

Supplemental Activity Sheets

Just Try It!








This packet contains classroom activities or worksheets to reinforce concepts from the Playbook® story and go beyond the story into content areas such as Language Arts, Math, Science, Social Studies, Art, Health, or Character Education.

Name _____

What Group?

Directions: Write the letter of the food that belongs in the Food Group for each sentence.

A	B	C	D	E
				
broccoli	strawberries	rice	yogurt	fish

1. _____ is in the **Grain Group**.

2. _____ is in the **Milk Group**.

3. _____ is in the **Vegetable Group**.

4. _____ is in the **Protein Group**.

5. _____ are in the **Fruit Group**.

We need to eat them all!



Name _____

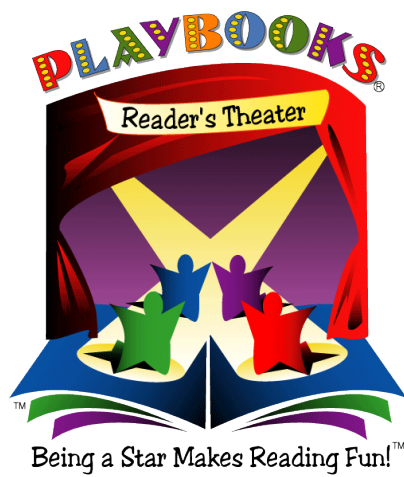
What Have You Tried?

Directions: In the box, draw a picture of a new food you have tried. Then, circle "yes" or "no" to tell if you liked it or not.



I tried....

Did you like it? Yes No



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