

DAILY GLOW FACIAL DRY BRUSH

Our *Daily Glow Facial Dry Brush* is an ethically crafted beauty tool that will lift and renew your complexion by stimulating + detoxifying the skin.

BENEFITS

The benefits of daily facial dry brushing are endless. Here are a few of our favourites:

- Smooths fine lines + brightens appearance
- Reduces puffiness + dark circles
- Detoxifies to help clear congestion
- Tones + firms skin
- Gently exfoliates + stimulates cellular turnover

JULIE'S MORNING ROUTINE

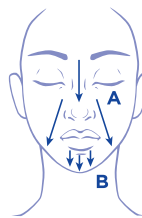
Begin your day with our Daily Glow Facial Dry Brush, following steps 1-8 . Next, cleanse your face + neck and remove cleanser thoroughly with a warm washcloth. To complete your daily facial workout, apply your toner and serum according to our Natural Facelift Ritual. Finish by telling your skin you love it!

For more information + instructional video please visit: PROVINCEAPOTHECARY.COM

Start with dry skin and brush using light pressure. Repeat each movement a minimum of 3 times.



1) Brush down the side of the neck, from ear to shoulder. Repeat on other side.

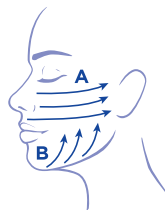


5A) Brush down the center of the nose. Then from the side of nose to jawline, over laugh-lines.

B) Brush over chin in short downwards strokes.



2) Brush from center of the forehead and continue down side of the face and neck towards the shoulder. Repeat on other side.

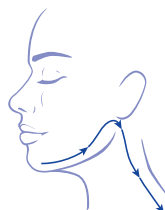


6A) Brush outwards over cheeks, moving down the face.

B) Brush in short upwards strokes along entire jawline.



3) Starting between eyebrows, brush upwards and across entire forehead



7) Starting at chin, brush under jawline, behind ear and down side of the neck. Repeat steps 6-7 on the other side.



4) Brush outwards over eyebrow and circle both eyes in a continuous figure-eight movement.



8) Brush outwards on neck, from jaw to collarbone.

To finish, repeat step 2.