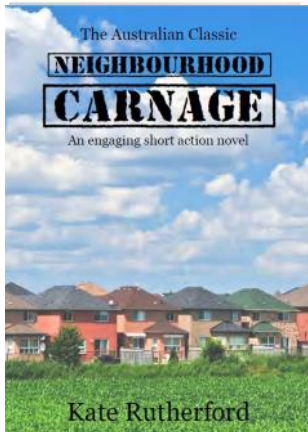




# SHORT STORY - READING BOOKS

Wisdom Activities

Phone: 1300 301 319



## Short Novel benefits!

These books cater for someone with a shorter attention span. Designed for easy handling to encourage easy reading. They would be a useful tool for a carer to share an experience with a loved one anywhere, anytime!

Place beside a bed and use for night time calming. The books can be used as picture books if you decide not to use or read the text. Encourage their imagination! Don't worry if they can't read it all at once, we included short chapters to make it simpler!



L1 #2225

L2 #2226

L3 #2227

## BOOK FEATURES

**\$39 Each**

Approximately 44 Pages Front to Back (Text Only Approx 20 Pages)

Large Print A4 Book with colour pictures for visual enhancement.

Looks, feels and reads like a mature adult novel. (*Categories: Romance, Action & Western*)

Short Chapters: **Level 1:** (2 Chapters), **Level 2:** (3 Chapters), **Level 3:** (4 Chapters),

Colour pictures left hand side of page to assist with story telling.

**Level 1: Action** 300 Words; **Level 2: Western** 600 Words; **Level 3: Romance** 1000 Words Romance)

**Level 1** - Approx (One Sentence) **Level 2** - (Two Sentences) **Level 3** (Three Sentences) Per Page

Picture Left Page. Large Text in the middle of the Right page.

Designed with simplicity to assist anyone who might benefit. (Inspired by Kayla Garside)



# Quiz, Reminiscence and Nostalgia

## TRIVIA CARDS - 60s 70s 80s 90s

1960's Code 1334  
 1970's Code 1335  
 1980's Code 1336  
 1990's Code 1337

1000 Questions Per Pack

Order Code Above \$22 Per Pack



## MUSIC QUIZ VOL 1 & 2 - CD

Easy to use musical CD quiz. comes with guide for session facilitator and quiz questions. Quality piano music by John Sidney

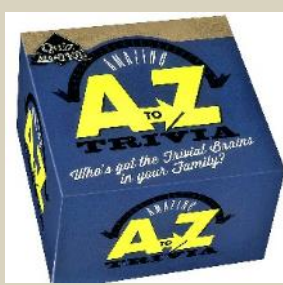
Order Code Above \$26 Each



## A - Z TRIVIA BOX

Box Contains 900 Questions, 1 Dice and Rules if you want to use them. Categories include Entertainment, Geography, History, Sports and Leisure, Arts Science and Nature. Every answer begins with the same letter. i.e the ABC

Order Code: 1331 \$25



## MUSIC QUIZ - CD

80 different melodies. Contains tunes from the 30's, 40's, 50's & 60's. Tunes Include; (*Born Free, I only want to be with you, Moon River, The Last Waltz.*) Chorus plays through twice to allow identification of tune.

Order Code: 5069 \$60



## LARGE PRINT BOOKS

### A4 LARGE PRINT BOOKS

Word Puzzle 1 2107  
 Word Puzzle 2 21074  
 Crossword 21075  
 Sudoku 2224

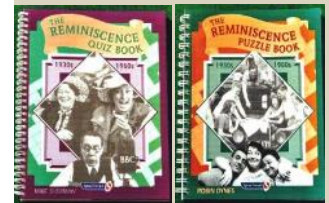
Order Code Above \$13 Each



## REMINISCENCE Quiz & Puzzle

Provides reminiscence questions from the 1930's to the 1960's with detailed answers and discussion points. **Note: These are separate books.**

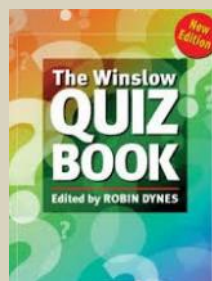
Puzzle 2012 \$86 Quiz 2013 \$86



## WINSLOW QUIZ BOOK

Contains more than 2000 questions. Topics include (birds, literature, history, homes, proverbs & sayings, the world wars, general knowledge, medical matters.)

Order Code: 2215 \$85



## PEOPLE, PLACES, THINGS

70 Cards per Pack. 5 Subjects per card. Ask questions to identify the topic on the card

People 1315  
 Places 13151  
 Things 13152

Order Code Above \$19



## TOP TRIVIA - 4500 Questions

The Ultimate Collection includes questions spanning Geography, Literature, Sport, TV and Film, Music, General Knowledge. Popular with the alert for a fantastic trivia night!

Order Code: 13074 \$40



## CROSSWORDS FOR THE AGED

Crosswords graded for difficulty to three different levels. Inc 72 Crosswords in printed manual Graded into Low, Med & High Care

Order Code: 2069 \$35





# Event Days and Activity Ideas



## CHRISTMAS - LARGE WORDS

40 Popular Xmas Songs with large words on screen. Traditional and modern carols on this DVD. *I saw mummy kissing Santa Claus, Jingle Bells, We wish you a Merry Christmas.* Words on screen.

Order Code: 5041 \$32



## CHRISTMAS MEMORIES

DVD includes 60 Minutes of Carols. *I'm dreaming of a white Christmas, Deck the Halls, Away in the Manager, Silent Night, Oh Holy Night, Joy to the World* Words on screen. Inc CD with Print Song Book.

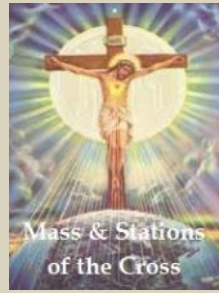
Order Code: 5053 \$42



## STATIONS OF THE CROSS

Part one shows the Catholic celebration of the Eucharist with the words of the service and hymns on the bottom of the screen runs for 30mins - Part two shows the 14 Stations of the cross.

Order Code: 5007 \$65



## AUSSIE FACES

A5 picture with a short story about each Australian since the turn of the century. Good for individuals or groups. 80 cards in the set. Includes history & modern personalities.

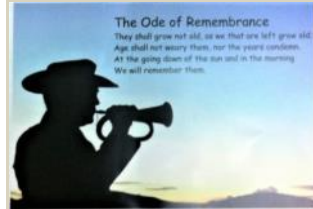
Order Code: 1322 \$59



## ANZAC CARDS - DISCUSSION

Twelve A3 Posters featuring the old remembrance, Simpson and his donkey, wreaths and medals, the dawn service, Anzac Cove poem, war memorials and marches. All with prompt questions on back in large print.

Order Code: 1299 \$68



## TWO - UP

20cm length. Genuine penny coins included. An old Australian favourite for fun or Anzac Day activities.

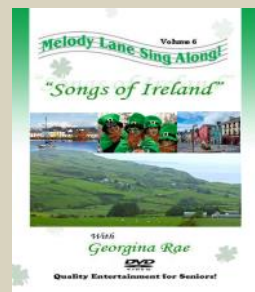
Order Code: 3464 \$26



## ST PATRICKS DAY - DVD

Comes with CD Songbook which can be printed. Images and Large Words on Screen. Songs *When Irish eyes are smiling, Sweet Molly Malone, It's a long way to Tipperary, Galway Bay, Sweet Rosie O'Grady, Four Leaf Clover.*

Order Code: 5045 \$42



## EVENT DAY - DISCUSSION

Twelve A3 Posters featuring Anzac Day, Aus Day, Boxing Day, Xmas Day, Easter, Melbourne Cup, New Years, Queens B'day, Remembrance Day and St Patricks. Includes Questions on back.

Order Code: 1302 \$68

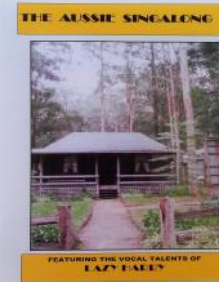


## DVD - AUSSIE SING A LONG

13 favourite well known Aussie songs, (*Waltzing Matilda, Wild Colonial Boy, Pub with no Beer, Botany Bay, etc.*)

WORDS ON SCREEN - 30 Mins

Order Code: 5054 \$35



## INDIGENOUS MEMORY GAME

A rustic memory game featuring 16 Indigenous Symbols. Every player must try to remember where all the shapes are as they each turn a tile over to find the matching pairs.

Order Code: 20791 \$22.90





# Event Days and Activity Ideas

## ACTIVITY PROGRAM

This books contain daily programs and activity suggestions in a diary style format for workers. Program ideas & activities can be adapted to suit.

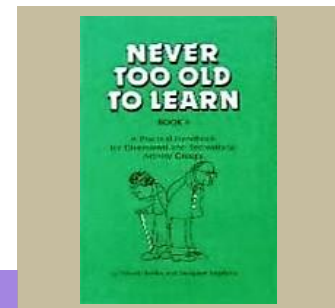
Bk 1 covers Jan - June. **Code: 2028**  
Book 2 covers July - Dec **Code: 2029**



Order Code Above: **\$68 Each**

## NEVER TOO OLD TO LEARN (4)

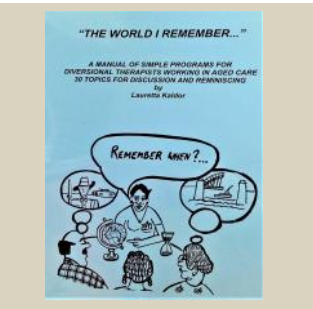
A recommended and noted handbook for activity groups. Includes theme days, quizzes, word games. Widely used in any Aged care setting. 96 pages. (Halloween, Highland Fling, Dancing)



Order Code: 2023 **\$33**

## THE WORLD I REMEMBER

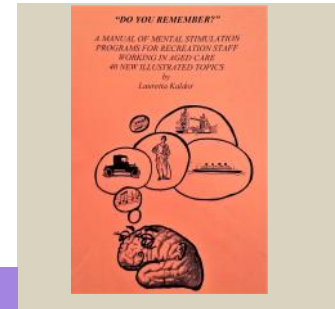
30 Topics to facilitate reminiscing and discussion in an Aged Care setting. Famous Aust, Musicals, Where were you when? 60 pages



Order Code: 2010 **\$35**

## DO YOU REMEMBER

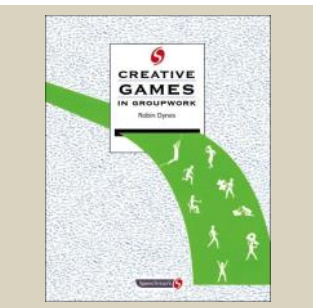
40 new ideas for successful Reminiscing. Cities of the world, Popular music, Romance, Word associations. Quizzes included. 60 pages



Order Code: 2014 **\$45**

## CREATIVE GROUP GAMES - BK

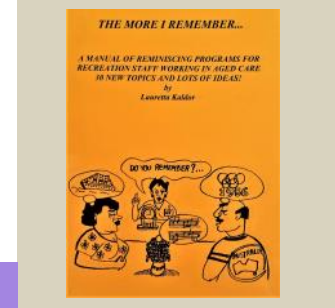
Book includes ways to achieve a balanced program. Mixing exercises games using gentle movement. Includes exuberant games puzzles and brain-teasers. Verbal games. Pen & paper quizzes and outdoor activities 249pages.



Order Code: 2035 **\$84**

## THE MORE I REMEMBER

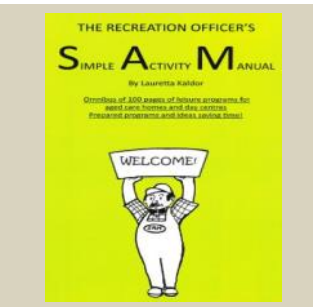
The sequel, includes sport, Immigration, Olympic games, stars of TV and radio, medical breakthroughs, famous inventions and more. 60 Pages



Order Code: 2011 **\$35**

## SIMPLE ACTIVITY MANUAL

Activities for leisure programs for Recreation officer's. Includes, activities for less able residents, humour, technology, quizzes, art and craft games to make and play and reminiscing programs. Issued 2015. 100 Pages



Order Code: 2100 **\$55**

## LIFES LITTLE LESSONS

Topics for Discussion Groups. The topics presented are home ownership, advertising, books from childhood, travel destinations.

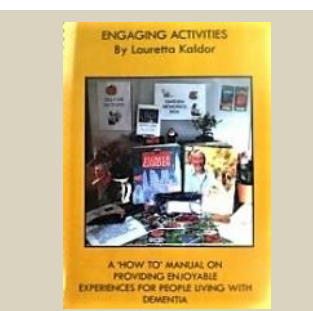
They encourage intelligent debate & engagement. Topics are presented as mini lectures with interactive components



Order Code: 2121 **\$35**

## ENGAGING ACTIVITIES

Guide on how to provide enjoyable activities for people living with dementia. Topics include gardening, music, holidays and the four seasons. Planning procedures for care workers and suggestions for activities for every stage of dementia. 85 Pages.



Order Code: 2009 **\$50**

## CRAFT IDEAS

**KEEP IT SIMPLE: No craft experience needed.** Fail safe projects to get your craft projects into action. **Code 2018**

**QUICK AND SIMPLE :** The sequel includes sewing, art knitting & crochet. **Code 2016**



Order Code Above: **\$35 Each**



# Art & Craft Projects



## PAINT BY NUMBERS - A4

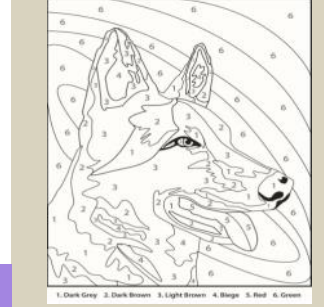
11 A4 Images per pack, which can be photocopied for long-term use, and range from simple to harder images. Structured art project with large numbers, each using 4 to 7 colours.



Order Code: 8939 \$19

## PAINT BY NUMBERS - A3

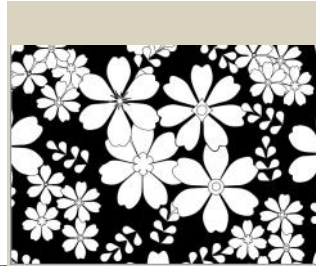
11 A3 Images per pack, which can be photocopied for long-term use, and range from simple to harder images. Structured art project with large numbers, each using 4 to 7 colours.



Order Code: 89024 \$26

## BLACK BACKGROUND

Designed with feedback from a facility who became aware individuals who struggled with colouring found it instantly easier with the image placed on a black background.



A4 Order Code: 8935  
A3 Order Code: 89351

Order Code Above: A4 \$32 A3 \$34

## WATER REPAINTS - 6 Pack

6 photographic images which come to life when painted with water. As the image dries it fades back to a blank. Which means these repaints can be used again and again. (Horse, Butterfly, Bird Balloon Flower, Fish)



Order Code: 8914 \$38

## AIR DRYING CLAY

No kiln? No problem! Create simple yet beautiful pieces that can be hand-sculpted and air-dried. Follow the step-by-step instructions and use the materials provided to make gorgeous pieces and patterned textures.



Order Code: 8947 \$15

## AIR DRYING CLAY

This modelling material can be used to create various objects such as jewellery, ornaments and figurines. No baking is required, object will set hard when left to dry in open air.

500g 8944 \$12  
1kg 89441 \$23

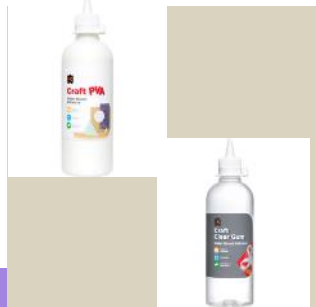


Order Code As Above

## CRAFT GLUE

Australian made craft PVA is non-toxic, washable, acid-free and PH neutral. These superior quality glues adheres well to a wide range of products 500mL

PVA 8915  
CLEAR GUM 8946



Order Code As Above \$12

## DECORATIVE BOX - 6 Pack

Measures approx  
90mm diameter x 35mm deep.

Round Box pack of 6



Order Code: 89032 \$25

## FLOWER PRESS

Historically pressing flowers is a pastime of yesteryear. Use it as sensory experience and use the flowers for card making. Most women enjoy flowers & the pressed outcome.



Order Code: 8905 \$17

## KNITTING NANCY

French knitting - this is an achievable task for someone who wants to keep themselves busy and doing something - A sturdy wood base - makes a long narrow tube of French knitting



Order Code: 8921 \$18





# 12 Piece Wood Puzzles - \$52 Each



**TULIP**  
4464

**FLOWER BUCKET**  
4775

**TABLE MOUNTAIN**  
4472

**FERRY**  
4765



**FORD**  
4788

**KITCHEN**  
4079

**BLACK TRAIN**  
4447

**RED CAT**  
4773



**MOTORCYCLE**  
4466

**LABRADOR**  
4762

**1970S WHITE FORD**  
4791

**AUTUMN**  
4792



**FRUIT**  
4789

**PALM BEACH**  
4799

**GREEN EYE CAT**  
4798

**TOOL SHED**  
4787



**Beach Dog #4801**

**Horse #4100**

**Bicycle Old Timers #4440**

**Oil Vase #4808**



# 24 Piece Wood Puzzles - \$56 Each



**FLORAL**  
4080

**HYACINTH**  
4462

**KITTEN**  
4769

**POT & CAN**  
4777



**BORDER COLLIE**  
4092

**GARDEN SEAT**  
4776

**BEACH**  
4780

**BLUE HOUSE**  
4771



**CARAVAN**  
4038

**CLASSIC CAR**  
4060

**BLUE VALIANT**  
4091

**AEROPLANE**  
4087



**GREEN TRAIN**  
4449

**ROAD TRAIN**  
4086

**SERVICE STATION**  
4021

**HOTEL**  
4024





# 24 Piece Wood Puzzles - \$56 Each



**TRACTOR**  
4076



**FARM**  
4084



**SHEEP**  
4778



**HORSE**  
3900



**TRAM CIRCLE**  
40331



**AUSSIE**  
4142



**FLINDERS**  
4766



**OPERA**  
4071



**HARVEST**  
4793



**MALTESE**  
4794



**TABBY CAT**  
4795



**PADDLE STEAMER**  
4083



**WATER LILY**  
4019



**COCKATOO**  
4018



**BORDER COLLIE PUPS**  
4017



**KOALA**  
4016





# 48 Piece Wood Puzzles - \$59 Each



**HORSE RACING**  
4461



**ITALY**  
4783



**FISH**  
4784



**GREEN TRAM**  
4034



**TWO CATS**  
4768



**PARK**  
4772



**GARAGE TOOL**  
4763



**HANGING BASKET**  
4790

# 60 Piece Cardstock Puzzles - \$49 Each



**MORNING TEA**  
47747



**SUNFLOWERS**  
47746

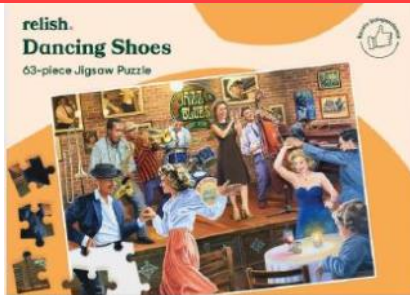


**BREAD**  
47744



**SPORTS CAR**  
47745

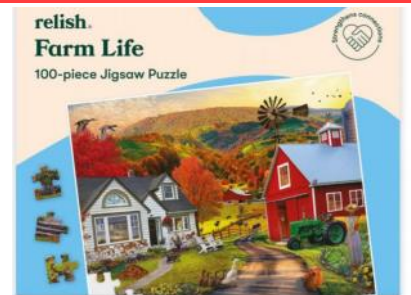
# Other Cardstock Puzzles - 63 and 100 Piece



**DANCING SHOES 63 Piece**  
4796 \$35



**FARMERS MARKET 63 Piece**  
4797 \$35



**FARM LIFE 100 Piece**  
35532 \$40





# Gardening

## EASI GRIP - FORK

Designed to minimise effort with it's unique design. Angled handle to ensure hand and wrist are kept in normal position.

12cms long



Order Code: 4213 \$32

## EASI GRIP - TROWEL

Designed to minimise effort with it's unique design. Angled handle to ensure hand and wrist are kept in normal position.

12cms long



Order Code: 4212 \$32

## EASI GRIP - CULTIVATOR

Designed to minimise effort with it's unique design. Angled handle to ensure hand and wrist are kept in normal position.

12cms long



Order Code: 4214 \$32

## LONG REACH - CULTIVATOR

Enables digging from chair. Quality designed and made to last, this product enables you to garden with ease. Less pressure on hands, knees and back when standing. Measures 80cm Long .700grams



Order Code: 4215 \$59

## EASI GRIP - WEEDER

Designed to minimise effort with it's unique design. Angled handle to ensure hand and wrist are kept in normal position.

12cms long



Order Code: 4211 \$32

## LONG REACH - FORK

Enables digging from chair. Quality designed and made to last, this product enables you to garden with ease. Less pressure on hands, knees and back when standing. Measures 80cm Long. 700grams



Order Code: 4216 \$59

## ATTACHMENTS

**Cuff Attachment** for Easi - Grip garden tools. Provides extra be carried out longer with ease. **4221 \$22**

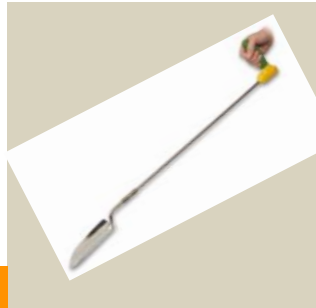
**Add On Handles** Can be added to your favourite gardening tool **4220 \$26**

Order Code As Above



## LONG REACH - TROWEL

Enables digging from chair. Quality designed and made to last, this product enables you to garden with ease. Less pressure on hands, knees and back when standing. Measures 80cm Long. 700grams



Order Code: 4217 \$59

## Tap Ezy - Twin Pack

Turns outdoor taps with ease, simply place the Tap Ezy over your existing tap and the extra leverage and comfort will make turning the tap easier. Ideal for those with arthritis

Order Code: 4223 \$15



## GARDEN TROLLEY

**MADE TO ORDER ONLY:**  
MEASURES 100 X 72 X 32CM.  
Includes bench & wheels suitable for wheel chair access. **Freight price will be additional and based on your location. HEAVY ITEM**

Order Code: 2054 \$515





# RADIO & MUSIC PLAYER

Wisdom Activities

Phone: 1300 301 319

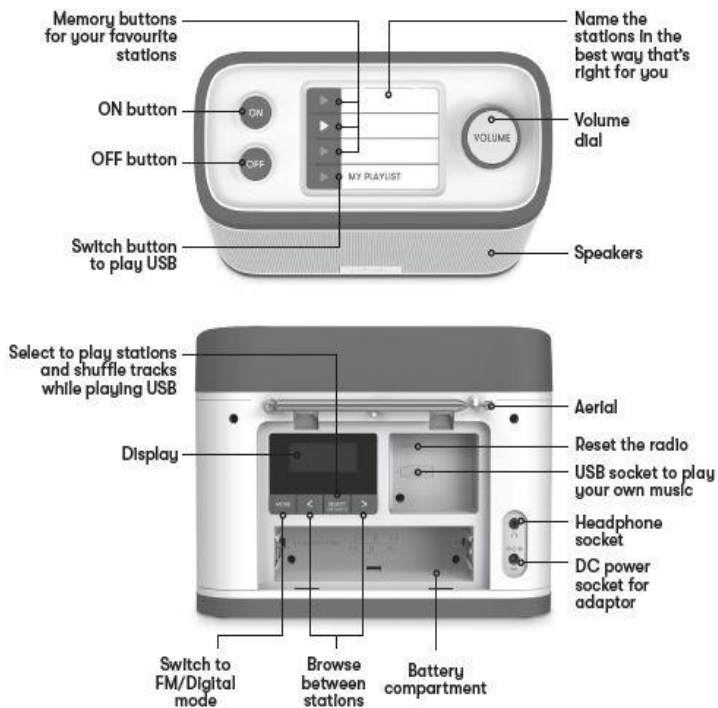


## NEW INNOVATIVE RADIO & MUSIC PLAYER

***Give them the pleasure of listening to their own choice of music with the bonus option to tune into the radio!***

This unit has been designed specifically to enable people of all stages of dementia to listen to the music they know. Also a great unit for anyone at home or in care.

### Tune in and enjoy the power of music!



With three buttons to pre-set to favourites, and a fourth for your own music, it means you can easily find the stations or playlist they enjoy.

## PLAYER FEATURES:

***Big Buttons for visual enhancement***

***Unit measures 24cm x 18cm x 10cm***

***Easy to use control panel.***

***Pre-set radio stations on the back panel.***

***Allocate your own memory buttons.***

***Customised label for your titles.***

***Use a USB to play your personal choice of music.***

***Batteries & Aust Power Supply***

## BENEFITS OF MUSIC:

- Encourages freestyle independent movement
- Facilitates recognition of music from the past.
- Stimulates the "good feeling" factor.
- Enables the "last sense" during the later stage of dementia.
- Best of all it can be tailored to the individual for their own enjoyment.



**ORDER CODE: 7207 \$299**



# SALE ITEMS

## ORIENTATION CALENDAR

Fully laminated orientation calendar including acrylic stand. Displays Day, Date and Month. Pieces are adjustable for each day.

**Order Code: 3581 \$49**



## PICTURE BINGO - YESTERYEAR

9 A4 cards. Real colourful images with a crossword on the back. Crossword is of pictures on the card. Can be Laminated.

Use Tokens to play Bingo. Not supplied  
Calling Card Words on Cards.

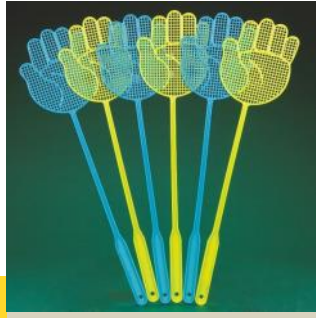
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## HAND SWATTERS

Pack of 4. A great addition to lightweight balloon games!

**Order Code: 3579 \$15**



## PICTURE BINGO - FRUIT

9 A4 cards. Real colourful images with a crossword on the back. Crossword is of pictures on the card. Can be Laminated.

Use Tokens to play Bingo. Not supplied  
Calling Card Words on Cards.

**Order Code: 3526 \$20**



## PICTURE BINGO - ANIMAL

9 A4 cards. Real colourful images with a crossword on the back. Crossword is of pictures on the card. Can be Laminated.

Use Tokens to play Bingo. Not supplied  
Calling Card Words on Cards.

**Order Code: 3528 \$20**



## CABARET - DVD SHOW

Marianne is well presented and wears colourful professional dresses/costumes to introduce each song. She has a deep, strong voice with resonance. See Website for full song list.

**Order Code: 5250 \$20**



## OPERA - DVD - SHOW

Marianne is well presented and wears colourful professional dresses/costumes to introduce each song. She has a deep, strong voice with resonance. See Website for full song list.

**Order Code: 5251 \$20**



## CHRISTMAS - DVD - SHOW

Marianne is well presented and wears colourful professional dresses/costumes to introduce each song. She has a deep, strong voice with resonance. See Website for full song list.

**Order Code: 5252 \$20**



## ORIENTAL PAPER PACK

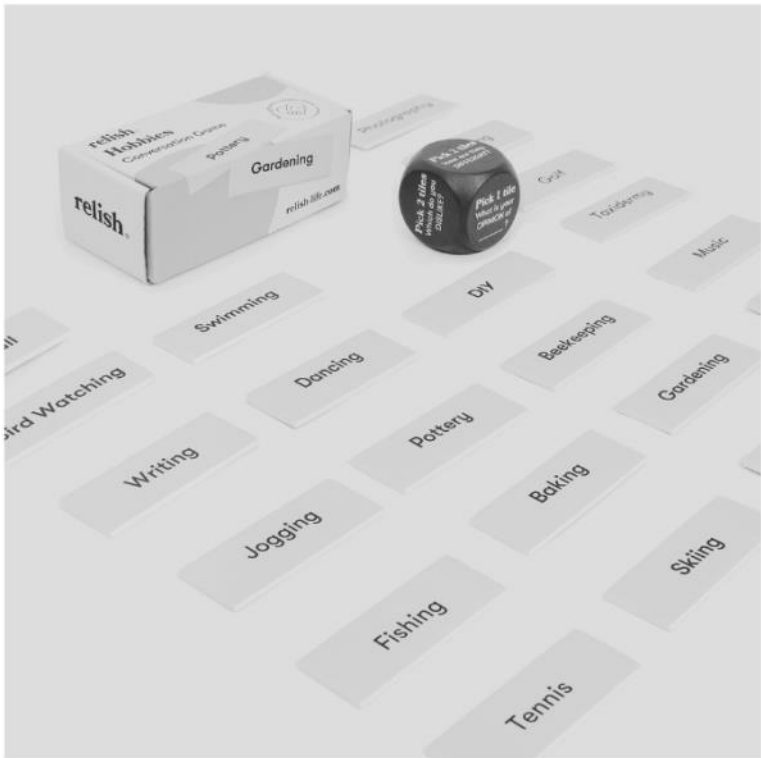
A4 paper in 8 different patterns. Use for cardmaking collage, art projects. 20 Sheets per pack.

**Order Code: 89092 \$16**









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