



arboleaf<sup>®</sup>

## SMART KITCHEN SCALE

### User Guide



Model: CK10A

## WARNINGS AND PRECAUTIONS

1. Read all instructions.
2. Use only on a clean, dry, hard and level surface.
3. Remove batteries if the scale is not likely to be used for some time.
4. Store in a dry place.
5. Do not drop or hit the scale. Handle it gently.
6. Do not weigh corrosive objects directly.
7. Do not wash. Clean the scale with a damp cloth and a mild cleaner.
8. For household use only.

## ITEM LIST

1. Smart Kitchen Scale
2. 3 AAA Batteries
3. User Guide

## SPECIFICATIONS

- Dimensions: 8.3" x 7.2" x 0.8"
- Weight: 15 oz
- Resolution: 0.1 oz
- Range: 0.1 oz – 11 lb
- Multiple units: g / ml / fl. oz / lb:oz
- Temperature: 40°F - 95°F
- Power: 3 AAA batteries

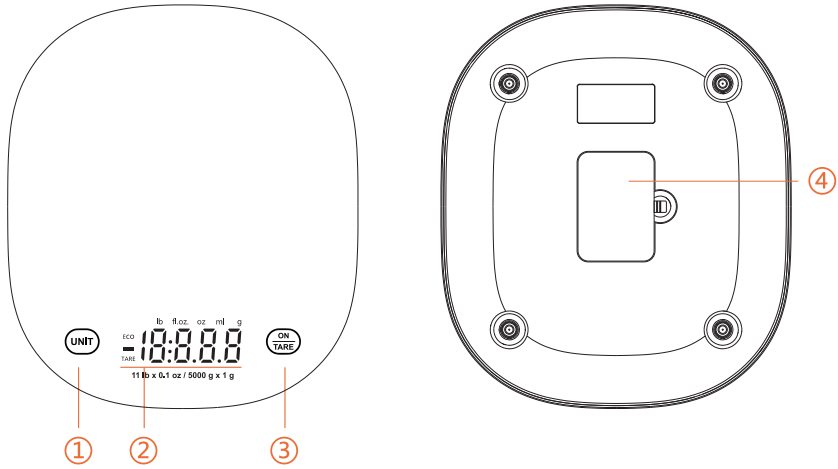
## INTRODUCTION

Congratulations on your purchase, and welcome to the Arboleaf smart family! Your Arboleaf Smart Kitchen Scale is more than just a digital kitchen scale to weigh food. It helps you track your food intake and analyze your nutrition facts. It is a great tool to watch what you eat and encourages you to eat well and eat smart!

## FEATURES

- Accurate and precise measurement ensured by high precision sensors.
- User friendly interface and simple operation.
- One touch taring.
- Low power and overload indications.
- Battery saving mode and auto power off function.
- Can be used with or without the app.
- With the app you benefit from more smart functions:
  - ✓ Weight measurements wirelessly sent to your mobile app.
  - ✓ Scan bar code or search for food to get nutritional facts.
  - ✓ Convenient diary function to record everything you eat.
  - ✓ Easy to track your food consumptions and nutrition intake: calories, fat, protein, carbohydrates, and micronutrients.
  - ✓ Multiple units. Precisely weigh water, milk and other liquids. Easily convert into fl oz.

# SCALE







- ① Unit Switching
- ② LED Display
- ③ Power on/ Tare/ Clear to Zero/ Power off
- ④ Battery Cover

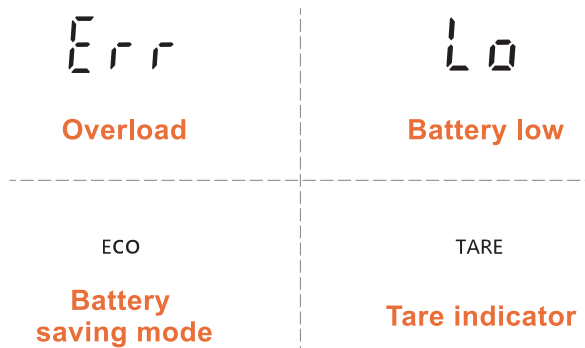


## SCALE OPERATING INSTRUCTIONS

The Arboleaf Smart Kitchen Scale can be used with or without a mobile app.

1. Put batteries in the scale.
2. Place the scale on a hard and level surface.
3. Power on. Tap  . It starts with "0g".
4. Unit switching. Tap  to switch to your desired unit: g, ml, fl.oz, lb:oz.
5. Tare. Tap  . When "TARE" shows up, the weight resets to zero.
6. Continuous taring. You can use the tare function repeatedly by tapping the Tare button repeatedly.
7. Auto power off / Power saving mode. If there is no operation or no weight change in 30 seconds, the scale will enter into the power saving mode. It will automatically shut down if there is no operation for another 90 seconds.
8. Manual power off. Press  for 3 seconds.

## SCALE DISPLAY



## APP OPERATING INSTRUCTIONS

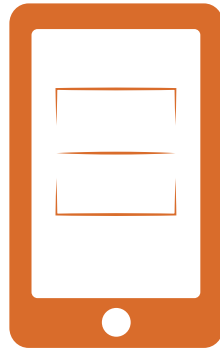
You can use Arboleaf Smart Kitchen Scale with NuFit Food mobile app from NuFit Inc. Newer mobile app versions may have different user interfaces.

1. Download NuFit Food app.

Scan the QR Code below or search for "Nufit Food" in Apple App Store or Google Play Store.



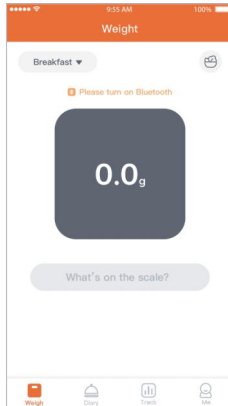
**Scan the QR to Download APP**



2. Open NuFit Food app, answer “OK” to allow NuFit Food to use Bluetooth.

Your scale is automatically connected to your phone when you place something on the scale and your NuFit Food app is on the “Weigh” screen.

3. Weigh: “Weigh” is the Home screen of the app. You may also tap the “Weigh” button at the bottom left to be on the Weigh screen. You can save the measured food into your food “Diary”.



### 1) Weigh

- Place a food item directly on the scale. The weight is displayed on the app simultaneously. The scale is automatically synced up with your app.
- If your food needs a container, place the container on the scale, tap the Tare button on the scale, and then place your food in the container.

### 2) Tap “What’s on the scale?” if you like to know the nutrition facts.

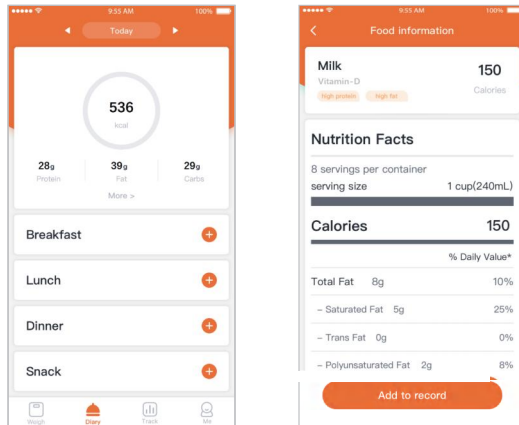
- Scan UPC bar code of the food if it is available.
- Type in the food name to search.

### 3) Tap “Add” to save to your food “Diary” (Breakfast, Lunch, Dinner or Snack).

4. Diary: Tap “Diary” button to access the Diary screen. Save your food intakes here.

1) Add food items to your Diary (Breakfast, Lunch, Dinner or Snack).

2) Tap Finish when adding is done.




5. Track: Tap “Track” button to access the Track screen. You can visualize your calories and macronutrient intake here.





## TROUBLE SHOOTING

1. Can't turn on the scale.
  - 1) Try the new batteries in case the batteries are low.
  - 2) Make sure batteries are installed correctly.
  - 3) Press  for 1 second.
2. My app does not show the weight on the scale, or the scale does not connect to my phone.
  - 1) In your phone's Settings, make sure
    - ✓ Bluetooth is on.
    - ✓ NuFit Food > Bluetooth is on if you use an iPhone.
    - ✓ Location service is on if you use an Android phone.
  - 2) Open your app on the "Weigh" screen.
  - 3) Turn on your scale and place an item on the scale. Weight should be displayed on your app.
  - 4) If you don't see measured weight displayed on your app after the above steps, do a power-on reset on the scale. Pull out one battery from the scale and put it back. Repeat steps 2) and 3).

## WARRANTY

Your Smart Kitchen Scale is under one-year warranty from the date of purchase against defects. Proof of purchase is required.



Arboleaf Corporation  
5465 Legacy Drive, Suite 650 Plano, TX 75024  
1-800-658-1148  
support@arboleaf.com  
www.arboleaf.com