

Alaskan Flower Essence Project

Online Newsletter

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The Animal Care Story

by Steve Johnson and Andrea Freixeda

The Animal Care formula was created from research done over the past three years by Andrea Freixeda, a flower essence practitioner and biologist living in Sao Paulo, Brazil. Andrea, a dedicated, generous and openhearted woman in her mid-thirties, does rescue work with wild and domestic animals and is also an environmental educator. She offers classes and presentations to children, teaching them how to care for their own animals.

Andrea primarily works out of her own clinic, which is called Biofauna. It is a small place with just a few rooms. One is filled with cages where the animals she is currently caring for are kept. Andrea also offers her services to various ecological parks and animal sanctuaries in the greater Sao Paulo area. When they have an animal with special needs they call her, and she either goes there to treat the animal on site, or brings it back to her clinic for more intensive and long-term care, which includes treatment with the Alaskan flower, gem, and environmental essences.



*Andrea, her dog Beethoven, and
a feathered friend at Biofauna*



*One of the temporary bird
visitors at Biofauna*

Many of the animals Andrea works with were illegally taken from the wild forests of Brazil. Many of these animals, and their offspring, are eventually abandoned and left to die on the streets. Various animal care organizations and concerned individuals bring the lucky ones to sanctuaries or to Andrea's clinic.

Andrea does the majority of the work at her clinic, with some help from her mother and occasional volunteers. She doesn't receive any money from the parks for her services, and she doesn't charge for the work she does at Biofauna. The current political and socioeconomic situation in Brazil makes it difficult for the various ecological parks and animal clinics like Biofauna to maintain adequate funding.

In recognition of this, I am donating a percentage of all profits from the sale of the Animal Care formula to support the work of Biofauna and similar animal sanctuaries in the Sao Paulo area.

About the Formula

Animal Care is primarily intended for use in animal rescue work, although it can be given to any animal in need. It will be most valuable when it is integrated into the initial care protocol provided for any animal who arrives at an animal shelter, treatment center, veterinarian clinic, or sanctuary.

Animal Care for Wild Animals

Animal Care can be used to treat wild animals who are brought to a shelter or clinic because their habitats have been damaged or destroyed, either by natural causes such as a storm, or by the large scale interference of humans, such as an oil spill.

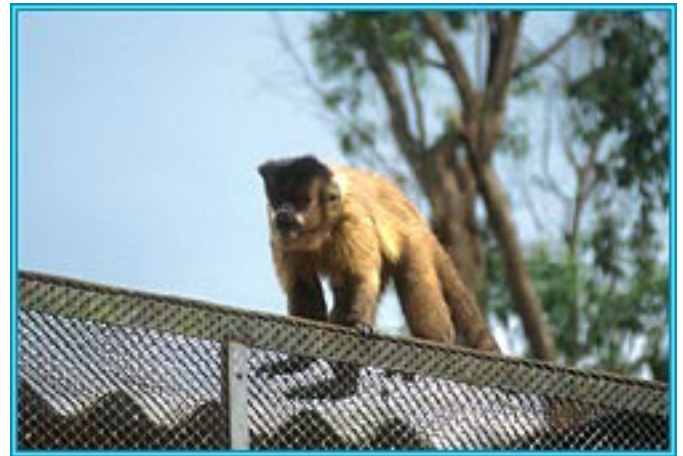
Animal Care is also very helpful for wild animals who, prior to their arrival at a shelter, lived for some time in pet stores, and subsequently in the homes of people, most often in isolation from other members of their own species. Even in the best of situations, this can result in the animal becoming very stressed and in some cases, destitute. According to Andrea, most wild animals who have gone through this experience can now be considered “humanized”, that is, they have lost their original identity as a wild animal. This happens because a large part of their identity is made up of their relationship with their natural biological surroundings, or habitat. When this connection is severed, they also lose the connection with their own inner nature.

Many of the homes these wild animals end up in are inhabited by people with no general knowledge of how to care for exotic species. They are reduced to lives in small cages with inadequate air and artificial light, and offered substandard care, exercise, and feeding. Often the food given represents only a fraction of the animals normal diet, and the appetite is suppressed because of the lack of space in which to move around. The Animal Care formula is extremely valuable in this context, as it can recode or reconstruct the animal’s connection with its own inner nature. This will help the animal make the necessary adjustments so it can adapt to being released back into the wild, or to being kept on a permanent basis in a sanctuary or zoo.

When a wild animal must be kept in captivity because its injuries cannot be fully healed, Animal Care can help restore the animals equilibrium and relationship with its new reality, allowing it to reach the full potential that exists for it under the circumstances. This can often lead to a meaningful relationship full of sharing and friendship between the animal and its keepers.

Animal Care for Domestic Animals

Over the past few years, increasing numbers of dogs, cats, and other “domestic” animals are being brought to shelters and no-kill sanctuaries. These animals have either been abandoned or are being voluntarily given up by those who can no longer care for them. Often these animals are leaving situations where the care given them was inadequate, the living environment toxic, and the relationship with their humans abusive.



A resident monkey at the Eugenio Walter Ecological Park outside of Sao Paulo

The Animal Care formula can be an integral part of the ongoing treatment given to these animals. It will help them heal the traumatic effects of their previous experiences and ease their transition to a life of health, happiness, and hopefully, eventual adoption by a loving human. This formula can also be given to animals while they are living in pet stores, and to ease the animals transition from the store to the home of its new guardian.

Animal Care can also be given to animals who have loving humans, but are often kept inside for long hours and are alone for much of the day. These kinds of living conditions will often cause animals to exhibit various destructive behaviors. In this context, Animal Care can be used to strengthen an animal's connection to its inner nature, which will enable it to exhibit more creative behavioral reactions to its living situation.

The Formula



*Resident parrots at
Eugenio Walter Ecological Park*

Here are the essences that make up the Animal Care combination and their healing contributions to the formula.

Alpine Azalea - this essence addresses the imbalance that occurs when animals have been separated from their natural habitat, or when they are cut off from normal contact with nature. Some examples: a dog or cat in an apartment with no yard to run around in or a parrot that has been taken from the forest and sold into the city. This separation often results in the animal becoming ill or unbalanced. In these cases, Alpine Azalea helps the animal strengthen the link with its own inner nature and with its ancestral energy.

Black Tourmaline - this gem elixir is useful in all instances where there has been "toxic" interference from the owner/guardian, the public (zoo staff, handlers), or even from the rescue or sanctuary personnel. It will help wild animals release all of the toxic energy they have absorbed during their captivity, which will make it easier for them to be released back into their original habitat. Black Tourmaline also helps animals who have been, or are still being kept in small cages in less than optimum conditions.

Chiming Bells - this essence heals imbalances that result when an animal has been alone for a long time, separated from its humans, or in the case of a wild animal, separated from its own kind. It addresses the depression that can result from this kind of separation.

Cotton Grass - this essence releases the pain and stress that was experienced by the animal before it was rescued. A considerable amount of tension and stress can result from the prolonged struggle for survival that many animals go through before they are brought to a treatment center. They may have suffered from a lack of adequate food or shelter, and the stress of being in a city, surrounded by vehicles, people, and noise. This essence also helps with the stress of being handled every day in order to receive treatment. Sensitive animals that are not accustomed to this kind of handling may become weakened and die. Cotton Grass helps such animals release the stress that comes from this handling, so it doesn't build up in their bodies.

Horsetail - this essence improves communication between animals and humans,

and also between animals. This is especially important for animals who are going to be reintroduced back into their native habitats after a period of time away, and for those who must learn how to survive in a different environment, such as a sanctuary or zoo, where they will be living together with different animals than would normally be the case. Horsetail will also help an animal communicate better with those who are taking care of it.

Jadeite Jade - this essence is useful for when an animal is agitated, irritated, and exhibiting aggressive behavior. Sometimes this behavior is a normal reaction to the way the animal was captured and kept in captivity. This agitation and aggression can sometimes lead to the animal injuring itself, other animals, and humans. Jadeite Jade will help such animals to become calm and more accepting of their present circumstances, which may include the temporary presence of a therapist in their lives. This essence can also be used to prepare the animal for the "future stress" of being moved back to its normal habitat, or to an animal sanctuary or zoo.

Lady's Slipper - this essence is useful when an animal is exhibiting self-aggressive behavior. This is often a sign that the animal is extremely stressed due to the quality of its living conditions. Lady's Slipper is also helpful in situations where the animal is confined to a cage or area that is too small for it to move around sufficiently. This can cause the loss of hair or fur in certain areas of the body. In this context, Lady's Slipper can be used to increase the circulation of energy around the animal, and improve the animal's inner circulation of life-force energy. This essence can also be used to help an animal perceive and synchronize with the energy of its handler or therapist.