

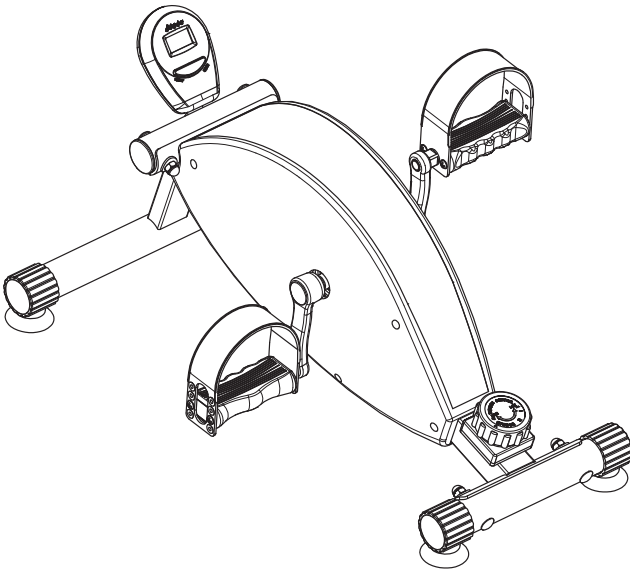


YESOUL

MP1

YESOUL MINI BIKE

Before using this product,
carefully read and
properly keep this manual.



Product model: YS-CMP1
Item NO.: MP1

YESOUL MINI BIKE
MP1 Product Manual

SPECIFICATIONS

Product Name	YESOUL MINI BIKE MP1
Product Model	YS-CMP1
Item No.	MP1
Net Weight	8.6kg
Gross Weight	10kg
Maximum Weight Capacity	120kg
Carton size	570mmx320mmx240mm
Product Size	645mmx420mmx310mm
Power supply	1x1.5 V AAA
Supporting software version	iOS 9.0 or higher, Android 5.0 or higher
Sensing system connection	Bluetooth

PRECAUTIONS

Failure to observe these warnings could result in physical injury or damage to the device.



- Use the device indoors on a level surface. Keep the device away from moisture and dust.
- Make sure that the pedals are on tight. Loose pedals will slowly come undone. Using the bike with loose pedals can damage the threads on the crank arms.
- The device has sealed bearings and is maintenance free. Lubricants are not necessary and can actually damage the bike.
- Do not place the bike in a location where it will be in contact with direct sunlight where it will be exposed to high temperatures or excessive humidity.
- Do not stand on the pedals. The device was not designed to be used while standing.
- The exerciser won't come with batteries, please purchase one batteries by yourself. (The battery model: AAA(NO.7) battery 1.5V *1)

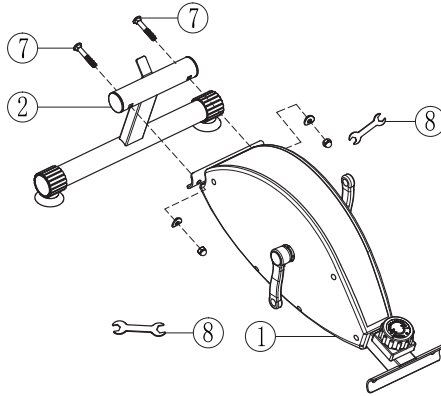
LIST OF SPARE PARTS

LIST OF PARTS		
NO.	Description	Quantity
1	Main body	1
2	Rear stabilizer	1
3	Front stabilizer	1
4	Right pedal	1
5	Left pedal	1
6	Display	1
7	Screw	4
8	Spanner	1

Step 1



Assemble the rear stabilizer (2) with main body (1) by screw (7) and spanner(8).

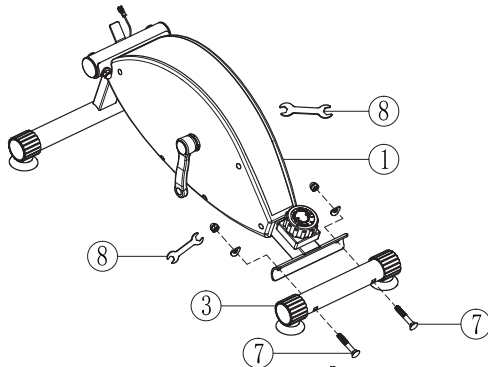
	7 X 2
	8 X 1



Step 2

Assemble the front stabilizer (3) with the main body(1) by screw(7) and spanner(8).

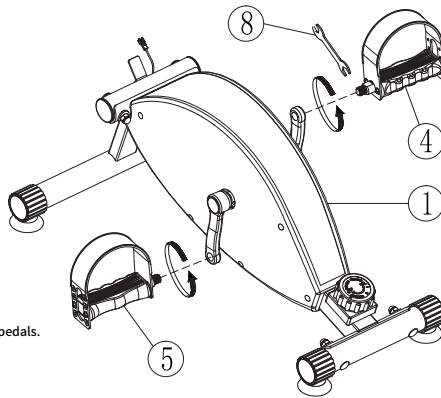
	7 X 2
	8 X 1



Step 3



When installing Parts 4 and part5,
Please use the spanner to turn the
pedals in the same direction.
Note: The pedals must be locked.

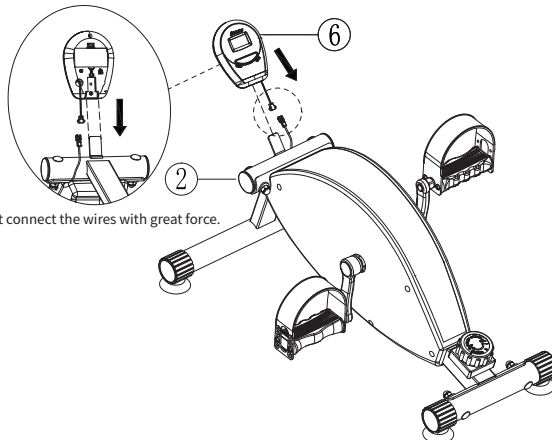


⚠ Safety tips:

Reverse riding is not recommended, as it is likely to loosen pedals.
After reverse riding, check whether the pedals are locked,
in order to avoid safety issues arising from loose pedals.

Step 4

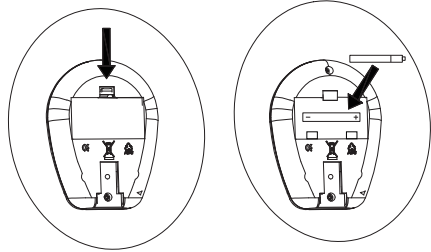
Connect the electronic watch as
shown in the figure on the right
and then connect the induction wires.



Note: Do not connect the wires with great force.

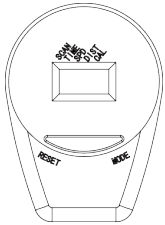
Step 5

If you need to replace the battery, please open the battery cover, take out the old battery, and then insert a new battery into the battery slot.



DISPLAY INSTRUCTION

The Function Button



MODE

- (Press this key to select and lock the specific functions required. Long press this key for 4 seconds to clear all readings.)

RESET

- (Press this key to reset the target value.)

SCAN

- (Display all functional readings in turn)

TIME

- (Total time pedaled)

SPD

- (Kilometers per hour)

DIST

- (Total distance pedaled, in miles)

CAL

- (Total calories burned)

SCAN:

Press the MODE key until the pointer points to SCAN and flashes, automatically displaying all functional readings in turn.

TIME:

Display the current movement time, which can be timed forward, or countdown (when setting the target value, which can be counted down). Display range: 00:00 -- 99:59 minutes: seconds.

SPD:

Display current speed display range: 0.0-999.9 km/h.

DIST:

Display the current moving distance, which can be accumulated or accumulated backwards (when setting the target value, it can be accumulated backwards). Display range: 0-99.99km.

ODO:

The total distance which this function is refers to from battery capacity period runs.

CAL:

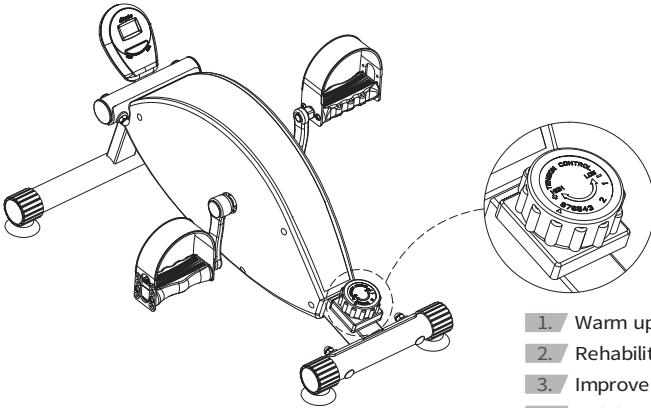
Show that the energy consumed by the current exercise can be accumulated positively or backwards (when setting the target value, this CALORIE can be accumulated backwards). The range of this CALORIE is 0-999.9 kcal.

REMARK

1. When the movement stops and there is no button operation within 4 minutes, the display will automatically close.
2. When pedal exerciser has a sense of exercise or press any key, the electronic watch will automatically open.
3. If this is the first time to use, and the display shows any abnormality, please reinstall the battery.
4. If this is the first time to use, and the electronic table does not function to display, please reconnect the lines.
5. This display is applicable to AAA (NO.7) battery 1.5V *1. If after a long time of use, the electronic table display brightness from strong to weak, or no display, please replace the new battery in time.

Adjustable Tension Control

Magnetic resistance system makes pedal motion smooth and quiet. Level 8 tension can be adjusted from low to high to meet the requirements of different intensity of exercise.



1. Warm up: 1,2
2. Rehabilitation exercise: 3,4
3. Improve endurance: 5,6
4. Stabilizing muscle: 7,8