



**Medical Specialists**  
And Diagnostics Services

208-4903 THOMAS ALTON BLVD.  
BURLINGTON, ONTARIO  
L7M 0W8

FAX REFERRAL TO: (905) 635 1860

APPOINTMENTS CALL: (289) 427 0478

**SPECIALISTS**

**Dr. Ahmed Al Riyami MD FRCPC**  
General/ Interventional Cardiology

**Dr. Ibrahim Al Nabhani MD FRCPC**  
Internal Medicine / Hematology

**REFERRAL FORM**

PATIENT INFORMATION		REFERRING MD
NAME: _____	OHIP#: _____	MD NAME: _____
DOB: _____	TEL: _____	BILLING #: _____
ADDRESS: _____	EMAIL: _____	FAX: _____
_____		

**CONSULTATIONS**

- ROUTINE  URGENT
- TELEMEDICINE
- CARDIOLOGY CONSULTATION
- BOOK CONSULTATION  
IF ABNORMAL RESULTS ONLY
- INTERNAL MEDICINE CONSULT
- HEALTHY WEIGHT MANAGEMENT

**DIAGNOSTIC TESTING**

- ECG
- ADULT ECHO
- CONTRAST ECHO
- PEDIATRIC ECHO
- STRESS ECHO
- STRESS TEST \*EXERCISE  
\*DOBUTAMINE
- HOLTER MONITOR
- LOOP EVENT MONITOR (2 weeks)
- ABI (ANKLE BRACHIAL INDEX)
- PFT (PULMONARY FUNCTION TEST)  
(BUBBLE STUDY AGITATED SALINE)
- 24 HR ABPM (AMBULATORY BLOOD PRESSURE MONITOR)

**REFERRAL REASONS**

<ul style="list-style-type: none"> <li><input type="checkbox"/> CHEST PAIN</li> <li><input type="checkbox"/> SCREENING FOR CAD / RISK STRATIFICATION</li> <li><input type="checkbox"/> PALPITATIONS</li> <li><input type="checkbox"/> DYSPNEA (SHORTNESS OF BREATH)</li> <li><input type="checkbox"/> SYNCOPE/PRESYNCOPE/DIZZINESS</li> <li><input type="checkbox"/> ARRHYTHMIA / ATRIAL FIBRILLATION</li> <li><input type="checkbox"/> HEART FAILURE</li> <li><input type="checkbox"/> HIGH BP</li> <li><input type="checkbox"/> EDEMA (LEG SWELLING)</li> <li><input type="checkbox"/> PERIPHERAL VASCULAR DISEASE</li> <li><input type="checkbox"/> ABNORMAL TEST RESULTS</li> <li><input type="checkbox"/> STROKE / TIA</li> <li><input type="checkbox"/> MEDICATION MANAGEMENT</li> <li><input type="checkbox"/> Other _____</li> </ul>	<p><b>CLINICAL INFO:</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
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Please forward any available previous reports

**CONSULTATION APPOINTMENT**

- Please bring or ask your referring physician to forward any relevant cardiac records or investigation reports.
- Please bring all your current medications at all visits (including follow up appointments).

**ECHOCARDIOGRAM**

- Echocardiogram is an ultrasound of the heart. The test shows live moving images of your heart.
- A technologist uses a gel to slide a microphone-like device over the chest area. No radiation is involved in the heart ultrasound. No preparation required.

**STRESS TEST AND ECHO**

- You will be exercising by walking on a treadmill. Your vitals and ECG will be monitored continuously. For Stress Echo studies, ultrasound images will be taken before and after exercise.
- Please bring a list of all your current medications. Do not take the following medications in the 24 hours prior to your test: Metoprolol, Diltiazem, Acebutolol, Atenolol and Bisoprolol, unless advised otherwise by your referring doctor.
- On the day of the test, have a light meal before the test wear comfortable clothes (shorts and T-shirt)
- You should plan on being at the lab for about 50-60 minutes (exercise part of the test usually takes only 5-15 minutes).

**HOLTER MONITOR**

- Also known as an ambulatory ECG monitor, a Holter monitor records your heart rhythm for an entire recording period. Wires from electrodes on your chest connect to a battery-operated recording device worn on a belt or shoulder strap.

**LOOP RECORDER**

- A loop monitor is a patient-activated recording device which is used to record your ECG during symptoms recorded data will be analyzed and correlated with documented symptoms. Hook up takes 15-25 minutes.

**AMBULATORY BP MONITOR**

- Ambulatory blood pressure monitor will measure and record your BP readings for 24 or 48 hours. The recorder will take measurements of your blood pressure every 20 minutes during the day and every hour during sleep. Hook up takes 15-25 minutes. Please carry out all your activities as usual except for bathing

**ECG**

- No preparation is required. However, avoid exercising just before the test. You should plan on being at the lab for about 20 minutes.



**MK MEDICAL SPECIALISTS AND  
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