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FAX REFERRAL TO: (905) 635 1860

APPOINTMENTS CALL: (289) 427 0478

SPECIALISTS

Dr. Ahmed Al Riyami MD FRCPCGeneral/ Interventional Cardiology

Dr. Ibrahim Al Nabhani MD FRCPC Internal Medicine / Hematology

REFERRAL FORM	
DOB: TEL:	REFERRING MD
CONSULTATIONS	DIAGNOSTIC TESTING
TELEMEDICINE CARDIOLOGY CONSULTATION BOOK CONSULTATION IF ABNORMAL RESULTS ONLY INTERNAL MEDICINE CONSULT HEALTHY WEIGHT MANAGEMENT	ECG ADULT ECHO CONTRAST ECHO PEDIATRIC ECHO STRESS ECHO STRESS TEST *EXCERCISE *DOBUTAMINE HOLTER MONITOR LOOP EVENT MONITOR (2 weeks) ABI (ANKLE BRACHIAL INDEX) PFT (PULMONARY FUNCTION TEST) (BUBBLE STUDY AGITATED SALINE) 24 HR ABPM (AMBULATORY BLOOD PRESSURE MONITOR)
CHEST PAIN SCREENING FOR CAD / RISK STRATIFICATION PALPITATIONS DYSPNEA (SHORTNESS OF BREATH) SYNCOPE/PRESYNCOPE/DIZZINESS ARRYTHMIA / ATRIAL FIBRILLATION HEART FAILURE HIGH BP EDEMA (LEG SWELLING) PERIPHERAL VASCULAR DISEASE ABNORMAL TEST RESULTS STROKE / TIA MEDICATION MANAGEMENT Other	CLINICAL INFO: Please forward any available previous reports

CONSULTATION APPOINTMENT

- Please bring or ask your referring physician to forward any relevant cardiac records or investigation reports.
- Please bring all your current medications at all visits (including follow up appointments).

ECHOCARDIOGRAM

- Echocardiogram is an ultrasound of the heart. The test shows live moving images of your heart.
- A technologist uses a gel to slide a microphone-like device over the chest area. No radiation is involved in the heart ultrasound. No preparation required.

STRESS TEST AND ECHO

- You will be exercising by walking on a treadmill. Your vitals and ECG will be monitored continuously. For Stress Echo studies, ultrasound images will be taken before and after exercise.
- Please bring a list of all your current medications. Do not take the following medications
 in the 24 hours prior to your test: Metoprolol, Diltiazem, Acebutolol, Atenolol and Bisoprolol,
 unless advised otherwise by your referring doctor.
- On the day of the test, have a light meal before the test wear comfortable clothes (shorts and T-shirt)
- You should plan on being at the lab for about 50-60 minutes (exercise part of the test usually takes only 5-15 minutes).

HOLTER MONITOR

 Also known as an ambulatory ECG monitor, a Holter monitor records your heart rhythm for an entire recording period. Wires from electrodes on your chest connect to a batteryoperated recording device worn on a belt or shoulder strap.

LOOP RECORDER

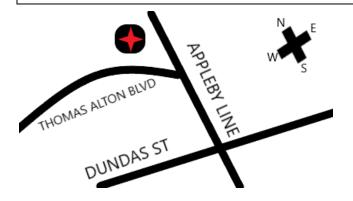
 A loop monitor is a patient-activated recording device which is used to record your ECG during symptoms recorded data will be analyzed and correlated with documented symptoms. Hook up takes 15-25 minutes.

AMBULATORY BP MONITOR

 Ambulatory blood pressure monitor will measure and record your BP readings for 24 or 48 hours. The recorder will take measurements of your blood pressure every 20 mintues during the day and every hour during sleep. Hook up takes 15-25 minutes. Please carry out all your activities as usual except for bathing

ECG

No preparation is required. However, avoid exercising just before the test. You should plan
on being at the lab for about 20 minutes.



MK MEDICAL SPECIALISTS AND DIAGNOSTICS SERVICES

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